

20LIGHTER CRAVE CONTROL- 20l-a peptides 20l-b peptides acetyl coenzyme a adenosinum triphosphoricum dinatrum adrenal cotex suis agnus castus aldosterone anacardium orientale androsterone antimonium crudum apiol argentum nitricum atp bacopa speciosa berberis vulgaris bryonia cedron chamomilla chininum sulphuricum cholesterolinum cimicifugaracemos a cina liquid

Integra Health International, S.A. de C.V.

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

PURPOSE

For temporary relief of symptoms of food cravings including: constant appetite, increased or insatiable hunger.

KEEP OUT OF REACH OF CHILDREN

Keep out of reach of children.

WARNING

Do not use if you have ever had an allergic reaction to this product or any of its ingredients.

Stop use and ask doctor if symptoms persist or worsen, or if new symptoms occurs.

If pregnant or breastfeeding, ask doctor before use.

DOSAGE AND ADMINISTRATION

Use as prescribed

INDICATIONS AND USAGE

Use as prescribed.

ACTIVE INGREDIENTS

20L-A Peptides
20L-B Peptides
Acetyl coenzyme A
adenosinum triphosphoricum dinatrum
adrenal cotex suis
agnus castus
aldosterone
anacardium orientale
androsterone
antimonium crudum
apiol
argentum nitricum
ATP
bacopa speciosa
berberis vulgaris
bryonia

cedron
chamomilla
chininum sulphuricum
cholesterinum
cimicifugaracemosa
cina
cinchona officinalis
cinnamonum
convallaria majalis
cortisone aceticum
crocus sativus
cyclamen europaeum
DHEA
DIM
dopamine hydrochloride
equol
faecalis bach
folliculinum
FSH
gambogia
graphites
helonias dioica
humulus lupulus
hydrastis canadensis
ignatia amara
iodium
kali carbonicum
lachesis mutus
ledum palustre
lilium tigrinum
lycopodium clavatum
mentha piperita
morgan gaertner
murex purpurea
naja tripudians
natrum carbonicum
natrum sulphuricum
nux vomica
oophorinum
oxytocin acetate
phosphorus
progesterone
pulsatilla
rhodiola
rhus toxicodendron
salsolinol hydrochloride
sanguinaria canadensis
senna
sepia
serotonin hydrochloride
stannum metallicum
staphysagria
stomach suis

stramonium
sulphur
testosterone
thyrodinum suis
valeriana officinalis
viola odorata

INACTIVE INGREDIENTS

Ethanol 20%
Purified Water

PACKAGE LABEL

Drug Facts	<p>INDICATIONS: For the temporary relief of symptoms of food cravings, including: constant appetite, increased or insatiable hunger.</p> <p>DIRECTIONS: Use as prescribed.</p> <p>WARNINGS: Keep out of reach of children. Do not use if you have ever had an allergic reaction to this product or any of its ingredients. Stop use and ask your doctor if symptoms persist, worsen, or if new symptoms occur. If pregnant or breastfeeding, ask your doctor before use.</p> <p>TAMPER EVIDENT SEAL: Do not use if seal around neck of bottle is broken or missing.</p>	 <p>Crave Control</p> <p>NDC: 12345-678 Homeopathic Rx only 2.0 FL OZ (60 ml)</p> <p>Ethanol 20% v/v</p>	<p>ACTIVE INGREDIENTS: 20L-A Peptides 1000C 1000CM 1000DM 1000LM 1000M 1000OX, 20L-B Peptides 1000C 1000CM 1000DM 1000LM 1000M 1000OX, Acetyl coenzyme A 6X 8X, Adenosinum triphosphoricum dinatrium 6X 8X, Adrenal cortex suis 6X 8X, Agnus castus 4X, Aldosterone 12C 30C 60C 200C, Anacardium orientale 15X, ...</p> <p>INACTIVE INGREDIENTS: Ethanol 20% v/v USP Purified Water.</p>
			<p>Manufactured for: 20Lighter Health & Wellness, LLC 260 Boston Post Road Suite 5 Wayland, MA 01778 Tel: (NNN) NNN-NNNN</p> <p>LOT: NNANNN EXP: MM/YYYY</p> <p style="text-align: center;">PEEL HERE</p>

