FIBER THERAPY- methylcellulose powder, for solution Preferred Pharmaceuticals Inc.

MAJOR FIBER THERAPY ORANGE FLAVOR

Active ingredient (in each 19g adult dose/ rounded tablespoon)

Methylcellulose 2g (a non-allergenic fiber)

Purpose

Bulk-forming fiber laxative

Uses

- relieves constipation (irregularity)
- helps to restore and maintain regularity
- for treating bowel disorders when recommended by a doctor
- generally provide effect in 12-72 hours

Warnings

CHOKING: taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

Ask a doctor before use if you have

- abdominal pain, nausea or vomiting
- a sudden change in bowel habits that persists over a period of 2 weeks
- sensitivity to any of the ingredients

Stop use and ask a doctor if

- · you have rectal bleeding
- you fail to have a bowl movement after use.
- These could be signs of a serious condition.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away at 1-800-222-1222.

When using this product

• do not exceed recommended maximum daily dose unless directed by a doctor

 do not use laxative products for a period longer than one week unless directed by a doctor

Directions

- MIX THIS PRODUCT (CHILD OR ADULT DOSE) WITH AT LEAST 8 OUNCES (A FULL GLASS) OF WATER OR OTHER FLUID. TAKING THIS PRODUCT WITHOUT ENOUGH LIQUID MAY CAUSE CHOKING. SEE CHOKING WARNING
- use product at the first sign of constipation or irregularity
- put one dose in a full glass of cold water
- stir briskly and drink promptly
- drinking another glass of water is helpful

Age	Dose	
adults & children above 12 years of age and over	one rounded tablespoon. (19 g) in 8 ounces of water fluid up to 3 times daily at the first sign of constipation or irregularity	
children 6 - 12 years of age	half the adult dose in 8 ounces of water once daily.	
children under 6 years of age	ask a doctor	

Other information

- each adult dose contains approximately
- 3 mg of sodium
- 105 mg potassium
- contributes 60 calories from sucrose and sorbitol
- store at room temperature
- protect contents from humidity
- keep tightly closed

TAMPER EVIDENT: DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING

Inactive ingredients

citric acid, FD&C yellow 6 aluminum lake, maltodextrin, flavor (natural and artificial), potassium citrate, silica, sucrose,

Questions or comments?

1-800-616-2471

*This product is not manufactured or distributed by GlaxoSmithKline the distributor of CITRUCEL®

Distributed by:

MAJOR® PHARMACEUTICALS

17177 N Laurel Park Drive, Suite 233

Relabeled By: Preferred Pharmaceuticals Inc.

Livonia, MI 48152, USA

Relabeled By: Preferred Pharmaceuticals Inc.

DIRECTIONS FOR USE



1. Fill glass with at least 8 ounces of cold water.



2. Add the adult or child dose listed in the directions. 3. Stir briskly until dissolved and drink promptly. Drinking an additional glass of water is helpful.

Principal Display Panel

NDC 68788-7995-4

Compare to the Active Ingredient in CITRUCEL®*

FIBER THERAPY

Methylcellulose

Easy to Mix No Gritty Texture

100% Soluble Fiber for Controlled Regularity

ORANGE FLAVOR

NET WT 16 OZ (454 GRAMS)

Fiber Therapy (Orange Flavored)

Generic for Citrucel®

Each rounded tablespoon (19g) contains: methylcellulose 2g (a non allergic fiber)...bulk forming laxative

Pkg Size: Exp Date: ##/##/#### Lot#: Batch#:

Ins: Mfg: Major Pharm.; Livonia, MI Prod#:

Warning
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midity. Keep lightly closed, faking this product
hout adequate fluid may cause it to swell and block
ir throat or expansus and may cause choking. But
take this product if you have the cut swell only in
take this product if you have the cut swell only. But
allowing or breathing after taking this product, seek
mediate medical attention. Keep out of reach of children.





Take as Directed Drink plenty of fluids while taking this Directions English

CAUTION: Federal law PROHIBITS transfer this drug to any person other than the patient for whom it was prescribed.



####### EXP ##/##/###

Tomelo como se indica Beba muchos liquidos al Instrucciones Espanol: tomar esta medicina

Fiber Therapy) Qty: Ins: Lot: Bat: Prod# (NDC):	(Orange Flavored	Log
Fiber Therapy) Qty: Ins: Lot: Bat: Prod# (NDC):	(Orange Flavored	Chart
Fiber Therapy) Qty: Insurance NDC: Lot: Bat:	(Orange Flavored	Billing
Fiber Therapy) Qty: Ins: Lot: Bat: Prod# (NDC):	(Orange Flavored	Patient

FIBER THERAPY

methylcellulose powder, for solution

Product Information

Product Type HUMAN OTC DRUG **Item Code (Source)** NDC:68788-7995(NDC:0904-5675)

Route of Administration ORAL

Active Ingredient/Active Moiety

Ingredient Name Basis of Strength Strength METHYLCELLULOSE (4000 MPA.S) (UNII: MRJ667KA5E) (METHYLCELLULOSE METHYLCELLULOSE 2 g (4000 MPA.S) - UNII:MRJ667KA5E) (4000 MPA.S) in 19 g

Inactive Ingredients		
Ingredient Name	Strength	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)		
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)		
MALTODEXTRIN (UNII: 7CVR7L4A2D)		
POTASSIUM CITRATE (UNII: EE90ONI6FF)		
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)		
SUCROSE (UNII: C151H8M554)		

Product Characteristics			
Color	ORANGE	Score	
Shape		Size	
Flavor	ORANGE	Imprint Code	
Contains			

Packaging			
# Hom Codo	Backago Doccrintian	Marketing Start	Marketing End

#	item code	Package Description	Date	Date
1	NDC:68788- 7995-4	454 g in 1 BOTTLE; Type 0: Not a Combination Product	08/09/2021	
Marketing Information				
	Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
0	TC Monograph Dru	ıg 334	08/09/2021	

Labeler - Preferred Pharmaceuticals Inc. (791119022)

Registrant - Preferred Pharmaceuticals Inc. (791119022)

Establishment				
Name	Address	ID/FEI	Business Operations	
Preferred Pharmaceuticals Inc.		791119022	RELABEL(68788-7995)	

Revised: 5/2025 Preferred Pharmaceuticals Inc.