

SAMBUCUS COLD FLU RELIEF HOT DRINK LEMON FLAVORED- pelargonium sidoides, aconitum napellus, eucalyptus globulus leaf, sambucus nigra, bryonia alba, eupatorium perfoliatum, sempervirens, phosphorus powder Universal Synergetics, Inc

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click [here](#).

Sambucus Cold + Flu Relief Hot Drink, Lemon Flavored

Drug Facts

Active ingredients (in each packet)

Pelargonium sidoides 1 X
Aconitum napellus 4X, Eucalyptus globulus 2X,
Sambucus nigra 3X
Bryonia 4X, Eupatorium perfoliatum 6X
Gelsemium sempervirens 4X, Phosphorus 6X
Ipecacuanha 3X

Purpose

Shortens duration and reduces severity of upper respiratory symptoms
Pain reliever/fever reducer++
Cough suppressant++
Sneezing/runny nose/sore throat++
Nasal decongestant++

Uses

- temporarily relieves flu symptoms++
- shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations:
- chills/fever++
- chest congestion
- nasal congestion
- cough
- headache++
- hoarseness
- body aches++
- sneezing/runny nose++
- sore throat

Warnings

Sore throat warning: if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea, or vomiting, consult a doctor promptly

Ask a doctor before use if you have

- a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema
- a cough that is accompanied by excessive phlegm (mucus)
- been taking any medications
- an allergy to plants of the *Geraniaceae* family

Stop use and ask a doctor

- new symptoms occur, symptoms get worse or last more than 7 days
- fever worsens or lasts more than 3 days
- cough lasts more than 7 days or occurs with rash or persistent headache

These could be sign of a serious condition.

If pregnant or breast-feeding,

ask a healthcare professional before use.

Keep out of reach of children.

In case of overdose, seek medical help or contact a Poison Control Center right away.

Directions

- Dissolve contents of 1 packet in 4-6 ounces of hot water and sip while hot. May also be dissolved in 4-6 ounces of water, which may be preferable for children.
- for best results, use at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease

age	dose
adults & children 13 years of age and older	take 1 packet three times daily
children 6-12 years of age	take 1 packet two times daily
children under 6 years of age	consult a doctor

Other information

- **TAMPER EVIDENT.** Packaged in individually sealed packets. Do not use if open or torn.
- store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight

Inactive ingredients

citric acid, elderberry extract, lactose monohydrate, maltodextrin, natural flavours, silica, xylitol

Questions?

1-800-962-8873 / naturesway.com

Package Labeling:

Drug Facts

Active ingredients (in each packet)

<i>Pelargonium sidoides</i> 1X	Shortens duration and reduces severity of upper respiratory symptoms
<i>Aconitum napellus</i> 4X, <i>Eucalyptus globulus</i> 2X	Pain reliever/fever reducer ^{††}
<i>Sambucus nigra</i> 3X	Cough suppressant ^{††}
<i>Bryonia</i> 4X, <i>Eupatorium perfoliatum</i> 6X	Sneezing/runny nose/sore throat ^{††}
<i>Gelsemium sempervirens</i> 4X, <i>Phosphorus</i> 6X	Nasal decongestant ^{††}
<i>Ipecacuanha</i> 3X	

Uses

- temporarily relieves flu symptoms^{††}
- shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations:

chills/fever ^{††}	chest congestion	nasal congestion	cough	headache ^{††}
hoarseness	body aches ^{††}	sneezing/runny nose ^{††}	sore throat	

Warnings

Sore throat warning: if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

Ask a doctor before use if you have

- a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema
- a cough that is accompanied by excessive phlegm (mucus)
- been taking any medications
- an allergy to plants of the Geraniaceae family

Stop use and ask a doctor if

- new symptoms occur, symptoms get worse or last more than 7 days
- fever worsens or lasts more than 3 days
- cough lasts more than 7 days or occurs with rash or persistent headache

These could be signs of a serious condition.

If pregnant or breast-feeding, ask a healthcare professional before use. **Keep out of reach of children.** In case of overdose, seek medical help or contact a Poison Control Center right away.

Directions

- Dissolve contents of 1 packet in 4-6 ounces of hot water and sip while hot. May also be dissolved in 4-6 ounces of cold water, which may be preferable for children.
- for best results, use at the first sign of symptoms and continue to use for an additional 4-6 hours after symptoms cease

age	dose
adults & children 13 years of age and older	take 1 packet three times daily
children 6-12 years of age	take 1 packet two times daily
children under 6 years of age	consult a doctor

Other information

- TAMPER EVIDENT.** Packaged in individually sealed packets. Do not use if open or torn.
- store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight

Inactive ingredients citric acid, elderberry extract, lactose monohydrate, maltodextrin, natural flavors, silica, xylitol

Questions? 1-800-962-8873 / naturesway.com

^{††}These indications are based solely on traditional homeopathic use. They have not been evaluated by the Food & Drug Administration.

