

**FIBER LAXATIVE - calcium polycarbophil tablet**  
**Discount Drug Mart, Inc**

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**Bulk Forming Fiber Laxative**

**ACTIVE INGREDIENT (in each caplet)**

Calcium polycarbophil 625 mg equivalent to 500 mg polycarbophil

**PURPOSE**

Bulk-forming laxative

**USE(S)**

- relieves occasional constipation
- this product generally produces bowel movement in 12 to 72 hours

**WARNINGS**

**Choking:** Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

**ASK A DOCTOR BEFORE USE IF YOU HAVE**

- abdominal pain, nausea or vomiting
- difficulty in swallowing
- a sudden change in bowel habits that persists over a period of 2 weeks

**ASK A DOCTOR OR PHARMACIST BEFORE USE IF YOU ARE**

taking any other drug. Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work.

**WHEN USING THIS PRODUCT**

- do not use for more than 7 days unless directed by a doctor
- do not take more than 8 caplets in a 24 hour period unless directed by a doctor

**STOP USE AND ASK DOCTOR IF**

- you experience chest pain, abdominal pain, nausea, vomiting, difficulty in breathing or swallowing
- you fail to have a bowel movement after use or have rectal bleeding. These could be signs of a serious condition.

## **KEEP OUT OF REACH OF CHILDREN.**

In case of over dose, get medical help or contact a Poison Control Center immediately.

## **DIRECTIONS**

- take this product (child or adult dose) with a full glass of water (8oz.) or other fluid. Taking this product without enough liquid may cause choking. See choking warning.
- dosage will vary according to diet, exercise, previous laxative use or severity of constipation
- continued use for 1 to 3 days is normally required to provide full benefit

|                                       |                               |
|---------------------------------------|-------------------------------|
| adults and children 12 years and over | 2 caplets, 1 to 4 times a day |
| children under 12 years               | ask a doctor                  |

## **OTHER INFORMATION**

- **each caplet contains:** calcium 135 mg
- do not use if printed seal under cap is torn or missing
- store at room temperature
- protect contents from moisture

## **INACTIVE INGREDIENTS**

calcium carbonate, caramel, colloidal silicon dioxide, crospovidone, hydroxypropyl methylcellulose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, sodium lauryl sulfate.

## **PRINCIPAL DISPLAY PANEL**

\*Compare to the Active Ingredient in FiberCon®

**DISCOUNT drug mart**


**FOOD FAIR**

# Fiber Caplets

## Bulk - Forming Fiber Laxative

- Fiber Therapy for Regularity
- Gentle Enough to Use Every Day
- Natural Action of Fiber

90 Caplets




*\*Compare to the Active Ingredient in FiberCon®*

# Fiber Caplets

**Bulk-Forming Fiber Laxative**

- Fiber Therapy for Regularity
- Gentle Enough to Use Every Day
- Natural Action of Fiber

**90 CAPLETS**



**WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food).

DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING.

**Drug Facts**

**Active ingredient (in each caplet) Purpose**  
Calcium polycarbophil 625 mg equivalent to 500 mg polycarbophil...Bulk-forming laxative

**Uses** ■ relieves occasional constipation  
■ this product generally produces bowel movement in 12 to 72 hours

**Warnings**  
**Choking:** Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing, if you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.


**Ask a doctor before use if you have**

- abdominal pain, nausea or vomiting
- difficulty in swallowing
- a sudden change in bowel habits that persists over a period of 2 weeks

**Ask a doctor or pharmacist before use if you are taking any other drug.** Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work.

**When using this product**

- do not use for more than 7 days unless directed by a doctor
- do not take more than 8 caplets in a 24-hour period unless directed by a doctor

LOT:  0 19335112206 4

EXP: BLANK AREA FOR LOT/EXP

**Peel Here for Continuing Drug Facts**

## GLUE AREA (NO COPY)

**Drug Facts (continued)**

**Stop use and ask a doctor if**

- you experience chest pain, abdominal pain, nausea, vomiting, difficulty in breathing or swallowing
- you fail to have a bowel movement after use or have rectal bleeding. These could be signs of a serious condition.

**Keep out of the reach of children.** In case of overdose, get medical help or contact a Poison Control Center immediately.