Drug Facts (continued)	<p>ACTIVE INGREDIENTS (continued): Androsterone 12C 30C 60C 200C, Antimonium crudum 15X, Apiole 6X 12X 30X 200X 12C 30C 60C 200C, Argentum nitricum 15X, ATP 6X, Bacopa speciosa 6X 8X, Berberis vulgaris 15X, Bryonia 15X, Bryonia 6X, Cedron 4X, Chamomilla 3X, Chininum sulphuricum 6X 2X 30X 60X 12C 30C 200C, Cholesterinum 6X 12X 30X 200X 12C 30C 60C 200C, Cimicifuga racemosa 3X, Cina 6X 12X 30X 60X 12C 30C 60C 200C, Cinchona officinalis 3X, Cinnamonum 12X, Convallaria majalis 3X, Cortisone acetatum 12X 30X 200X 12C 30C 60C 200C, Crocus sativus 3X, Cyclamen europaeum 3X, DHEA 6X 12X 30X 200X 12C 30C 60C 200C, DIM 6X, Dopamine hydrochloride 6X 8X, Equol 6X 12X 30X 200X 12C 30C 60C 200C 2000C, 4000CM 6000DM 8000LM 9000M 10000X, Fescalis bach 30C, Felliculium 8X 12X 30X 200X 12C 30C 60C 200C, FISH 12C 30C 60C 200C, Gambogia 6X 8X, Graphites 15X, Helonias dioica 3X, Humus lupulus 15X, Hydrastis Canadensis 3X, Ignatia amara 4X, Iodium 6X 12X 30X 60X 12C 30C 60C 200C, Kali carbonicum 15X, Lachesis mutus 12X, Ledum palustre 3X, Lilium tigrinum 4X, Lycopodium clavatum 6X 12X 30X 60X 12C 30C 60C 200C, Mentha piperita 3X, Morgan gartner 30C, Murex purpurea 12X, Naja tripudians 12X, Natrium carbonicum 15X, Natrium sulphuricum 15X, Nux vomica 15X, Opophorium 8X 12X 30X 200X 12C 30C 60C 200C, Oxytocin acetate 6X 8X, Phosphorus 6X 12X 30X 60X 12C 30C 60C 200C, Progesterone 8X 12X 30X 200X 12C 30C 60C 200C, Pulsantilla 15X, Rhus toxicodendron 15X, Salsalimol hydrochloride 6X 12X 30X 200X, Sanguinaria canadensis 3X, Senina 3X, Sepia 4X 15X, Serotonin hydrochloride 6X 12X 30X 60X 12C 30C 60C 200C, Stannum metallicum 12X, Staphysagria 4X, Stomach suis 6X 8X, Stramonium 15X, Sulphur 4X, Testosterone 8X 12X 30X 200X 12C 30C 60C 200C, Thyrodinum suis 6X 8X, Valeriana officinalis 3X, Viola odorata 3X.</p>		<p>Manufactured for: 20Lighter Health & Wellness, LLC 260 Boston Post Road Suite 5 Wayland, MA 01778 Tel: (NNN) NNN-NNNN</p>
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PACKAGE LABEL

20LIGHTER CRAVE CONTROL

20l-a peptides 20l-b peptides acetyl coenzyme a adenosinum triphosphoricum dinatrium adrenal cotex suis agnus castus aldosterone anacardium orientale androsterone antimonium crudum apiole argentum nitricum atp bacopa speciosa berberis vulgaris bryonia cedron chamomilla chininum sulphuricum cholesterinum cimicifugaracemosa cina liquid

