

RUGBY ICE BLUE EXTERNAL ANALGESIC- menthol, unspecified form gel
Rugby Laboratories, Inc.

Rugby® Ice Blue Gel
External Analgesic

Drug Facts

Active ingredient

Menthol 2.0%

Purpose

Pain relieving gel

Uses

For the temporary relief of minor aches and pains of muscles and joints associated with

- simple backache
- arthritis
- strains
- bruises
- sprains

Warnings

For external use only

Do not use

- with other topical pain relievers.
- with heating pads or other heating devices.

When using this product

- do not use in or near the eyes.
- do not apply to wounds or damaged skin.
- do not bandage tightly.

Stop use and ask a doctor if

- condition worsens, or if symptoms persist for more than 7 days or clear up and occur again within a few days.
- redness or irritation develops.

If pregnant or breast-feeding ask a health professional before use.

Keep out of reach of children. If swallowed get medical help or contact a Poison Control Center immediately.

Directions

- Clean affected area before applying product.
- adults and children 2 years of age and older: apply to affected area not more than 3 to 4 times daily.
- children under 2 years of age: do not use, consult a doctor.

Other information

- store at room temperature 20 to 25°C (68 to 77°F)
- Keep lid tightly closed.
- Do not use, pour, spill or store near heat or open flame.

Inactive ingredients

ammonium hydroxide, blue 1, carbomer, copper sulfate, isopropyl alcohol, magnesium sulfate, sodium hydroxide, thymol, water

Questions or comments?

1-800-645-2158

Distributed by: Rugby Laboratories
31778 Enterprise Drive
Livonia, MI 48150

PRINCIPAL DISPLAY PANEL - 226.8 g Jar Label

Rugby[®] NDC 0536-1061-39

Blue Gel**External Analgesic****Pain Relieving Gel for Minor
Aches and Pains of Muscles
and Joints**

COMPARE TO ACTIVE INGREDIENT
IN MINERAL ICE[®]*

**NET WT 8 OZ
(226.8 g)**



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When using this product	• do not use in or near the eyes. • do not apply to wounds or damaged skin. • do not bandage tightly.
Stop use and ask a doctor if	• condition worsens, or if symptoms persist for more than 7 days or clear up and occur again within a few days. • redness or irritation develops.
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Distributed by: Rugby Laboratories
31778 Enterprise Drive
Livonia, MI 48150
www.rugbylaboratories.com
Rev. 11/14 R-104
Re-order No. 370415
Made in Canada 05-3059

This product is not manufactured or distributed by Bristol-Myers Products, distributor of Mineral Ice®.

RUGBY ICE BLUE EXTERNAL ANALGESIC

menthol, unspecified form gel

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0536-1061
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MENTHOL, UNSPECIFIED FORM (UNII: L7T10EIP3A) (MENTHOL, UNSPECIFIED FORM - UNII:L7T10EIP3A)	MENTHOL, UNSPECIFIED FORM	20 mg in 1 g

Inactive Ingredients

Ingredient Name	Strength
Ammonia (UNII: 5138Q19F1X)	
FD&C Blue No. 1 (UNII: H3R47K3TBD)	
CARBOXYMETHYLCELLULOSE SODIUM, UNSPECIFIED (UNII: K679OBS311)	
Cupric Sulfate (UNII: LRX7AJ16DT)	

Isopropyl Alcohol (UNII: ND2M416302)	
Magnesium Sulfate Anhydrous (UNII: ML30MJ2U7I)	
Sodium Hydroxide (UNII: 55X04QC32I)	
Thymol (UNII: 3J50XA376E)	
Water (UNII: 059QF0KO0R)	

Product Characteristics

Color	BLUE	Score	
Shape		Size	
Flavor		Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0536-1061-39	226.8 g in 1 JAR; Type 0: Not a Combination Product	01/20/2015	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	01/20/2015	

Labeler - Rugby Laboratories, Inc. (079246066)

Registrant - Garcoa, Inc. (036464697)

Establishment

Name	Address	ID/FEI	Business Operations
Garcoa, Inc.		036464697	MANUFACTURE(0536-1061)