

**FIBER CAPS - calcium polycarbophil tablet, film coated**  
**Guardian Drug Company**

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**Fiber-Caps**

**Active ingredient (in each caplet)**

Calcium polycarbophil 625 mg equivalent to 500 mg polycarbophil

**Purpose**

Bulk-forming laxative

**Uses**

relieves:

- constipation
- helps restore and maintain regularity
- promotes normal function of the bowel
- this product generally produces bowel movement in 12 to 72 hours

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center immediately.

**Warnings**

**Choking:** Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

**Ask a doctor before use if you have**

- abdominal pain, nausea or vomiting
- difficulty in swallowing
- a sudden change in bowel habits that persists over a period of 2 weeks

**Ask a doctor or pharmacist before use if you are**

taking any other drug. Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work

**When using this product**

- do not use for more than 7 days unless directed by a doctor
- do not take more than 8 caplets in a 24 hour period unless directed by a doctor

**Stop use and ask a doctor if**

- you experience chest pain, abdominal pain, nausea, vomiting, difficulty in breathing or

swallowing

- you fail to have a bowel movement after use
- rectal bleeding occurs

### **Directions**

- take this product (child or adult dose) with a full glass of water (8oz.) or other fluid. Taking this product without enough liquid may cause choking. See choking warning.
- dosage will vary according to diet, exercise, previous laxative use or severity of constipation
- continued use for 1 to 3 days is normally required to provide full benefit

adults and children over 12 years	2 caplets, 1 to 4 times a day
children under 12 years	ask a doctor

### **Other information**

- each caplet contains: calcium 135 mg
- do not use if printed seal under cap is torn or missing
- store at room temperature
- protect contents from moisture

### **Inactive ingredients**

calcium carbonate, caramel, colloidal silicon dioxide, crospovidone, hydroxypropyl methylcellulose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, sodium lauryl sulfate

### **Principal Display Panel**

Compare to the active ingredient in FIBERCON

NDC 53041-147-27

Stimulant Free

Fiber-Caps

Fiber Laxative

Calcium polycarbophil 625 mg

- Relieves constipation
- Helps Restore and Maintain Regularity

\*Compare to the active ingredient in FIBERCON<sup>®</sup> NDC 53041-147-27



Stimulant Free  
Fiber-Caps

Fiber Laxative

Calcium polycarbophil 625 mg

- Relieves Constipation
- Helps Restore and Maintain Regularity



90 CAPLETS

**WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food).

DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING.

**Drug Facts**

**Active ingredient (in each caplet) Purpose**  
Calcium polycarbophil 625 mg equivalent to 500 mg polycarbophil Stimulant free laxative

**Uses** ■ relieves occasional constipation  
■ this product generally produces bowel movement in 12 to 72 hours

**Warnings**  
Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing, if you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.  
Ask a doctor before use if you have  
■ abdominal pain, nausea or vomiting  
■ difficulty in swallowing  
■ a sudden change in bowel habits that persists over a period of 2 weeks

Ask a doctor or pharmacist before use if you are taking any other drug. Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work.

**When using this product**  
■ do not use for more than 7 days unless directed by a doctor  
■ do not take more than 8 caplets in a 24 hour period unless directed by a doctor

LOT:

EXP:



0 53041 14727 2

▶ Peel Here for Continuing Drug Facts

Stop Peeling Here

**Guardian Drug Company**  
2 Charles Court,  
Dayton, NJ 08810

MFR:53041  
REV:0419

**Drug Facts (continued)**

**Stop use and ask a doctor if**  
■ you experience chest pain, abdominal pain, nausea, vomiting, difficulty in breathing or swallowing  
■ you fail to have a bowel movement after use or have rectal bleeding. These could be signs of a serious condition.

**Keep out of the reach of children.** In case of overdose, get medical help or contact a Poison Control Center immediately.

**Directions** ■ Take this product (child or adult dose) with a full glass of water (8oz.) or other fluid. Taking this product without enough liquid may cause choking. See choking warning.  
■ dosage will vary according to diet, exercise, previous laxative use or severity of constipation ■ continued use for 1 to 3 days is normally required to provide full benefit

adults & children 12 years & over | 2 caplets, 1 to 4 times a day  
children under 12 years | ask a doctor

**Other information** ■ each caplet contains: calcium 135 mg ■ store at room temperature ■ protect contents from moisture

**Inactive ingredients** calcium carbonate, cannel, colloidal silicon dioxide, croscopolone, hydroxypropyl methylcellulose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, sodium lauryl sulfate.

†This product is not manufactured or distributed by Pfizer Consumer Healthcare, the distributor of Fibercon<sup>®</sup>.

## FIBER CAPS

calcium polycarbophil tablet, film coated

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:53041-147
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
CALCIUM POLYCARBOPHIL (UNII: 8F049NKY49) (POLYCARBOPHIL - UNII:W25LM17A4W)	CALCIUM POLYCARBOPHIL	625 mg

## Inactive Ingredients

Ingredient Name	Strength
<b>CALCIUM CARBONATE</b> (UNII: H0G9379FGK)	
<b>CARAMEL</b> (UNII: T9D99G2B1R)	
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>CROSPVIDONE</b> (UNII: 2S7830E561)	
<b>HYPROMELLOSES</b> (UNII: 3NXW29V3WO)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>SODIUM LAURYL SULFATE</b> (UNII: 368GB5141J)	

## Product Characteristics

<b>Color</b>	white (off white with black specks)	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	18mm
<b>Flavor</b>		<b>Imprint Code</b>	G147
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:53041-147-27	90 in 1 BOTTLE; Type 0: Not a Combination Product	07/15/2010	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	07/15/2010	

**Labeler** - Guardian Drug Company (119210276)

**Registrant** - Guardian Drug Company (119210276)

## Establishment

Name	Address	ID/FEI	Business Operations
Guardian Drug Company		119210276	manufacture(53041-147)