

REST SIMPLY- diphenhydramine hydrochloride tablet, coated
Marc Glassman, Inc.

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

1091 - MAR - 2022-1005

Drug Facts

Active ingredient (in each caplet)

Diphenhydramine HCl 25 mg

Purpose

Nighttime sleep-aid

Use

for relief of occasional sleeplessness

Warnings

Do not use

- with any other product containing diphenhydramine, even one used on skin
- in children under 12 years of age

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland
- glaucoma

Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers

When using this product avoid alcoholic drinks

Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

adults and children 12 years of age and over	take 2 caplets at bedtime if needed, or as directed by a doctor
children under 12 years of age	do not use

Other information

- each caplet contains: **calcium 45 mg**
- store at room temperature 15°-30°C (59°-86°F)
- retain carton for complete product information

Inactive ingredients

colloidal silicon dioxide, croscarmellose sodium, dibasic calcium phosphate, FD&C blue #1, hypromellose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polysorbate 80, titanium dioxide

PRINCIPAL DISPLAY PANEL

Marc's®

NDC 68988-091-01

†Compare to the active ingredient in Simply Sleep® Caplets

Rest Simply

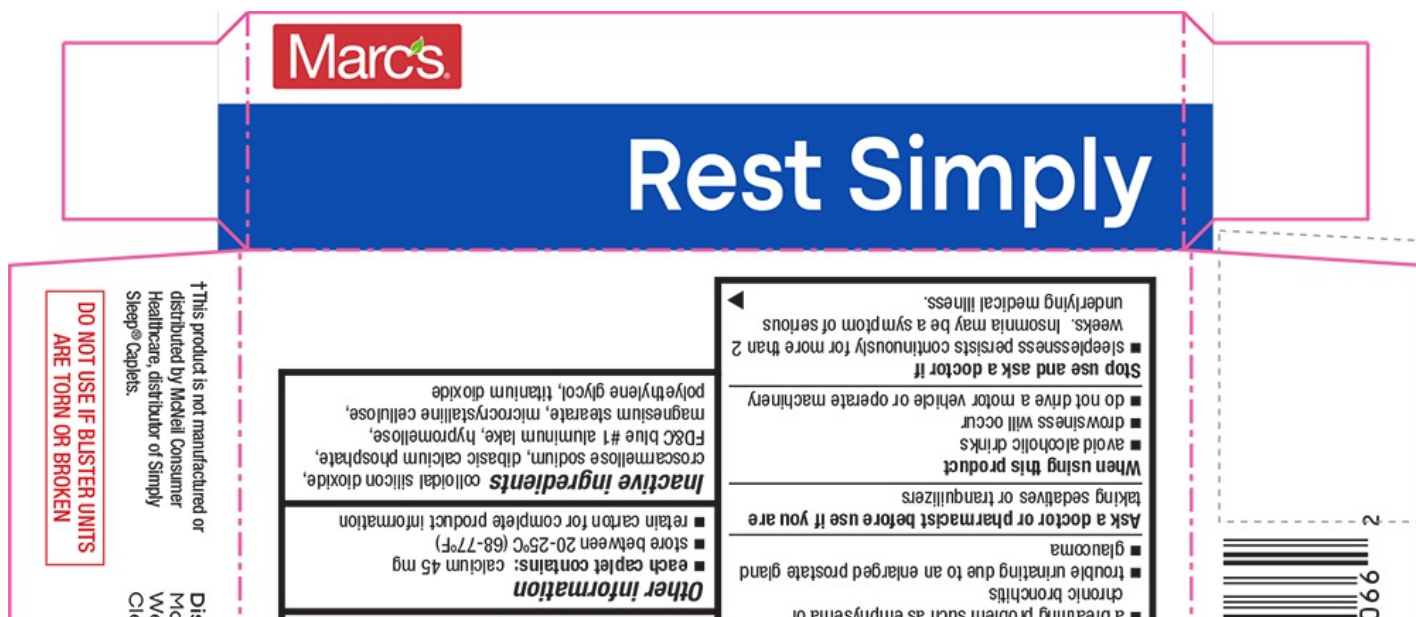
Diphenhydramine HCl

NIGHTTIME SLEEP-AID

- Helps you fall asleep

Actual Size

24 CAPLETS - 25 MG EACH





REST SIMPLY			
diphenhydramine hydrochloride tablet, coated			
Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:68998-091
Route of Administration	ORAL		
Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	

DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg
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Inactive Ingredients

Ingredient Name	Strength
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
CROSCARMELOSE SODIUM (UNII: M28OL1HH48)	
CALCIUM PHOSPHATE, DIBASIC, ANHYDROUS (UNII: L11K75P92J)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
HYPROMELLOSES (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
POLYSORBATE 80 (UNII: 6OZP39ZG8H)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	

Product Characteristics

Color	blue	Score	no score
Shape	OVAL	Size	11mm
Flavor		Imprint Code	25;052
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:68998-091-01	2 in 1 CARTON	12/31/2008	
1		12 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph final	part338	12/31/2008	

Labeler - Marc Glassman, Inc. (094487477)

Revised: 10/2022

Marc Glassman, Inc.