

**ALPHA CF- aconitum napellus, bryonia alba root, eucalyptus globulus leaf, eupatorium perfoliatum flowering top, gelsemium sempervirens root, ipecac, phosphorus tablet
Schwabe Mexico, S.A. de C.V.**

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Alpha CF Cold and Flu Tablets

ACTIVE INGREDIENTS

Aconitum napellus 4X

Bryonia 4X

Eupatorium perfoliatum 6X

Gelsemium sempervirens 4X

Ipecacuanha 3X

Phosphorus 6X

Eucalyptus globulus 2X

INACTIVE INGREDIENT

Cellulose

Lactose monohydrate

Magnesium stearate

Dosage and Administration

Directions: Sublingual medication. Place tablet under tongue and let dissolve slowly.

Best if taken at least 15 minutes before and a half hour after eating, brushing teeth, or drinking anything except water.

Adults and children 12 years of age and over: At first sign of cold or flu, take 1 tablet every hour and 2 or 3 tablets before going to sleep.

As symptoms subside, take 1 tablet every 2 or 3 hours.

Children 6 to 12 of age: Take 1/2 tablet every hour and 1 or 1 1/2 tablets before going to sleep.

As symptoms subside, take 1/2 tablet every 2 or 3 hours.

Children under 6 of age: Consult a physician.

Indication & Usage

Temporarily relieves these symptoms: fever, chills, sneezing, stuffed-up nose, runny nose, coughing, sore throat, headache, minor aches and pains.

Purpose

Temporarily relieves these symptoms: fever, chills, sneezing, stuffed-up nose, runny nose, coughing, sore throat, headache, minor aches and pains.

Warning

Sore Throat Warning: severe or persistent sore throat for more than 2 days or if accompanied by high fever, headache, nausea, vomiting or rash may be serious.

Consult a physician promptly.

Ask Doctor

Ask a doctor before use if you have a persistent or chronic cough that lasts, is chronic such as occurs with smoking, asthma, chronic bronchitis, or emphysema or is accompanied by excessive phlegm (mucus)

Stop Use

Stop use and ask a doctor if new symptoms occur, symptoms worsen or do not get better within 7 days, fever worsens or lasts more than 3 days, cough lasts more than 7 days or occurs with rash or persistent headache. These could be signs of a serious condition.

Pregnancy or Breast Feeding

If pregnant or breast-feeding, ask a healthcare professional before use.

Keep out of reach of children.

Keep out of the reach of children.

Overdosage

In case of overdose, seek medical help or contact a Poison Control Center immediately.

Alpha[®] CF FOR SYMPTOMS OF COLDS & FLU^{††}

COMPLETE RELIEF FORMULA

Drug Facts

Active ingredients (199.39 mg in each tablet)
Aconitum napellus 4X, *Bryonia* 4X, *Eupatorium perfoliatum* 6X, *Gelsemium sempervirens* 4X, Relieves symptoms of Colds & Flu^{††}
Ipecacuanha 3X, *Phosphorus* 6X, *Eucalyptus globulus* 2X

Uses Temporarily relieves these symptoms: ■ fever^{††} ■ chills^{††} ■ sneezing^{††} ■ stuffed-up nose^{††} ■ runny nose^{††} ■ coughing^{††} ■ sore throat^{††} ■ headache^{††} ■ minor aches and pains^{††}

Warnings

Sore throat warning: severe or persistent sore throat for more than 2 days or if accompanied by high fever, headache, nausea, vomiting or rash may be serious. Consult a physician promptly.

Ask a doctor before use if you have a persistent or chronic cough that lasts, is chronic such as occurs with smoking, asthma, chronic bronchitis or emphysema or is accompanied by excessive phlegm (mucus).

Stop use and ask a doctor if ■ new symptoms occur, symptoms worsen or do not get better within 7 days. ■ fever worsens or lasts more than 3 days. ■ cough lasts more than 7 days or occurs with rash or persistent headache. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a healthcare professional before use. **Keep out of reach of children.** In case of overdose, seek medical help or contact a Poison Control Center immediately.

Directions ■ Sublingual medication. Place tablets under tongue and let dissolve slowly. Best if taken at least 15 minutes before or half an hour after eating, brushing teeth or drinking anything except water.

Age	Dose
Adults and children 12 years and over	At first sign of cold or flu, take 1 tablet every hour and 2 or 3 tablets before going to sleep. As symptoms subside, take 1 tablet every 2 or 3 hours.
Children 6 to 12 years of age	Take 1/2 tablet every hour and 1 or 1 1/2 tablets before going to sleep. As symptoms subside, take 1/2 tablet every 2 or 3 hours.
Children under 6 years of age	Consult a physician.

