

**EXTRA STRENGTH ACETAMINOPHEN PM- acetaminophen,
diphenhydramine tablet
BJWC (Berkley & Jensen / BJ's)**

BJs Acetaminophen 500 mg and Diphenhydramine HCl 25 mg Tablets

Drug Facts

Active ingredients (in each caplet)

Acetaminophen 500 mg

Diphenhydramine HCl 25 mg

Purpose

Pain reliever

Nighttime sleep aid

Uses temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy alert: acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist
- with any other product containing diphenhydramine, even one used on skin
- in children under 12 years of age
- if you have ever had an allergic reaction to this product or any of its ingredients

Ask a doctor before use if you have

- liver disease
- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland
- glaucoma

Ask a doctor or pharmacist before use if you are

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

When using this product

- drowsiness will occur
- avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery

Stop use and ask a doctor if

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur

These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Overdose warning: In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222). Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

Do not take more than directed. See overdose warning.

adults and children 12 years and over	<ul style="list-style-type: none"> • take 2 caplets at bedtime • do not take more than 2 caplets of this product in 24 hours
children under 12 years	do not use

Other information

- store between 20-25°C (68-77°F)

Inactive ingredients carnauba wax, colloidal silicon dioxide, FD&C blue#1 aluminum lake, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, povidone, pregelatinized starch, sodium starch glycolate**, stearic acid, talc, titanium dioxide

**may contain this ingredient

Questions or comments?

Call **1-877-290-4008**

COMPARE TO THE ACTIVE INGREDIENTS IN EXTRA STRENGTH TYLENOL® PM*

NDC 68391-430-50

500
CAPLETS

**EXTRA STRENGTH
ACETAMINOPHEN PM**
ACETAMINOPHEN 500mg,
DIPHENHYDRAMINE HCL 25mg

**PAIN RELIEVER
NIGHTTIME SLEEP AID
FOR ADULTS**

ACTUAL SIZE

500
CAPLETS*

(*CAPSULE-SHAPED TABLETS)

**TAMPER EVIDENT: DO NOT USE THIS PRODUCT IF THE IMPRINTED FOIL SEAL
OVER THE MOUTH OF THE BOTTLE IS CUT, TORN, BROKEN OR MISSING**

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Diphenhydramine HCl 25 mg.....	Nighttime sleep aid

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 ■ with other drugs containing acetaminophen
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Do not use

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- with any other product containing diphenhydramine, even one used on skin
- in children under 12 years of age
- if you have ever had an allergic reaction to this product or any of its ingredients

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- glaucoma

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Drug Facts (continued)

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Inactive ingredients

carnauba wax, colloidal silicon dioxide, FD&C blue #1 aluminum lake, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, povidone, pregelatinized starch, sodium starch glycolate**, stearic acid, talc, titanium dioxide
 **may contain this ingredient

Questions or comments? Call 1-877-290-4008

*This product is not manufactured or distributed by Kenvue Inc., owner of the registered trademark Extra Strength Tylenol® PM

Distributed by:
B & W Wholesale Co., Inc.
Machungton, MA 01762
800-838-CLUB

430R 0725

Every product comes with our
100% Money-Back Guarantee.
QUESTIONS?
CustomerCare@bjcs.com

B.# 342615

V00

LOT:
EXP: _____

Varnish Omit Area

EXTRA STRENGTH ACETAMINOPHEN PM

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:68391-430
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
TALC (UNII: 7SEV7J4R1U)	
SODIUM STARCH GLYCOLATE TYPE A CORN (UNII: AG9B65PV6B)	
STARCH, CORN (UNII: O8232NY3SJ)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
CARNAUBA WAX (UNII: R12CBM0EIZ)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
FD&C BLUE NO. 1 ALUMINUM LAKE (UNII: J9EQA3S2JM)	
POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
POVIDONE, UNSPECIFIED (UNII: FZ989GH94E)	

Product Characteristics

Color	blue	Score	no score
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Shape	OVAL	Size	18mm	
Flavor		Imprint Code	TCL430	
Contains				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:68391-430-50	500 in 1 BOTTLE; Type 0: Not a Combination Product	09/01/2025	
Marketing Information				
Marketing Category	Application Number or Monograph Citation		Marketing Start Date	Marketing End Date
OTC Monograph Drug	M013		09/01/2025	

Labeler - BJWC (Berkley & Jensen / BJ's) (159082692)

Registrant - TIME CAP LABORATORIES INC (037052099)

Establishment			
Name	Address	ID/FEI	Business Operations
TIME CAP LABORATORIES INC.		037052099	manufacture(68391-430)