

VITARA- vitamin capsule
Blue Heron Pharmaceuticals, LLC

Vitara

HEALTH CLAIM:

Vitara Multivitamin Capsules

Dispensed by Prescription

SUPPLEMENT FACTS		
Serving Size: 2 capsules		
Servings Per Container: 15		
Amt. Per Serving:	%DV ‡	
<i>Vitamin B1 (Thiamine HCL)</i>	3 mg	250%
<i>Vitamin B2 (Riboflavin)</i>	3.4 mg	262%
<i>Vitamin B3 (Niacin)</i>	30 mg	188%
<i>Vitamin B5 (Pantothenic Acid)</i>	20 mg	400%
<i>Vitamin B6 (Pyridoxine HCL)</i>	5 mg	294%
<i>Vitamin B12 (Methylcobalamin)</i>	12 mcg	500%
<i>Vitamin C (Ascorbic Acid)</i>	150 mg	167%
<i>Vitamin D3 (Cholecalciferol)</i>	40 mcg	200%
<i>Vitamin E (d-Alpha Tocopheryl)</i>	20 mg	133%
<i>Folic Acid</i> <i>(from 800 mcg Folic Acid)</i>	1,360 mcg DFE	340%
‡ % Daily value not established		

Other Ingredients: Microcrystalline Cellulose,
Magnesium Stearate, Vegetable Capsule

DESCRIPTION:

Vitara Multivitamin Capsules are clear capsules dispensed in plastic bottles of 30 ct.

85622-0009-30

Reserved for Professional Recommendation

Vitara Multivitamin Capsules are an orally administered prescription vitamin to provide significant amounts of Vitamins B6, B12, C, D3, E, riboflavin, niacinamide, thiamine monoitrate, and folate to supplement the diet, and to help assure that nutritional deficiencies of these vitamins will not develop.

Vitara Multivitamin Capsules should be administered under the supervision of a licensed

medical practitioner.

This listed product is not a National Drug Code, but instead has merely been formatted to comply with standard industry practice for pharmacy and insurance computer systems.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

All prescriptions using this product shall be pursuant to state statutes as applicable. This is not an Orange Book product. This product may be administered only under a physician's supervision. There are no implied or explicit claims on therapeutic equivalence.

Manufactured for:

Blue Heron Pharmaceuticals

Lutz, FL 33559

WARNINGS:

This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

Vitara Multivitamin Capsules should only be used under the direction and supervision of a licensed medical practitioner. Use with caution in patients that may have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DOSAGE:

Usual adult dose is 2 capsules by mouth daily once daily, or as prescribed by a licensed medical practitioner.

PRECAUTIONS:

CONTRAINDICATIONS

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ADVERSE REACTIONS

Allergic sensitizations have been reported following oral administration of folic acid. Consult your physician immediately if adverse side effects occur.

KEEP OUT OF THE REACH OF CHILDREN.

STORAGE:

Store at 20° to 25°C (68° to 77°F; excursions permitted to 15° to 30°C (59° to 86°F) [See USP Controlled Room Temperature].

Label:

Dosage: Usual adult dose is two capsules daily, or as prescribed by a licensed medical practitioner.

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KEEP OUT OF THE REACH OF CHILDREN.

STORAGE: Store at 20°C to 25°C (68° to 77°F); excursions permitted to 15°C to 30°C (59°F to 86°F). [See USP Controlled Room Temperature.] Protect from light and moisture.

This listed product number is not a National Drug Code, but instead has merely been formatted to comply with standard industry practice for pharmacy and insurance systems.

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Lot: V1092505
EXP: 08/2027



Dispensed by Prescription

30 CAPSULES
DIETARY SUPPLEMENT

SUPPLEMENT FACTS

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Other Ingredients: Microcrystalline Cellulose, Magnesium Stearate, Vegetable Capsule

Manufactured for:

Blue Heron Pharmaceuticals
2831 Allegra Way Suite 218 Lutz FL 33559
Questions? Call: 813-380-0271
www.blueheronpharma.com

85622-0009-30

VITARA

vitamin capsule

Product Information

Product Type	DIETARY SUPPLEMENT	Item Code (Source)	NHRIC:85622-009
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
THIAMINE HCL (UNII: M572600E5P) (THIAMINE ION - UNII:4ABT0J945J)	THIAMINE HCL	1.5 mg
RIBOFLAVIN (UNII: TLM2976OFR) (RIBOFLAVIN - UNII:TLM2976OFR)	RIBOFLAVIN	1.7 mg
NIACINAMIDE (UNII: 25X5118RD4) (NIACINAMIDE - UNII:25X5118RD4)	NIACINAMIDE	15 mg
PANTOTHENIC ACID (UNII: 19F5HK2737) (PANTOTHENIC ACID - UNII:19F5HK2737)	PANTOTHENIC ACID	10 mg
PYRIDOXINE HYDROCHLORIDE (UNII: 68Y4CF58BV) (PYRIDOXINE - UNII:KV2JZ1BI6Z)	PYRIDOXINE	2.5 mg
METHYLCOBALAMIN (UNII: BR1SN1JS2W) (METHYLCOBALAMIN - UNII:BR1SN1JS2W)	METHYLCOBALAMIN	6 ug
ASCORBIC ACID (UNII: PQ6CK8PD0R) (ASCORBIC ACID - UNII:PQ6CK8PD0R)	ASCORBIC ACID	75 mg
CHOLECALCIFEROL (UNII: 1C6V77QF41) (CHOLECALCIFEROL - UNII:1C6V77QF41)	CHOLECALCIFEROL	20 ug
.ALPHA.-TOCOPHEROL SUCCINATE, D- (UNII: LU4B53JYVE) (.ALPHA.-TOCOPHEROL, D- - UNII:N9PR3490H9)	.ALPHA.-TOCOPHEROL SUCCINATE, D-	10 mg
FOLIC ACID (UNII: 935E97BOY8) (FOLIC ACID - UNII:935E97BOY8)	FOLIC ACID	1360 ug

Inactive Ingredients

Ingredient Name	Strength
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NHRIC:85622-009-30	30 in 1 BOTTLE		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
dietary supplement		02/13/2026	

Supplement Facts

Serving Size : _____ **Serving per Container :** _____

	Amount Per Serving	% Daily Value
color		
shape		
size (solid drugs)	25 mm	
scoring	1	

Labeler - Blue Heron Pharmaceuticals, LLC (137019051)

Revised: 2/2026

Blue Heron Pharmaceuticals, LLC