# RUGBY CHEST CONGESTION RELIEF PE- guaifenesin/phenylephrine tablet Rugby Laboratories

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#### **DRUG FACTS**

**Active ingredient** - (per tablet)

Guaifenesin 400 mg

Phenylephrine HCl 10 mg

#### **Purpose**

Guaifenesin.....Expectorant

Phenylephrine HCl.....Nasal decongestant

#### Uses

Temporarily relieves symptoms associated with a cough ,the common cold, hay fever or other upper respiratory allergies.

- helps loosen phlegm (mucus)
- clear nasal passageways
- loosens nasal congestion
- drain bronchial tubes
- shrinks swollen membranes
- clears stuffy nose
- makes coughs more productive

# Warnings

# Do not exceed recommended dosage

#### Do not use

■ this product if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression,

psychiatric or emotional conditions, or Parkinson's Disease), or for 2 weeks after stopping the

MAOI drug. If you are uncertain whether your prescription drug contains an MAOI, ask a health

professional.

### Ask a doctor before use if you have

- heart disease
- high blood pressure
- thyroid disease
- diabetes
- excessive phlegm;mucus
- difficulty in urination due to an enlarged prostate gland
- persistent or chronic cough such as occurs with smoking,asthma,chronic bronchitis or emphysema

### Stop use and ask a doctor if

- nervousness, dizziness or sleeplessness occurs
- symptoms are accompanied by fever, rash, persistent headache or excessive phlegm (mucus)
- cough and congestion do not improve within 7 days or tend to recur.

These could be signs of a serious condition.

**If pregnant or breast-feeding**, ask a health professional before use.

**Keep out of the reach of children.** In case of overdose, get medical help or contact a Poison Control Center immediately.

#### **Directions**

- adults and children 12 years and over:
- take 1 caplet every 4 hours as needed
- children 6 to under 12 years:

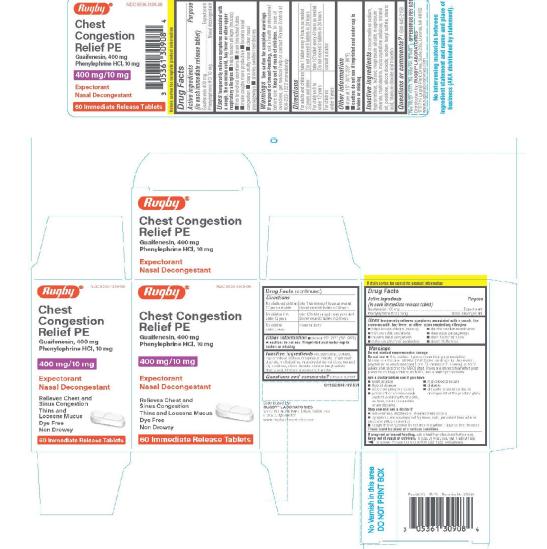
take 1/2 caplet every 4 hours as needed

■ children under 6 years: consult a doctor

Do not exceed 6 doses in a 24 hour period or as directed by a doctor.

### **Inactive ingredients**

lactose, magnesium silicate, croscarmellose sodium, hypromellose, magnesium stearate, maltodextrin, microcrystalline cellulose, mineral oil, povidone, silica, sodium lauryl sulfate, stearic acid, titanium dioxide and triacetin



#### **RUGBY CHEST CONGESTION RELIEF PE**

guaifenesin/phenylephrine tablet

Product Information				
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0536-1309	
Route of Administration	ORAL			

Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
Guaifenesin (UNII: 495W7451VQ) (Guaifenesin - UNII:495W7451VQ)	Guaifenesin	400 mg	
<b>PHENYLEPHRINE HYDROCHLORIDE</b> (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII: 1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	10 mg	

Inactive Ingredients			
Ingredient Name	Strength		
CROSCARMELLOSE SODIUM (UNII: M280L1HH48)			
LACTOSE (UNII: J2B2A4N98G)			
MALTODEXTRIN (UNII: 7CVR7L4A2D)			
MINERAL OIL (UNII: T5L8T28FGP)			
POVIDONE (UNII: FZ989GH94E)			
MAGNESIUM SILICATE (UNII: 9B9691B2N9)			
MAGNESIUM STEARATE (UNII: 70097M6I30)			
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)			

Product Characteristics			
Color	white	Score	2 pieces
Shape	OVAL	Size	17mm
Flavor		Imprint Code	PH043
Contains			

P	Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date	
1	NDC:0536- 1309-08	1 in 1 CARTON	09/09/2020		
1		60 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product			
2	NDC:0536- 1309-07	1 in 1 CARTON	09/09/2020		
2		30 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product			

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	09/09/2020	

# **Labeler -** Rugby Laboratories (079246066)

# **Registrant -** Reese Pharmaceutical Co (004172052)

Revised: 12/2024 Rugby Laboratories