Other Information ■ Store at room temperature 20-25° C (68-77° F). ■ Keep in dry place out of direct sunlight.

Inactive ingredients cellulose, lactose monohydrate, magnesium stearate

Questions? 1-800-9NATURE / naturesway.com

^{††}There are no valid studies using current scientific methods confirming this product's efficacy. These indications are based solely on traditional homeopathic principles.
TAMPER EVIDENT. Each tablet is enclosed in a sealed blister unit with specially imprinted foil backing. Do not use if blister unit or foil backing is torn or missing.

Alpha[®] CF
 Relieves symptoms of
 Colds & Flu^{††}

M794-05

©2018 Distributed by: Boericke & Tafel
 a division of Nature's Way Brands, LLC
 Green Bay, WI 54311 USA
 Product of Mexico



BLK9078
 LBN21800490.06

Print Carton
 Dilelne: turnkey
 Contact: Sue McVey
 sue.mcvey@naturesway.com
 920.469.1313 X61550

PMS 273	PMS 285	PMS 362	PMS 109

All plates change from previous version.

40 tablets

Alpha[®] CF
 HOMEOPATHIC

Relieves symptoms of
 COLDS & FLU^{††}

NDC 53499-9490-4



Alpha[®] CF Homeopathic Relief from
 Symptoms of Colds & Flu^{††}
 COMPLETE RELIEF FORMULA

- FEVER^{††}
- CHILLS^{††}
- MINOR ACES & PAINS^{††}
- RUNNY NOSE^{††} • STUFFED-UP NOSE^{††} • HEADACHE^{††}

COMPLETE RELIEF FORMULA:

COLDS & FLU^{††}

Relieves
 symptoms of

Symptom Relief

ALPHA CF

aconitum napellus, bryonia alba root, eucalyptus globulus leaf, eupatorium perfoliatum flowering top, gelsemium sempervirens root, ipecac, phosphorus tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:68466-9490
Route of Administration	SUBLINGUAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ACONITUM NAPELLUS (UNII: U0NQ8555JD) (ACONITUM NAPELLUS - UNII:U0NQ8555JD)	ACONITUM NAPELLUS	4 [hp_X]
BRYONIA ALBA ROOT (UNII: T7J046YI2B) (BRYONIA ALBA ROOT - UNII:T7J046YI2B)	BRYONIA ALBA ROOT	4 [hp_X]
EUPATORIUM PERFOLIATUM FLOWERING TOP (UNII: 1W0775VX6E) (EUPATORIUM PERFOLIATUM FLOWERING TOP - UNII:1W0775VX6E)	EUPATORIUM PERFOLIATUM FLOWERING TOP	6 [hp_X]
GELSEMIUM SEMPERVIRENS ROOT (UNII: 639KR60Q1Q) (GELSEMIUM SEMPERVIRENS ROOT - UNII:639KR60Q1Q)	GELSEMIUM SEMPERVIRENS ROOT	4 [hp_X]
IPECAC (UNII: 62I3C8233L) (IPECAC - UNII:62I3C8233L)	IPECAC	3 [hp_X]
EUCALYPTUS GLOBULUS LEAF (UNII: S546YLW6E6) (EUCALYPTUS GLOBULUS LEAF - UNII:S546YLW6E6)	EUCALYPTUS GLOBULUS LEAF	2 [hp_X]
PHOSPHORUS (UNII: 27YLU75U4W) (PHOSPHORUS - UNII:27YLU75U4W)	PHOSPHORUS	6 [hp_X]

Inactive Ingredients

Ingredient Name	Strength
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	

Product Characteristics

Color	white (B;T)	Score	no score
Shape	ROUND (BT)	Size	9mm
Flavor		Imprint Code	B;T
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:68466-9490-1	4 in 1 BOX	07/13/2018	10/27/2020
1		10 in 1 BLISTER PACK; Type 0: Not a Combination Product		
2	NDC:68466-9490-4	1 in 1 BOX	07/13/2018	09/30/2025
2		40 in 1 BLISTER PACK; Type 1: Convenience Kit of Co-Package		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		07/13/2018	09/30/2025

Labeler - Schwabe Mexico, S.A. de C.V. (812805901)

Establishment

Name	Address	ID/FEI	Business Operations
Schwabe Mexico, S.A. de C.V.		812805901	manufacture(68466-9490)

Revised: 3/2022

Schwabe Mexico, S.A. de C.V.