

**JET LAG- anacardium orientale, apis mellifica, carbo vegetabilis, carduus marianus, cocculus indicus, kali phosphoricum, nux vomica, passiflora incarnata, phosphoricum acidum, tabacum, spray**  
**Liddell Laboratories, Inc.**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**DRUG FACTS:**

**ACTIVE INGREDIENTS:**

**(in each spray):** 10% of Anacardium orientale 12X, Apis mellifica 200C, Carbo vegetabilis 200C, Carduus marianus 3X, Cocculus indicus 30C, Kali phosphoricum 12X, Nux vomica 30C, Passiflora incarnata 1X, Phosphoricum acidum 200C, Tabacum 6X.

**USES:**

May temporarily relieve symptoms of jet lag, including:

- tiredness
- feelings of disorientation
- dehydration
- sleeplessness\*\*

\*\*Claims based upon traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

**WARNINGS:**

**Do not use** if you have ever had an allergic reaction to this product or any of its ingredients.

**Stop use and ask a doctor if** symptoms persist for more than 7 days, worsen, or if new symptoms occur.

**Keep out of reach of children.** In case of overdose, get medical help or call a Poison Control Center right away.

**If pregnant or breast-feeding,** ask a doctor before using product.

Do not use if **TAMPER EVIDENT** seal around neck of bottle is missing or broken.

Store at room temperature.

**DIRECTIONS:**

Adults and children over 12: Two sprays under the tongue at departure, after each two hours of flight and upon landing. Then two sprays three times a day until fully acclimated.

Children 12 and under: Consult a doctor prior to use.

**INACTIVE INGREDIENTS:**

Organic alcohol 20% v/v, Purified water.

**KEEP OUT OF REACH OF CHILDREN:**

In case of overdose, get medical help or call a Poison Control Center right away.

**USES:**

For use during and after jet travel as it may help temporarily relieve the symptoms commonly known as "jet lag", such as tiredness, feelings of disorientation, dehydration, and sleeplessness.\*\*

\*\*Claims based upon traditional homeopathic practice, not accepted medical evidence. Not FDA Evaluated.

**QUESTIONS:**

**DIST. BY**

**LIDDELL LABORATORIES, INC.**

**201 APPLE BLVD.**

**WOODBINE, IA 51579**

**WWW.LIDDELL.NET**

**1-800-460-7733**

**PACKAGE LABEL DISPLAY:**

ORAL SPRAYS

**LIDDELL**

**LABORATORIES**

EST 1994

<sup>33</sup> JLg

**Jet Lag**

May relieve symptoms of jet lag  
and may ease tiredness,  
dehydration, disorientation  
& sleeplessness.

**HOMEOPATHIC**

## DOCTOR FORMULATED

Readily absorbed. Safe.

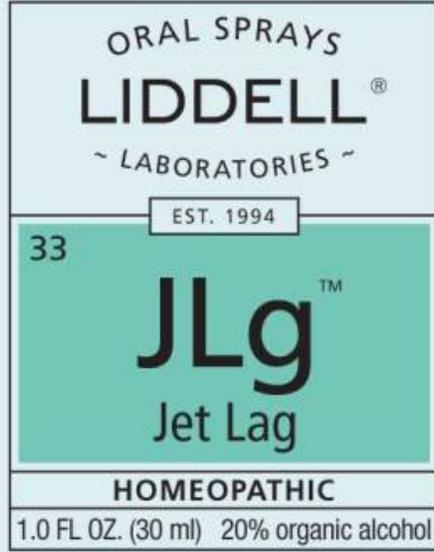
No known side effects. Easy to use

1.0 FL OZ (30 ml)

**INDICATIONS** For use during and after jet travel as it may help temporarily relieve the symptoms commonly known as "jet lag", such as tiredness, feelings of disorientation, dehydration, and sleeplessness. \*\*

**DIRECTIONS** Adults and children over 12: Spray twice under the tongue at departure, after each 2 hours of flight and upon landing. Then, two sprays three times a day until fully acclimated. Children 12 and under: Consult a doctor prior to use.