Product Information

Product Type	HUMAN PRESCRIPTION DRUG	Item Code (Source)	NDC:55138-018
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DATURA STRAMONIUM (UNII: G6W4F0V8Z3) (DATURA STRAMONIUM - UNII:G6W4F0V8Z3)	DATURA STRAMONIUM	15 [hp_X] in 60 mL
TESTOSTERONE (UNII: 3XMK78S47O) (TESTOSTERONE - UNII:3XMK78S47O)	TESTOSTERONE	8 [hp_X] in 60 mL
THYROID, UNSPECIFIED (UNII: 0B4FDL9I6P) (THYROID, UNSPECIFIED - UNII:0B4FDL9I6P)	THYROID, UNSPECIFIED	6 [hp_X] in 60 mL
VALERIAN (UNII: JWF5YAW3QW) (VALERIAN - UNII:JWF5YAW3QW)	VALERIAN	3 [hp_X] in 60 mL
VIOLA ODORATA (UNII: AET12U8B74) (VIOLA ODORATA - UNII:AET12U8B74)	VIOLA ODORATA	3 [hp_X] in 60 mL
APIOLE (PARSLEY) (UNII: QQ67504PXO) (APIOLE (PARSLEY) - UNII:QQ67504PXO)	APIOLE (PARSLEY)	6 [hp_X] in 60 mL
PHOSPHORUS (UNII: 27YLU75U4W) (PHOSPHORUS - UNII:27YLU75U4W)	PHOSPHORUS	6 [hp_X] in 60 mL
PROGESTERONE (UNII: 4G7DS2Q64Y) (PROGESTERONE - UNII:4G7DS2Q64Y)	PROGESTERONE	8 [hp_X] in 60 mL
ANEMONE PATENS (UNII: 4M1169RWJD) (ANEMONE PATENS - UNII:4M1169RWJD)	ANEMONE PATENS	15 [hp_X] in 60 mL
RHODIOLA KIRILOWII WHOLE (UNII: 8Z350223SE) (RHODIOLA KIRILOWII WHOLE - UNII:8Z350223SE)	RHODIOLA KIRILOWII WHOLE	6 [hp_X] in 60 mL
TOXICODENDRON PUBESCENS LEAF (UNII: 6IO182RP7A) (TOXICODENDRON PUBESCENS LEAF - UNII:6IO182RP7A)	TOXICODENDRON PUBESCENS LEAF	15 [hp_X] in 60 mL
SANGUINARIA CANADENSIS ROOT (UNII: N9288CD508) (SANGUINARIA CANADENSIS ROOT - UNII:N9288CD508)	SANGUINARIA CANADENSIS ROOT	3 [hp_X] in 60 mL
SENNA LEAF (UNII: AK7JF626KX) (SENNA LEAF - UNII:AK7JF626KX)	SENNA LEAF	3 [hp_X] in 60 mL
SEPIA OFFICINALIS JUICE (UNII: QDL83WN8C2) (SEPIA OFFICINALIS JUICE - UNII:QDL83WN8C2)	SEPIA OFFICINALIS JUICE	4 [hp_X] in 60 mL
ESTRONE (UNII: 2DI9HA706A) (ESTRONE - UNII:2DI9HA706A)	ESTRONE	8 [hp_X] in 60 mL
FOLLITROPIN (UNII: 076WHW89TW) (FOLLITROPIN - UNII:076WHW89TW)	FOLLITROPIN	12 [hp_C] in 60 mL
GAMBOGE (UNII: 7556HJ7587) (GAMBOGE - UNII:7556HJ7587)	GAMBOGE	6 [hp_X] in 60 mL
CHAMAELIRIUM LUTEUM ROOT (UNII: DQV54Y5H3U) (CHAMAELIRIUM LUTEUM ROOT - UNII:DQV54Y5H3U)	CHAMAELIRIUM LUTEUM ROOT	3 [hp_X] in 60 mL
HUMULUS LUPULUS POLLEN (UNII: 945EBG995A) (HUMULUS LUPULUS POLLEN - UNII:945EBG995A)	HUMULUS LUPULUS POLLEN	15 [hp_X] in 60 mL
STRYCHNOS IGNATII SEED (UNII: 1NM3M2487K) (STRYCHNOS IGNATII SEED - UNII:1NM3M2487K)	STRYCHNOS IGNATII SEED	4 [hp_X] in 60 mL
IODINE (UNII: 9679TC07X4) (IODINE - UNII:9679TC07X4)	IODINE	6 [hp_X] in 60 mL
LACHESIS MUTA WHOLE (UNII: 6Y582I290C) (LACHESIS MUTA WHOLE - UNII:6Y582I290C)	LACHESIS MUTA WHOLE	12 [hp_X] in 60 mL
LEDUM PALUSTRE TWIG (UNII: 877L01IZ0P) (LEDUM PALUSTRE TWIG - UNII:877L01IZ0P)	LEDUM PALUSTRE TWIG	3 [hp_X] in 60 mL
LILIUM LANCIFOLIUM WHOLE FLOWERING (UNII: X67Z2963PI) (LILIUM LANCIFOLIUM WHOLE FLOWERING - UNII:X67Z2963PI)	LILIUM LANCIFOLIUM WHOLE FLOWERING	4 [hp_X] in 60 mL
LYCOPODIUM CLAVATUM SPORE (UNII: C88X29Y479) (LYCOPODIUM CLAVATUM SPORE - UNII:C88X29Y479)	LYCOPODIUM CLAVATUM SPORE	6 [hp_X] in 60 mL

