

BESTMADE NATURAL PRODUCTS BM196- actaea racemosa, arnica mont, colocynthis, ginkgo biloba, lachnanthes, sanguinaria liquid
Bestmade Natural Products

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

BM196

How to Use

Mix with half a cup of water 3-4 times per day. Ages 12 or older, 10 drops. Ages 12-2, 5 drops. Ages 2 and under, consult your Doctor.

Inactive:

Alcohol Base to Preserve Product

ACTIVE INGREDIENTS

Actaea racemosa D4+40C 0.10mL each (HPUS), Arnica mont D4+40C 0.10mL each (HPUS), Colocynthis D7+30C 0.10mL each (HPUS), Ginkgo biloba D10+100C 0.10mL each (HPUS), Lachnanthes D10+100C 0.10mL each (HPUS), Sanguinaria D10+100C 0.10mL each (HPUS)

Warnings and Storage:

Ask a professional before use if pregnant or breastfeeding or if you have severe symptoms.

Keep away from children. If you have a reaction to this product that is not positive, discontinue use. Store in a cool and dry place

***CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE NOT FDA EVALUATED.**

This product is not intended to diagnose, treat, cure, or prevent any disease.

Warnings and Storage:

Ask a professional before use if pregnant or breastfeeding or if you have severe symptoms.

Keep away from children. If you have a reaction to this product that is not positive, discontinue use. Store in a cool and dry place

***CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE NOT FDA EVALUATED.**

This product is not intended to diagnose, treat, cure, or prevent any disease.

Uses

Temporarily relieves discomfort associated with neck and spine issues, including

occasional stiffness and discomfort in the neck; discomfort in the shoulders, arms, or chest; tingling and pinprick sensations in the arms, hands, legs, or feet; numbness and weakness in the arms, hands, legs, or feet; popping sounds when moving the neck; muscle contractions: and headaches.

Uses

Temporarily relieves discomfort associated with neck and spine issues, including occasional stiffness and discomfort in the neck; discomfort in the shoulders, arms, or chest; tingling and pinprick sensations in the arms, hands, legs, or feet; numbness and weakness in the arms, hands, legs, or feet; popping sounds when moving the neck; muscle contractions: and headaches.

Entire package label

Uses

Temporarily relieves discomfort associated with neck and spine issues, including occasional stiffness and discomfort in the neck; discomfort in the shoulders, arms, or chest; tingling and pinprick sensations in the arms, hands, legs, or feet; numbness and weakness in the arms, hands, legs, or feet; popping sounds when moving the neck; muscle contractions; and headaches.

How to Use

Mix with half a cup of water 3-4 times per day. Ages 12 or older, 10 drops. Ages 12-2, 5 drops. Ages 2 and under, consult your Doctor.

NDC# 82969-2196-1
BATCH# 1234(Sample)



BESTMADE
NATURAL PRODUCTS

BM 196

Neck and
Spinal Pain*

Ingredients

Inactive: Alcohol Base to Preserve Remedy
Active Ingredients: Actaea racemosa D4+40C 0.10mL each (HPUS), Arnica mont D4+40C 0.10mL each (HPUS), Colocynthis D7+30C 0.10mL each (HPUS), Ginkgo biloba D10+100C 0.10mL each (HPUS), Lachnanthes D10+100C 0.10mL each (HPUS), Sanguinaria D10+100C 0.10mL each (HPUS)

Warnings and Storage:
Ask a professional before use if pregnant or breastfeeding or if you have severe symptoms. Keep away from children. If you have a reaction to this product that is not positive, discontinue use. Store in a cool and dry place.

***CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE, NOT FDA EVALUATED.**
This product is not intended to diagnose, treat, cure, or prevent any disease.



BESTMADE NATURAL PRODUCTS BM196

actaea racemosa, arnica mont, colocynthis, ginkgo biloba, lachnanthes, sanguinaria liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:82969-2196
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
LACHNANTHES CAROLINIANA WHOLE (UNII: 0E7SS2999Y) (LACHNANTHES CAROLINIANA WHOLE - UNII:0E7SS2999Y)	LACHNANTHES CAROLINIANA WHOLE	30 [hp_C] in 30 [hp_C]
SANGUINARIA CANADENSIS ROOT (UNII: N9288CD508) (SANGUINARIA CANADENSIS ROOT - UNII:N9288CD508)	SANGUINARIA CANADENSIS ROOT	30 [hp_C] in 30 [hp_C]
GINKGO (UNII: 19FUJ2C58T) (GINKGO - UNII:19FUJ2C58T)	GINKGO	30 [hp_C] in 30 [hp_C]
BLACK COHOSH (UNII: K73E24S6X9) (BLACK COHOSH - UNII:K73E24S6X9)	BLACK COHOSH	30 [hp_C] in 30 [hp_C]

CITRULLUS COLOCYNTHIS FRUIT PULP (UNII: 23H32AOH17) (CITRULLUS COLOCYNTHIS FRUIT PULP - UNII:23H32AOH17)		CITRULLUS COLOCYNTHIS FRUIT PULP	30 [hp_C] in 30 [hp_C]	
ARNICA MONTANA WHOLE (UNII: O80TY208ZW) (ARNICA MONTANA WHOLE - UNII:O80TY208ZW)		ARNICA MONTANA WHOLE	30 [hp_C] in 30 [hp_C]	
Inactive Ingredients				
Ingredient Name		Strength		
ALCOHOL (UNII: 3K9958V90M)		30 [hp_C] in 30 [hp_C]		
Product Characteristics				
Color	white (CLEAR LIQUID)	Score	no score	
Shape		Size	30mm	
Flavor	MINT (TASTELESS LIQUID)	Imprint Code		
Contains				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:82969-2196-1	30 [hp_C] in 1 BOTTLE, GLASS; Type 6: Drug/Biologic Combination	01/01/2015	
Marketing Information				
Marketing Category	Application Number or Monograph Citation		Marketing Start Date	Marketing End Date
unapproved homeopathic			01/01/2015	

Labeler - Bestmade Natural Products (047124582)

Establishment

Name	Address	ID/FEI	Business Operations
Total Operations Management LLC DBA: Bestmade Natural Products Micro		047124582	manufacture(82969-2196)

Revised: 2/2025

Bestmade Natural Products