**WARNINGS** See box. Do not use if TAMPER EVIDENT seal around neck of bottle is missing or broken.



**ACTIVE INGREDIENTS (in each spray)** 10% of Anacardium 12X, Apis mel 200C, Carbo veg 200C, Carduus mar 3X, Cocculus 30C, Kali phos 12X, Nux vom 30C, Passiflora 1X, Phosphoricum ac 200C, Tabacum 6X. **INACTIVE INGREDIENTS** Organic alcohol 20% v/v, Purified water.

\*\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

DIST. BY LIDDELL LABORATORIES INC.  
WOODBINE, IA 51 579  
WWW.LIDDELL.NET 1-800-460-7733

LOT: XXXXXX EXP: MM/YY

<p><b>Drug Facts</b> (continued)</p> <p><b>Other information</b> Store at room temperature.</p> <p><b>Inactive ingredients</b> Organic alcohol 20% v/v, Purified water.</p> <p><b>Questions or comments?</b> 1-800-460-7733 www.liddell.net</p> <p>ESTABLISHED 1994 <b>LIDDELL</b> LABORATORIES™</p> <p>Do not use if <b>TAMPER EVIDENT</b> seal around neck of bottle is missing or broken.</p> <p>*Homeopathic guide at <a href="http://www.liddell.net">www.liddell.net</a></p> <p><b>JLg™</b> Jet Lag</p> <p>Most of us suffer from uncomfortable symptoms when we travel long distances by plane - especially through several time zones. Liddell now offers this easy to take spray that may help eliminate these incapacitating symptoms. It works so well, many travellers will not fly without it.</p>	<p>ORAL SPRAYS <b>LIDDELL</b> LABORATORIES™</p> <p>EST. 1994</p> <p>33</p> <p><b>JLg™</b> Jet Lag</p> <p>May relieve symptoms of jet lag and may ease tiredness, dehydration, disorientation &amp; sleeplessness.</p> <p><b>HOMEOPATHIC</b></p> <p><b>DOCTOR FORMULATED</b> Readily absorbed. Safe. No known side effects. Easy to use.</p> <p>1.0 FL. OZ. (30 ml) 20% organic alcohol</p>	<p><b>SPRAY YOUR WAY TO HEALTH®</b></p> <p>Oral sprays, a Liddell® innovation, are the modern and better way to deliver medication. Here's why:</p> <ul style="list-style-type: none"> <li>• EASY ABSORPTION</li> <li>• FAST TO SWALLOW</li> <li>• ACCURATE-DOSE SPRAY PUMP</li> <li>• CONVENIENT</li> <li>• NO KNOWN NEGATIVE SIDE EFFECTS</li> <li>• NO KNOWN CONTRAINDICATIONS</li> <li>• NO KNOWN DRUG INTERACTIONS</li> </ul> <p><b>Money Back Guarantee</b> No questions asked! For details, visit: <a href="http://www.liddell.net">www.liddell.net</a></p> <p><b>**Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.</b></p> <p>DIST. BY LIDDELL LABORATORIES INC. 201 APPLE BLVD. WOODBINE, IA 51579 <a href="http://WWW.LIDDELL.NET">WWW.LIDDELL.NET</a> 1-800-460-7733</p> <p><b>MADE IN THE USA</b></p>  <p>3 63113 27596 4</p>	<p><b>Drug Facts</b></p> <p><b>Active ingredients Purposes</b> (in each spray) 10% of Anacardium 12X, Apis mel 200C, Carbo veg 200C, Carduus mar 3X, Coccus 30C, Kali phos 12X, Nux vom 30C, Passiflora 1X, Phosphoricum ac 200C, Tabacum 6X.</p> <p>(Symptom relief for jet lag symptoms**)</p> <p><b>Uses</b> May temporarily relieve symptoms of jet lag, including:</p> <ul style="list-style-type: none"> <li>• tiredness</li> <li>• feelings of disorientation</li> <li>• dehydration</li> <li>• sleeplessness**</li> </ul> <p><b>Warnings</b> Do not use if you have ever had an allergic reaction to this product or any of its ingredients.</p> <p><b>Stop use and ask a doctor</b> if symptoms persist for more than 7 days, worsen, or if new symptoms occur.</p> <p><b>Keep out of reach of children.</b> In case of overdose, get medical help or call a Poison Control Center right away.</p> <p><b>If pregnant or breast feeding,</b> ask a doctor before using product.</p> <p><b>Directions</b></p> <table border="1"> <tr> <td><i>Adults and children over 12</i></td> <td>Two sprays under the tongue at departure, after each two hours of flight and upon landing. Then, two sprays three times a day until fully acclimated.</td> </tr> <tr> <td><i>Children 12 and under</i></td> <td>Consult a doctor prior to use.</td> </tr> </table>	<i>Adults and children over 12</i>	Two sprays under the tongue at departure, after each two hours of flight and upon landing. Then, two sprays three times a day until fully acclimated.	<i>Children 12 and under</i>	Consult a doctor prior to use.
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## JET LAG