MENTHA PIPERITA (UNII: 79M2M2UDA9) (MENTHA PIPERITA - UNII:79M2M2UDA9)	MENTHA PIPERITA	3 [hp_X] in 60 mL
SULFUR (UNII: 70FD1KFU70) (SULFUR - UNII:70FD1KFU70)	SULFUR	4 [hp_X] in 60 mL
ACETYL COENZYME A (UNII: 76Q83YLO3O) (ACETYL COENZYME A - UNII:76Q83YLO3O)	ACETYL COENZYME A	6 [hp_X] in 60 mL
.ALPHA.-TOCOPHEROL (UNII: H4N855PNZ1) (.ALPHA.-TOCOPHEROL - UNII:H4N855PNZ1)	.ALPHA.-TOCOPHEROL	6 [hp_X] in 60 mL
CHASTE TREE (UNII: 433OSF3U8A) (CHASTE TREE - UNII:433OSF3U8A)	CHASTE TREE	4 [hp_X] in 60 mL
ALDOSTERONE (UNII: 4964P6T9RB) (ALDOSTERONE - UNII:4964P6T9RB)	ALDOSTERONE	12 [hp_C] in 60 mL
SEMECARPUS ANACARDIUM JUICE (UNII: Y0F0BU8RDU) (SEMECARPUS ANACARDIUM JUICE - UNII:Y0F0BU8RDU)	SEMECARPUS ANACARDIUM JUICE	15 [hp_X] in 60 mL
ANDROSTERONE (UNII: C24W7J5D5R) (ANDROSTERONE - UNII:C24W7J5D5R)	ANDROSTERONE	12 [hp_C] in 60 mL
SILVER NITRATE (UNII: 95IT3W8JZE) (SILVER CATION - UNII:57N7B0K90A)	SILVER NITRATE	15 [hp_X] in 60 mL
ARTEMISIA CINA FLOWER (UNII: 28M1820ACT) (ARTEMISIA CINA FLOWER - UNII:28M1820ACT)	ARTEMISIA CINA FLOWER	3 [hp_X] in 60 mL
EQUOL, (+) (UNII: 2V8RAP1HXA) (EQUOL, (+) - UNII:2V8RAP1HXA)	EQUOL, (+)-	6 [hp_X] in 60 mL
HYDRASTIS CANADENSIS WHOLE (UNII: R763EBH88T) (HYDRASTIS CANADENSIS WHOLE - UNII:R763EBH88T)	HYDRASTIS CANADENSIS WHOLE	3 [hp_X] in 60 mL
ADENOSINE TRIPHOSPHATE (UNII: 8L70Q75FXE) (ADENOSINE TRIPHOSPHATE - UNII:8L70Q75FXE)	ADENOSINE TRIPHOSPHATE	6 [hp_X] in 60 mL
BERBERIS VULGARIS ROOT BARK (UNII: 1TH8Q20J0U) (BERBERIS VULGARIS ROOT BARK - UNII:1TH8Q20J0U)	BERBERIS VULGARIS ROOT BARK	15 [hp_X] in 60 mL
BRYONIA ALBA ROOT (UNII: T7J046YI2B) (BRYONIA ALBA ROOT - UNII:T7J046YI2B)	BRYONIA ALBA ROOT	6 [hp_X] in 60 mL
SIMABA CEDRON SEED (UNII: KHI40967MV) (SIMABA CEDRON SEED - UNII:KHI40967MV)	SIMABA CEDRON SEED	4 [hp_X] in 60 mL
QUININE SULFATE (UNII: KF7Z0E0Q2B) (QUININE - UNII:A7V27PHC7A)	QUININE SULFATE	6 [hp_X] in 60 mL
CHOLESTEROL (UNII: 97C5T2UQ7J) (CHOLESTEROL - UNII:97C5T2UQ7J)	CHOLESTEROL	6 [hp_X] in 60 mL
CINCHONA OFFICINALIS BARK (UNII: S003A158SB) (CINCHONA OFFICINALIS BARK - UNII:S003A158SB)	CINCHONA OFFICINALIS BARK	3 [hp_X] in 60 mL
CINNAMOMUM CAMPHORA WHOLE (UNII: 0B27814T7X) (CINNAMOMUM CAMPHORA WHOLE - UNII:0B27814T7X)	CINNAMOMUM CAMPHORA WHOLE	12 [hp_X] in 60 mL
CONVALLARIA MAJALIS (UNII: QHH4HVF5QE) (CONVALLARIA MAJALIS - UNII:QHH4HVF5QE)	CONVALLARIA MAJALIS	3 [hp_X] in 60 mL
CORTISONE ACETATE (UNII: 883WKN7W8X) (CORTISONE - UNII:V27W9254FZ)	CORTISONE ACETATE	12 [hp_X] in 60 mL
CROCUS SATIVUS FLOWER (UNII: 00IF91KFKQ) (CROCUS SATIVUS FLOWER - UNII:00IF91KFKQ)	CROCUS SATIVUS FLOWER	3 [hp_X] in 60 mL
CYCLAMEN PURPURASCENS TUBER (UNII: G728143D8Q) (CYCLAMEN PURPURASCENS TUBER - UNII:G728143D8Q)	CYCLAMEN PURPURASCENS TUBER	3 [hp_X] in 60 mL
PRASTERONE (UNII: 459AG36T1B) (PRASTERONE - UNII:459AG36T1B)	PRASTERONE	6 [hp_X] in 60 mL
MATRICARIA CHAMOMILLA FLOWERING TOP OIL (UNII: SA8AR2W4ER) (MATRICARIA CHAMOMILLA FLOWERING TOP OIL - UNII:SA8AR2W4ER)	MATRICARIA CHAMOMILLA FLOWERING TOP OIL	3 [hp_X] in 60 mL
BLACK COHOSH (UNII: K73E24S6X9) (BLACK COHOSH - UNII:K73E24S6X9)	BLACK COHOSH	3 [hp_X] in 60 mL
GRAPHITE (UNII: 4QQN74LH4O) (GRAPHITE - UNII:4QQN74LH4O)	GRAPHITE	15 [hp_X] in 60 mL
NAJA NAJA VENOM (UNII: ZZ4AG7L7VM) (NAJA NAJA VENOM - UNII:ZZ4AG7L7VM)	NAJA NAJA VENOM	12 [hp_X] in 60 mL
ALCALIGENES FAECALIS (UNII: 05KB30NGW2) (ALCALIGENES FAECALIS - UNII:05KB30NGW2)	ALCALIGENES FAECALIS	30 [hp_C] in 60 mL

