

**VALUMEDS NATURAL LAXATIVE- sennosides tablet, film coated**  
**Spirit Pharmaceuticals LLC**

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**Sennosides 8.6mg**

***Drug Facts***

**Active ingredient (in each tablet)**

Sennosides 8.6 mg

**Purpose**

Laxative

**Uses**

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 6-12 hours

**Warnings**

**Do not use**

- laxative products for longer than 1 week, unless directed by a doctor

**Ask a doctor before use if you have**

- stomach pain
- nausea
- vomiting
- noticed a sudden change in bowel habits that lasts over 2 weeks

**Stop use and ask a doctor if** you have rectal bleeding or fail to have a bowel movement after use of a laxative. These may indicate a serious condition.

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away. (1800-222-1222)

**Directions**

- take preferably at bedtime or as directed by a doctor

<b>Age</b>	<b>Starting Dosage</b>	<b>Maximum Dosage</b>
adults and children 12 years of age or over	2 tablets once a day	4 tablets twice a day
children 6 to under 12 years	1 tablet once a day	2 tablets twice a day
children 2 to under 6 years	1/2 tablet once a day	1 tablet twice a day
children under 2 years	ask a doctor	ask a doctor

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### **Other information**

- each tablet contains: **calcium 24 mg and sodium 3 mg**
- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)

### **Inactive ingredients**

Colloidal silicon dioxide, croscarmellose sodium, dicalcium phosphate, hypromellose, liquid paraffin, magnesium stearate, microcrystalline cellulose, maltodextrin, purified water, sodium lauryl sulphate, stearic acid

### **Questions or comments?**

**1-888-333-9792**

### **PDP**

Cabinet:

Laxative

Sennosides 8.6mg

75 Tablets

Compare to the active ingredient  
in Senokot®\*

**CABINET:**

Laxative

Sennosides 8.6mg

75 Tablets

## VALUMEDS NATURAL LAXATIVE

sennosides tablet, film coated

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:68210-4101
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
SENNOSIDES (UNII: 3FYP5M0IJX) (SENNOSIDES - UNII:3FYP5M0IJX)	SENNOSIDES	8.6 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>CROSCARMELLOSE SODIUM</b> (UNII: M28OL1HH48)	
<b>ANHYDROUS DIBASIC CALCIUM PHOSPHATE</b> (UNII: L11K75P92J)	
<b>HYPROMELLOSE, UNSPECIFIED</b> (UNII: 3NXW29V3WO)	
<b>MINERAL OIL</b> (UNII: T5L8T28FGP)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>CELLULOSE, MICROCRYSTALLINE</b> (UNII: OP1R32D61U)	
<b>MALTODEXTRIN</b> (UNII: 7CVR7L4A2D)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SODIUM LAURYL SULFATE</b> (UNII: 368GB5141J)	
<b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)	

### Product Characteristics

<b>Color</b>	brown	<b>Score</b>	no score
<b>Shape</b>	ROUND	<b>Size</b>	9mm
<b>Flavor</b>		<b>Imprint Code</b>	S8
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:68210-4101-1	75 in 1 BOTTLE; Type 0: Not a Combination Product	07/02/2020	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	07/02/2020	

**Labeler** - Spirit Pharmaceuticals LLC (179621011)

Revised: 12/2024

Spirit Pharmaceuticals LLC