HELP I HAVE A STUFFY NOSE - phenylephrine tablet Help Remedies, Inc.

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Drugs Facts

Active Ingredient.....Purpose (in each tablet)

Phenylephrine HCl (5 mg)......Nasal Decongestant

Uses

Temporarily relieves nasal congestion due to:

- the common cold
- hay fever or other upper respiratory allergies
- helps decongest sinus openings and passages; temporarily relieves sinus congestion and pressure

Warnings

Do not use if you are now taking a prescription monoamine oxidase inhibitor (MAOI)(certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know i your prescription drug contains an MAOI, ask a doctor of pharmacist before taking this product.

Ask a doctor before use if you have

• heart disease • high blood pressure • thyroid disease • diabetes • trouble urinating due to an enlarged prostate gland.

Stop use and ask a doctor if

• you get nervous, dizzy, or sleepless • symptoms do not improve within 7 days or are accompanied by fever.

When using this product do not use more than directed

Keep out of reach of chidlren.

In case of accidental oversode, contact a doctor or Poison Control Center immediately.

If pregnant or breast feeding, ask a health professional before use.

Directions

- adults and children 12 years of age and over: 2 tablets (10 mg) every 4 hours. do not exceed 12 tablets (60 mg) in 24 hours
- children under 12 years of age: Consult a doctor

Other Information

• store at room temperature 15-30 degrees C (59-86 degrees F) in a dry place • do not use if blister package is torn.• keep container. They contain important information.

Inactive Ingredients

microcrystalline cellulose, magnesium stearate, silicon dioxide, dicalcium phosphate, starch, stearic acid, croscarmellose sodium

Distributed by Help Remedies,

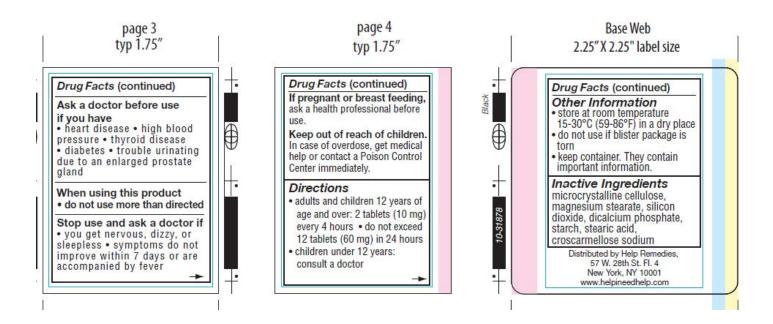
57 W. 28th St. Fl. 4

New York, NY 10001

www.helpineedhelp.com







HELP I HAVE A STUFFY NOSE

phenylephrine tablet

Product Information					
Product Type	HUMAN OTC DRUG	Item Code (So	urce)	NDC:49260-7	716
Route of Administration	ORAL				
Active Ingredient/Active Moiety					
Ingr	edient Name		Basis of St	trength	Strength
PHENYLEPHRINE HYDRO CHLO RIDE	E (UNII: 04JA59TNSJ) (PHENYLE	PHRINE -	PHENYLEPHRINE		5 mg

UNII:1WS297W6MV) HYDROCHLORIDE

Inactive Ingredients		
Ingredient Name	Strength	
CROSCARMELLOSE SODIUM (UNII: M28 OL1HH48)		
CALCIUM PHO SPHATE, DIBASIC, ANHYDRO US (UNII: L11K75P92J)		
MAGNESIUM STEARATE (UNII: 70097M6I30)		
CELLULOSE, MICRO CRYSTALLINE (UNII: OP1R32D61U)		
STARCH, CORN (UNII: O8232NY3SJ)		
SILICON DIO XIDE (UNII: ETJ7Z6 XBU4)		
STEARIC ACID (UNII: 4ELV7Z65AP)		

Product Characteristics			
Color	white (white)	Score	no score
Shape	ROUND (round tablet)	Size	7mm
Flavor		Imprint Code	FR4
Contains			

P	Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date	
1	NDC:49260-716-50	50 in 1 BOTTLE			
2	NDC:49260-716-16	16 in 1 BLISTER PACK			

Marketing Information				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
OTC monograph final	part341	05/01/2012		

$\pmb{Labeler} \textbf{-} \textbf{ Help Remedies, Inc. (050359682)}$

Registrant - Help Remedies, Inc. (050359682)

Revised: 7/2012 Help Remedies, Inc.