

**LOHIST DM- brompheniramine maleate, dextromethorphan hydrobromide and phenylephrine hydrochloride liquid**  
**Larken Laboratories, Inc.**

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**LoHist DM**

***Drug Facts***

**Active ingredients**

***(In each 5 mL teaspoonful)***

Brompheniramine Maleate, USP 2 mg

Dextromethorphan HBr, USP 10 mg

Phenylephrine HCl, USP 5 mg

**Purpose**

Brompheniramine Maleate Antihistamine

Dextromethorphan HBr Antitussive (cough suppressant)

Phenylephrine HCl Nasal decongestant

**Uses**

Temporarily relieves these symptoms due to hay fever (allergic rhinitis):

- cough due to minor throat and bronchial irritation
- runny nose
- sneezing
- itchy, watery eyes
- itching of the nose or throat
- Temporarily relieves nasal congestion due to the common cold, hay fever or other upper respiratory allergies, or associated with sinusitis.
- Temporarily restores freer breathing through the nose

**Warnings**

**Do not use**

- to sedate a child or make a child sleepy
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this drug.

**Ask a doctor before use if you have**

- heart disease
- high blood pressure
- thyroid disease
- diabetes
- glaucoma
- trouble urinating due to an enlarged prostate gland
- a breathing problem such as emphysema or chronic bronchitis
- a cough that lasts or is chronic such as occurs with smoking, asthma or emphysema
- a cough that occurs with too much phlegm (mucus)

**Ask a doctor or pharmacist before use if you are**

- taking any other nasal decongestant or stimulant
- taking sedatives or tranquilizers

**When using this product****Do not exceed recommended dosage.**

- marked drowsiness may occur
- avoid alcoholic beverages
- alcohol, sedatives, and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

**Stop use and ask a doctor if**

- nervousness, dizziness, or sleeplessness occur.
- cough or nasal congestion persists for more than 1 week, tends to recur, or is accompanied by a fever, rash or persistent headache. These could be signs of a serious condition.

**If pregnant or breast-feeding**

ask a health professional before use.

**Keep out of the reach of children**

In case of overdose, get medical help or contact a Poison Control Center immediately.

**Directions**

Do not exceed 6 doses in a 24-hour period

Age	Dose
Adults and children over 12 years of	2 teaspoonsful (10 mL) every 4 hours

age

Children 6 to under 12 years of age 1 teaspoonful (5 mL) every 4 hours

Children under 6 years of age Ask your doctor

### **Other Information**

- store at 20°-25°C (68°-77°F)
- very low sodium, contains 1 mg sodium per teaspoonful (5 mL)

### **Inactive Ingredients**

Benzoic acid, edetate disodium, FD&C Red #40, propylene glycol, purified water, saccharin sodium, sorbitol solution, and strawberry flavoring

### **Questions or Comments**

Call 1-601-855-7678 weekdays from 9:00 am to 4:00 pm CST or go to <http://www.larkenlabs.com>.

### **Principal Display Panel**

16 oz Bottle Label

NDC 68047-129-16

# LoHIST·DM

ANTI-HISTAMINE / ANTITUSSIVE  
NASAL DECONGESTANT

SUGAR FREE / ALCOHOL FREE

**DO NOT USE IF FOIL SEAL UNDER  
THE CAP IS BROKEN OR MISSING.**

Distributed by:  
**LARKEN**  
**LABORATORIES**  
Canton, MS 39046

16 fl. oz. (473 mL)



Lot/Exp. date:

## Drug Facts

Active ingredients	Purpose
<i>per teaspoonful (5 mL)</i>	
Brompheniramine Maleate, USP 2 mg .....	Antihistamine
Dextromethorphan HBr, USP 10 mg .....	Antitussive (cough suppressant)
Phenylephrine HCl, USP 5 mg .....	Nasal decongestant

**Uses** temporarily relieves these symptoms due to hay fever (allergic rhinitis): ■ cough due to minor throat and bronchial irritation ■ runny nose ■ sneezing ■ itchy, watery eyes ■ itching of the nose or throat ■ Temporarily relieves nasal congestion due to the common cold, hay fever or other upper respiratory allergies ■ temporarily restores freer breathing through the nose

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Rev. 01/2023

400785-04

**PEEL**

## Drug Facts (continued)

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## LOHIST DM

brompheniramine maleate, dextromethorphan hydrobromide and phenylephrine hydrochloride liquid

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:68047-129
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DEXTROMETHORPHAN HYDROBROMIDE</b> (UNII: 9D2RTI9KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	10 mg in 5 mL
<b>PHENYLEPHRINE HYDROCHLORIDE</b> (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	5 mg in 5 mL
<b>BROMPHENIRAMINE MALEATE</b> (UNII: IXA7C9ZN03) (BROMPHENIRAMINE - UNII:H57G17P2FN)	BROMPHENIRAMINE MALEATE	2 mg in 5 mL

### Inactive Ingredients

Ingredient Name	Strength
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<b>EDETATE DISODIUM</b> (UNII: 7FLD91C86K)	
<b>FD&amp;C RED NO. 40</b> (UNII: WZB9127XOA)	
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SACCHARIN SODIUM</b> (UNII: SB8ZUX40TY)	
<b>SORBITOL</b> (UNII: 506T60A25R)	
<b>BENZOIC ACID</b> (UNII: 8SKN0B0MIM)	

### Product Characteristics

<b>Color</b>	red	<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>	STRAWBERRY	<b>Imprint Code</b>	
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:68047-129-16	473 mL in 1 BOTTLE; Type 0: Not a Combination Product	06/01/2012	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	06/01/2012	

**Labeler** - Larken Laboratories, Inc. (149484540)

**Registrant** - Larken Laboratories, Inc. (149484540)