Multi-Symptom Cold & Flu^{††} Relief

Cold and flu^{††} care inspired by nature

Multi-action cold and flu^{††} relief formula with clinically proven *Pelargonium sidoides* 1X plus Alpha[®] CF

Alpha[®] CF and *Sambucus nigra* 3X reduce fever^{††}, body aches^{††}, chills^{††}, and runny nose^{††}

Alpha[®] CF (*Aconitum napellus* 4X, *Bryonia* 4X, *Eucalyptus globulus* 2X, *Eupatorium perfoliatum* 6X, *Gelsemium sempervirens* 4X, *Ipecacuanha* 3X, and *Phosphorus* 6X)

Packaged and tested in the USA
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Green Bay, WI 54311 USA

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AGES 6+

NDC 53499-5182-0
HOMEOPATHIC

sambucus[®] COLD + FLU RELIEF ELDERBERRY HOT DRINK

Nature's way

PLANT POWERED

Alleviates Fever^{††}, Body Aches^{††}, Chills^{††}, Runny Nose^{††}, Cough, Congestion & Sore Throat

with **CLINICALLY PROVEN** PELARGONIUM SIDOIDES 1X

Plus Alpha[®] CF

Lemon Flavored Soothing Hot Drink Mix
NON-DROWSY

10 - 0.186 OZ (5.3 G) PACKETS NET WT 1.86 OZ

COLD + FLU RELIEF

Feel Better Faster

Contains clinically proven *Pelargonium sidoides* 1X

Shortens colds and reduces severity of cough, congestion, and sore throat.

Pelargonium sidoides 1X is proven effective in clinical studies for alleviating common cold symptoms plus nasal, throat, and bronchial irritations.

This proprietary plant-based preparation is uniquely available from Nature's Way[®] in North America.

Explore more products at [NATURESWAY.COM](https://naturesway.com)



SAMBUCUS COLD FLU RELIEF HOT DRINK LEMON FLAVORED

pelargonium sidoides, aconitum napellus, eucalyptus globulus leaf, sambucus nigra, bryonia alba, eupatorium perfoliatum, sempervirens, phosphorus powder

Product Information

Product Type

HUMAN OTC DRUG

Item Code (Source)

NDC:80228-5182

Route of Administration

TOPICAL

Active Ingredient/Active Moiety

Ingredient Name

Basis of Strength

Strength

PELARGONIUM SIDOIDES WHOLE (UNII: 4FY2944729) (PELARGONIUM SIDOIDES WHOLE - UNII:4FY2944729)

PELARGONIUM SIDOIDES WHOLE

1 [hp_X] in 1 g

ACONITUM NAPELLUS (UNII: U0NQ8555JD) (ACONITUM NAPELLUS - UNII:U0NQ8555JD)

ACONITUM NAPELLUS

4 [hp_X] in 1 g

EUCALYPTUS GLOBULUS LEAF (UNII: S546YLW6E6) (EUCALYPTUS GLOBULUS LEAF - UNII:S546YLW6E6)

EUCALYPTUS GLOBULUS LEAF

2 [hp_X] in 1 g

SAMBUCUS NIGRA FLOWERING TOP (UNII: CT03BSA18U) (SAMBUCUS NIGRA FLOWERING TOP - UNII:CT03BSA18U)

SAMBUCUS NIGRA FLOWERING TOP

3 [hp_X] in 1 g

BRYONIA ALBA ROOT (UNII: T7J046YI2B) (BRYONIA ALBA ROOT - UNII:T7J046YI2B)

BRYONIA ALBA ROOT

4 [hp_X] in 1 g

EUPATORIUM

EUPATORIUM PERFOLIATUM FLOWERING TOP (UNII: 1W0775VX6E) (EUPATORIUM PERFOLIATUM FLOWERING TOP - UNII:1W0775VX6E)	EUPATORIUM PERFOLIATUM FLOWERING TOP	6 [hp_X] in 1 g
GELSEMIUM SEMPERVIRENS ROOT (UNII: 639KR60Q1Q) (GELSEMIUM SEMPERVIRENS ROOT - UNII:639KR60Q1Q)	GELSEMIUM SEMPERVIRENS ROOT	4 [hp_X] in 1 g
PHOSPHORUS (UNII: 27YLU75U4W) (PHOSPHORUS - UNII:27YLU75U4W)	PHOSPHORUS	6 [hp_X] in 1 g
IPECAC (UNII: 62I3C8233L) (IPECAC - UNII:62I3C8233L)	IPECAC	3 [hp_X] in 1 g

Inactive Ingredients

Ingredient Name	Strength
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
EUROPEAN ELDERBERRY JUICE (UNII: Z4IFJ0AK1E)	
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
XYLITOL (UNII: VCQ006KQ1E)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:80228-5182-0	10 in 1 CARTON	05/01/2025	
1		5.3 g in 1 PACKET; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved drug other		05/01/2025	

Labeler - Universal Synergetics, Inc (069033371)

Establishment

Name	Address	ID/FEI	Business Operations
Universal Synergetics, Inc		069033371	manufacture(80228-5182) , pack(80228-5182)

Establishment

Name	Address	ID/FEI	Business Operations
Schwabe North America, Inc.		831153908	manufacture(80228-5182)