

**BESTMADE NATURAL PRODUCTS BM148- belladonna, colocynthis, coleus
arom, dioscorea vill, lupulinum, rhus tox liquid**
Bestmade Natural Products

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

BM148

How to Use

Mix with half a cup of water 3-4 times per day. Ages 12 or older, 10 drops. Ages 12-2, 5 drops. Ages 2 and under, consult your Doctor.

Inactive:

Alcohol Base to Preserve Product

Active Ingredients:

Belladonna D7+70C 0.08mL each (HPUS), Colocynthis D7+30C 0.08mL each (HPUS), Coleus arom D3+30C 0.11mL each (EHPI), Dioscorea vill D7+70C 0.06mL each (HPUS), Lupulinum D1+10C 0.06mL each (HPUS), Rhus tox D10+100C 0.06mL each (HPUS)

Uses

Temporarily relieves discomfort due to muscle-related conditions, including occasional cramps, involuntary muscle contractions in the limbs, movement difficulties, twitching, shortening feeling of the muscles, headaches, persistent hiccups, bladder discomfort, and aches in the epigastrium and abdomen.*

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Warnings and Storage:

Ask a professional before use if pregnant or breastfeeding or if you have severe symptoms.

Keep away from children. If you have a reaction to this product that is not positive, discontinue use. Store in a cool and dry place

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE NOT FDA EVALUATED.

This product is not intended to diagnose, treat, cure, or prevent any disease.

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Entire package label

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NDC# 82969-2148-1

BATCH# 1234(Sample)



BESTMADE
NATURAL PRODUCTS

BM 148

Muscle Contractions & Cramps*

Ingredients

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BESTMADE NATURAL PRODUCTS BM148

belladonna, colocynthis, coleus arom, dioscorea vill, lupulinum, rhus tox liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:82969-2148
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
TOXICODENDRON PUBESCENS LEAF (UNII: 6IO182RP7A) (TOXICODENDRON PUBESCENS LEAF - UNII:6IO182RP7A)	TOXICODENDRON PUBESCENS LEAF	30 [hp_C] in 30 [hp_C]
CITRULLUS COLOCYNTHIS FRUIT PULP (UNII: 23H32AOH17) (CITRULLUS COLOCYNTHIS FRUIT PULP - UNII:23H32AOH17)	CITRULLUS COLOCYNTHIS FRUIT PULP	30 [hp_C] in 30 [hp_C]
HOPS (UNII: 01G73H6H83) (HOPS - UNII:01G73H6H83)	HOPS	30 [hp_C] in 30 [hp_C]
ATROPA BELLADONNA (UNII: WQZ3G9PF0H) (ATROPA BELLADONNA - UNII:WQZ3G9PF0H)	ATROPA BELLADONNA	30 [hp_C] in 30 [hp_C]

COLEUS AMBOINICUS WHOLE (UNII: T444G60821) (COLEUS AMBOINICUS WHOLE - UNII:T444G60821)	COLEUS AMBOINICUS WHOLE	30 [hp_C] in 30 [hp_C]
DIOSCOREA VILLOSA TUBER (UNII: IWY3IWX2G8) (DIOSCOREA VILLOSA TUBER - UNII:IWY3IWX2G8)	DIOSCOREA VILLOSA TUBER	30 [hp_C] in 30 [hp_C]

Inactive Ingredients

Ingredient Name	Strength
ALCOHOL (UNII: 3K9958V90M)	30 [hp_C] in 30 [hp_C]

Product Characteristics

Color	white (CLEAR LIQUID)	Score	no score
Shape		Size	30mm
Flavor	MINT (TASTELESS LIQUID)	Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:82969-2148-1	30 [hp_C] in 1 BOTTLE, GLASS; Type 6: Drug/Biologic Combination	01/01/2015	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		01/01/2015	

Labeler - Bestmade Natural Products (047124582)

Establishment

Name	Address	ID/FEI	Business Operations
Total Operations Management LLC DBA: Bestmade Natural Products Micro		047124582	manufacture(82969-2148)

Revised: 2/2025

Bestmade Natural Products