

**FIBER THERAPY- methylcellulose powder, for solution**  
**Preferred Pharmaceuticals Inc.**

-----  
**MAJOR FIBER THERAPY ORANGE FLAVOR**

**Active ingredient (in each 19g adult dose/ rounded tablespoon)**

Methylcellulose 2g (a non-allergenic fiber)

**Purpose**

Bulk-forming fiber laxative

**Uses**

- relieves constipation (irregularity)
- helps to restore and maintain regularity
- for treating bowel disorders when recommended by a doctor
- generally provide effect in 12-72 hours

**Warnings**

**CHOKING: taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.**

**Ask a doctor before use if you have**

- abdominal pain, nausea or vomiting
- a sudden change in bowel habits that persists over a period of 2 weeks
- sensitivity to any of the ingredients

**Stop use and ask a doctor if**

- you have rectal bleeding
- you fail to have a bowl movement after use.
- These could be signs of a serious condition.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away at 1-800-222-1222.

**When using this product**

- do not exceed recommended maximum daily dose unless directed by a doctor

- do not use laxative products for a period longer than one week unless directed by a doctor

## Directions

- **MIX THIS PRODUCT (CHILD OR ADULT DOSE) WITH AT LEAST 8 OUNCES (A FULL GLASS) OF WATER OR OTHER FLUID. TAKING THIS PRODUCT WITHOUT ENOUGH LIQUID MAY CAUSE CHOKING. SEE CHOKING WARNING**
- use product at the first sign of constipation or irregularity
- put one dose in a full glass of cold water
- stir briskly and drink promptly
- drinking another glass of water is helpful

| Age   | Dose  |
|---|---|
| <b>adults &amp; children above 12 years of age and over</b> | one rounded tablespoon. (19 g) in 8 ounces of water fluid up to 3 times daily at the first sign of constipation or irregularity |
| <b>children 6 - 12 years of age</b>                         | half the adult dose in 8 ounces of water once daily.  |
| <b>children under 6 years of age</b>                        | ask a doctor  |

## Other information

- each adult dose contains approximately
- 3 mg of sodium
- 105 mg potassium
- contributes 60 calories from sucrose and sorbitol
- store at room temperature
- protect contents from humidity
- keep tightly closed

TAMPER EVIDENT: DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING

## Inactive ingredients

citric acid, FD&C yellow 6 aluminum lake, maltodextrin, flavor (natural and artificial), potassium citrate, silica, sucrose,

## Questions or comments?

**1-800-616-2471**

\*This product is not manufactured or distributed by GlaxoSmithKline the distributor of CITRUCEL®

Distributed by:

**MAJOR® PHARMACEUTICALS**

**17177 N Laurel Park Drive, Suite 233**

**Relabeled By: Preferred Pharmaceuticals Inc.**

Livonia, MI 48152, USA

**Relabeled By: Preferred Pharmaceuticals Inc.**

**DIRECTIONS FOR USE**



1. Fill glass with at least 8 ounces of cold water.



2. Add the adult or child dose listed in the directions. 3. Stir briskly until dissolved and drink promptly. Drinking an additional glass of water is helpful.

**Principal Display Panel**

NDC 68788-7995-4

Compare to the Active Ingredient in CITRUCEL<sup>®</sup>\*

**FIBER THERAPY**

**Methylcellulose**

**Easy to Mix No Gritty Texture**

**100% Soluble Fiber for Controlled Regularity**

**ORANGE FLAVOR**

NET WT 16 OZ (454 GRAMS)



| #                            | Item Code        | Package Description                                  | Date                        | Date                      |
|------------------------------|------------------|--|-----------------------------|---------------------------|
| 1                            | NDC:68788-7995-4 | 454 g in 1 BOTTLE; Type 0: Not a Combination Product | 08/09/2021                  |                           |
|                              |                  |  |                             |                           |
| <b>Marketing Information</b> |                  |  |                             |                           |
| <b>Marketing Category</b>    |                  | <b>Application Number or Monograph Citation</b>      | <b>Marketing Start Date</b> | <b>Marketing End Date</b> |
| OTC Monograph Drug           |                  | 334  | 08/09/2021                  |                           |

**Labeler** - Preferred Pharmaceuticals Inc. (791119022)

**Registrant** - Preferred Pharmaceuticals Inc. (791119022)

## Establishment

| Name                           | Address | ID/FEI    | Business Operations |
|--------------------------------|---------|-----------|---------------------|
| Preferred Pharmaceuticals Inc. |         | 791119022 | RELABEL(68788-7995) |

Revised: 5/2025

Preferred Pharmaceuticals Inc.