ANTIMONY TRISULFIDE (UNII: F79059A38U) (ANTIMONY TRISULFIDE - UNII:F79059A38U)	ANTIMONY TRISULFIDE	15 [hp_X] in 60 mL
HEXAPLEX TRUNCULUS HYPOBRANCHIAL GLAND JUICE (UNII: IQV54TN60Y) (HEXAPLEX TRUNCULUS HYPOBRANCHIAL GLAND JUICE - UNII:IQV54TN60Y)	HEXAPLEX TRUNCULUS HYPOBRANCHIAL GLAND JUICE	12 [hp_X] in 60 mL
SODIUM SULFATE (UNII: 0YPR65R21J) (SODIUM SULFATE ANHYDROUS - UNII:36KCS0R750)	SODIUM SULFATE	15 [hp_X] in 60 mL
STRYCHNOS NUX-VOMICA SEED (UNII: 269XH13919) (STRYCHNOS NUX-VOMICA SEED - UNII:269XH13919)	STRYCHNOS NUX-VOMICA SEED	15 [hp_X] in 60 mL
SUS SCROFA OVARY (UNII: S7YTV04R8O) (SUS SCROFA OVARY - UNII:S7YTV04R8O)	SUS SCROFA OVARY	8 [hp_X] in 60 mL
TIN (UNII: 387GMG9FH5) (TIN - UNII:387GMG9FH5)	TIN	12 [hp_X] in 60 mL
DELPHINIUM STAPHISAGRIA SEED (UNII: 00543AP1JV) (DELPHINIUM STAPHISAGRIA SEED - UNII:00543AP1JV)	DELPHINIUM STAPHISAGRIA SEED	4 [hp_X] in 60 mL

Inactive Ingredients

Ingredient Name	Strength
OXYTOCIN ACETATE (UNII: 4NR672T8NL)	
SODIUM CARBONATE (UNII: 45P3261C7T)	
3-O-METHYLDOPAMINE HYDROCHLORIDE (UNII: 95HIL684P5)	
POTASSIUM CARBONATE (UNII: BQN1B9B9HA)	
SALSOLINOL HYDROCHLORIDE (UNII: COV48SBC7T)	
SEROTONIN HYDROCHLORIDE (UNII: GKN429M9VS)	
ALCOHOL (UNII: 3K9958V90M)	
WATER (UNII: 059QF0KO0R)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55138-018-03	60 mL in 1 BOTTLE, DROPPER; Type 0: Not a Combination Product	03/07/2016	
2	NDC:55138-018-02	29 mL in 1 BOTTLE, DROPPER; Type 0: Not a Combination Product	05/20/2016	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		03/07/2016	

Labeler - Integra Health International, S.A. de C.V. (589880301)

Establishment

Name	Address	ID/FEI	Business Operations
Integra Health International, S.A. de C.V.		589880301	manufacture(55138-018)