**Directions** ■ take this product (child or adult dose) with a full glass of water (8oz.) or other fluid. Taking this product without enough liquid may cause choking. See choking warning. ■ dosage will vary according to diet, exercise, previous laxative use or severity of constipation ■ continued use for 1 to 3 days is normally required to provide full benefit

|                                   |                               |
|-----------------------------------|-------------------------------|
| adults & children 12 years & over | 2 caplets, 1 to 4 times a day |
| children under 12 years           | ask a doctor                  |

**Other information** ■ each caplet contains: calcium 135 mg ■ store at room temperature ■ protect contents from moisture

**Inactive ingredients** calcium carbonate, caramel, colloidal silicon dioxide, croscopolone, hydroxypropyl methylcellulose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, sodium lauryl sulfate.

\*This product is not manufactured or distributed by Pfizer Consumer Healthcare, the distributor of Fibercon®.

**Satisfaction Guaranteed**

IF DISSATISFIED, RETURN UNUSED PORTION AND PACKAGE TO STORE WHERE PURCHASED. IF UNABLE TO RETURN TO STORE, SEND REASON FOR DISSATISFACTION, NAME, ADDRESS AND EMPTY PACKAGE TO: DISCOUNT DRUG MART, 211 COMMERCE DR., MEDINA, OH 44256

Distributed by: Drug Mart -  
Food Fair Medina, OH 44256

MFR#: 53041  
REV: 0419

**Stop Peeling Here**

|  |                |                           |               |
|--|----------------|---------------------------|---------------|
| <b>FIBER LAXATIVE</b>                  |                |                           |               |
| calcium polycarbophil tablet           |                |                           |               |
| <b>Product Information</b>             |                |                           |               |
| <b>Product Type</b>                    | HUMAN OTC DRUG | <b>Item Code (Source)</b> | NDC:53943-147 |
| <b>Route of Administration</b>         | ORAL           |                           |               |
| <b>Active Ingredient/Active Moiety</b> |                |                           |               |

| Ingredient Name   | Basis of Strength     | Strength |
|---|-----------------------|----------|
| <b>CALCIUM POLYCARBOPHIL</b> (UNII: 8F049NKY49) (POLYCARBOPHIL - UNII:W25LM17A4W) | CALCIUM POLYCARBOPHIL | 625 mg   |

### Inactive Ingredients

| Ingredient Name  | Strength |
|--|----------|
| <b>CALCIUM CARBONATE</b> (UNII: H0G9379FGK)                |          |
| <b>CARAMEL</b> (UNII: T9D99G2B1R)                          |          |
| <b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)                  |          |
| <b>CROSPVIDONE</b> (UNII: 68401960MK)                      |          |
| <b>HYPROMELLOSE, UNSPECIFIED</b> (UNII: 3NXW29V3WO)        |          |
| <b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)               |          |
| <b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)       |          |
| <b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A) |          |
| <b>SODIUM LAURYL SULFATE</b> (UNII: 368GB5141J)            |          |

### Product Characteristics

|                 |                   |                     |          |
|-----------------|-------------------|---------------------|----------|
| <b>Color</b>    | WHITE (Off white) | <b>Score</b>        | no score |
| <b>Shape</b>    | OVAL              | <b>Size</b>         | 18mm     |
| <b>Flavor</b>   |                   | <b>Imprint Code</b> | G147     |
| <b>Contains</b> |                   |                     |          |

### Packaging

| # | Item Code        | Package Description                               | Marketing Start Date | Marketing End Date |
|---|------------------|---|----------------------|--------------------|
| 1 | NDC:53943-147-27 | 90 in 1 BOTTLE; Type 0: Not a Combination Product | 02/26/2025           |                    |

### Marketing Information

| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|--------------------|--|----------------------|--------------------|
| OTC Monograph Drug | M007                                     | 02/26/2025           |                    |

**Labeler** - Discount Drug Mart, Inc (047741335)

### Establishment

| Name                  | Address | ID/FEI    | Business Operations    |
|-----------------------|---------|-----------|------------------------|
| Guardian Drug Company |         | 119210276 | MANUFACTURE(53943-147) |

Revised: 2/2025

Discount Drug Mart, Inc