

RELIABLE-1 TUSSIN- guaifenesin liquid
RELIABLE 1 LABORATORIES LLC

Reliable-Tussin 068

In each 10 mL

Guaifenesin - 200 mg

Purpose

Expectorant

Uses

- helps loosen phlegm (mucus)
- helps thin bronchial secretions to make coughs more productive

Warnings

Ask a doctor before use if you have

- a cough with too much phlegm (mucus)
- a cough that lasts or is chronic such as occurs with smoking, asthma, chronic bronchitis or emphysema

Stop use and ask a doctor if cough lasts more than 7 days, comes back, or is accompanied by fever, rash, or persistent headache. These could be signs of a serious condition.

If pregnant or breast-feeding,ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away

Directions

- Do not take more than 6 doses in any 24 hour period
- Measure only with dosing cup provided
- mL- milliliters
- Adults and children over 12 years of age: take 2 teaspoonfuls (10 mL) every 4 hours as needed or as directed by a doctor
- Children under 12 years of age: Do not use

Inactive ingredients: cherry flavor, citric acid, FD&C red #40, menthol, methylparaben, propylene glycol, propylparaben, purified water, sodium citrate, sucralose

Questions or comments? 1-516-341-0666 8:30 am - 4:30 pm EST Mon-Fri



NDC: 69618-068-54



Drug Facts	
Active ingredient (in each 10 mL) Guaifenesin, USP 200 mg.....	Purpose Expectorant
Uses ■ helps loosen phlegm (mucus) ■ helps thin bronchial secretions to make coughs more productive	
Warnings Ask a doctor before use if you have ■ a cough with too much phlegm (mucus) ■ a cough that lasts or is chronic such as occurs with smoking, asthma, chronic bronchitis or emphysema.	
Stop use and ask a doctor if cough lasts more than 7 days, comes back, or is accompanied by fever, rash, or persistent headache. These could be signs of a serious condition.	
If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.	

This product is not manufactured or distributed by the owner of the registered trademark Robitussin® Mucus & Chest Congestion.

Lot#: _____
Exp Date: _____

Drug Facts (continued)	
Directions ■ Do not take more than 6 doses in any 24 hour period ■ Measure only with dosing cup provided ■ Do not use dosing cup with other products ■ mL - milliliters ■ Adults and children over 12 years of age: take 2 teaspoonfuls (10 mL) every 4 hours as needed or as directed by a doctor ■ Children under 12 years of age: Do not use	
Other information ■ each 10 mL contains: sodium 4 mg ■ store at 20-25°C (68-77°F) ■ protect from freezing; do not refrigerate; protect from light ■ Tamper Evident: Do not use if imprinted safety seal under cap is broken or missing	
Inactive ingredients Cherry flavor, citric acid, FD&C red #40, menthol, methylparaben, propylene glycol, propylparaben, purified water, sodium citrate, sucralose.	
Questions or comments? Call 1-516-341-0666 8:30 am - 4:30 pm EST Mon-Fri	

Rev.: 09/23 L-219

Distributed by:
Reliable-1 Laboratories, LLC
Valley Stream, NY 11580
www.reliable1labs.com



RELIABLE-1 TUSSIN

guaifenesin liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:69618-068
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
GUAIFENESIN (UNII: 495W7451VQ) (GUAIFENESIN - UNII:495W7451VQ)	GUAIFENESIN	100 mg in 5 mL

Inactive Ingredients

Ingredient Name	Strength
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
FD&C RED NO. 40 (UNII: WZ B9127XOA)	
MENTHOL (UNII: L7T10EIP3A)	
METHYLPARABEN (UNII: A2I8C7HI9T)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
PROPYLPARABEN (UNII: Z8IX2SC1OH)	
WATER (UNII: 059QF0KO0R)	
SODIUM CITRATE (UNII: 1Q73Q2JULR)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date

1	NDC:69618-068-54	118 mL in 1 BOTTLE; Type 0: Not a Combination Product	12/01/2024	
Marketing Information				
Marketing Category	Application Number or Monograph Citation		Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012		12/01/2024	

Labeler - RELIABLE 1 LABORATORIES LLC (079718111)

Revised: 12/2024

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