

CITROMA- magnesium citrate liquid
Retail Business Services, LLC

Care One 166.000/166AA rev 1-AB
Lemon Magnesium Citrate

Active Ingredient (in each fl oz)

Magnesium citrate 1.745 g

Purpose

Saline laxative

uses

- for relief of occasional constipation (irregularity).
- Generally produces bowel movement in 1/2 to 6 hours

Warnings

for this product

Ask A Doctor before use if you have

- kidney disease
- a magnesium restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

Ask a doctor or pharmacist before use if you are

- taking any other drug.
- Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor if

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

If pregnant or breast-feeding,

ask health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Other information

Store at temperatures between 46° and 86°F (8° and 30°C)

Directions

- shake well before using
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses

adults and children 12 years of age and over - 6.5 to 10 fl oz maximum 10 fl oz in 24 hours

children 6 to under 12 years of age - 3 to 7 fl oz maximum 7 fl oz in 24 hours

children 2 to under 6 years of age - 2 to 3 fl oz maximum 3 fl oz in 24 hours

children under 2 years of age - ask a doctor

other information

- **each fl oz contains:** magnesium 290 mg
- **each fl oz contains:** sodium 1 mg

Inactive ingredients

benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water

Questions?

Call 1-833-992-3872

ADVERSE REACTION

DISTRIBUTED BY: ADUSA DISTRIBUTION, LLC SALISBURY, NC 27147

For product questions or concerns, contact us at 1-833-992-3872

Quality guaranteed or your money back.

Non-USP: Non-Carbonated, Non-Pasteurized; Contains Preservatives

principal display panel

CAREONE[®]

MAGNESIUM CITRATE

Saline Laxative

Lemon Flavor

DO NOT USE IF TAMPER EVIDENT TWIST-OFF CAP IS MISSING, BROKEN OR SEPARATED FROM NECKRING

NET 10 FL OZ (296 mL)

CAREone[®]

MAGNESIUM CITRATE

Saline Laxative

Lemon Flavor

NET 10 FL OZ (296mL)

Drug Facts
Active ingredient (in each fl oz) Purpose
Magnesium citrate 1.745 g Saline laxative

Uses ■ for relief of occasional constipation (irregularity).
■ Generally produces bowel movement in ½ to 6 hours

Warnings
Ask a doctor before use if you have
■ kidney disease ■ a magnesium restricted diet
■ abdominal pain, nausea, or vomiting
■ noticed a sudden change in bowel habits that persists over a period of 2 weeks
■ already used a laxative for a period longer than 1 week
Ask a doctor or pharmacist before use if you are
■ taking any other drug.
■ Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.
Stop use and ask a doctor if you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.
If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help

Drug Facts (continued)
or contact a Poison Control Center right away.
Store at temperatures between 46° and 86° F (8° and 30° C)

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CITROMA

magnesium citrate liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:72476-001
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM CITRATE (UNII: RHO26O1T9V) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CITRATE	1.745 g in 29.6 mL

Inactive Ingredients

Ingredient Name	Strength
BENZOIC ACID (UNII: 8SKN0B0MIM)	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
EDETATE DISODIUM ANHYDROUS (UNII: 8NLQ36F6MM)	

SUCRALOSE (UNII: 96K6UQ3ZD4)

WATER (UNII: 059QF0KO0R)

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:72476-001-38	296 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	02/18/2018	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	02/18/2018	

Labeler - Retail Business Services, LLC (967989935)

Registrant - Nice-Pak Products, LLC (119091520)

Establishment

Name	Address	ID/FEI	Business Operations
Nice-Pak Products, LLC		119091514	manufacture(72476-001)

Revised: 2/2026

Retail Business Services, LLC