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### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:50845-0032
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>SEMECARPUS ANACARDIUM JUICE</b> (UNII: Y0F0BU8RDU) (SEMECARPUS ANACARDIUM JUICE - UNII:Y0F0BU8RDU)	SEMECARPUS ANACARDIUM JUICE	12 [hp_X] in 1 mL
<b>APIS MELLIFERA</b> (UNII: 7S82P3R43Z) (APIS MELLIFERA - UNII:7S82P3R43Z)	APIS MELLIFERA	200 [hp_C] in 1 mL
<b>ACTIVATED CHARCOAL</b> (UNII: 2P3VWU3H10) (ACTIVATED CHARCOAL - UNII:2P3VWU3H10)	ACTIVATED CHARCOAL	200 [hp_C] in 1 mL
<b>SILYBUM MARIANUM SEED</b> (UNII: U946SH95EE) (SILYBUM MARIANUM SEED - UNII:U946SH95EE)	SILYBUM MARIANUM SEED	3 [hp_X] in 1 mL
<b>ANAMIRTA COCCULUS SEED</b> (UNII: 810258W28U) (ANAMIRTA COCCULUS SEED - UNII:810258W28U)	ANAMIRTA COCCULUS SEED	30 [hp_C] in 1 mL

<b>POTASSIUM PHOSPHATE, DIBASIC</b> (UNII: C171S98N1Z) (POTASSIUM CATION - UNII:295O53K152)	POTASSIUM PHOSPHATE, DIBASIC	12 [hp_X] in 1 mL
<b>STRYCHNOS NUX-VOMICA SEED</b> (UNII: 269XH13919) (STRYCHNOS NUX-VOMICA SEED - UNII:269XH13919)	STRYCHNOS NUX-VOMICA SEED	30 [hp_C] in 1 mL
<b>PASSIFLORA INCARNATA TOP</b> (UNII: CLF5YFS110) (PASSIFLORA INCARNATA TOP - UNII:CLF5YFS110)	PASSIFLORA INCARNATA TOP	1 [hp_X] in 1 mL
<b>PHOSPHORIC ACID</b> (UNII: E4GA8884NN) (PHOSPHORIC ACID - UNII:E4GA8884NN)	PHOSPHORIC ACID	200 [hp_C] in 1 mL
<b>TOBACCO LEAF</b> (UNII: 6YR2608RSU) (TOBACCO LEAF - UNII:6YR2608RSU)	TOBACCO LEAF	6 [hp_X] in 1 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>WATER</b> (UNII: 059QF0K00R)	
<b>ALCOHOL</b> (UNII: 3K9958V90M)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:50845-0032-2	1 in 1 CARTON	11/01/2016	
1	NDC:50845-0032-1	30 mL in 1 BOTTLE, SPRAY; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		06/02/2011	

**Labeler** - Liddell Laboratories, Inc. (832264241)

**Registrant** - Apotheca Company (844330915)

### Establishment

Name	Address	ID/FEI	Business Operations
Apotheca Company		844330915	manufacture(50845-0032) , api manufacture(50845-0032) , label(50845-0032) , pack(50845-0032)

Revised: 5/2024

Liddell Laboratories, Inc.