

**ALLERGY RELIEF- diphenhydramine hcl capsule, liquid filled**  
**Whole Foods Market, INC.**

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**Whole foods-Diphenhydramine Hydrochloride capsules, 25 mg-dye free**

***Active ingredient (in each capsule)***

Diphenhydramine HCl 25 mg

***Purpose***

Antihistamine

***Uses***

- temporarily relieves these symptoms due to hay fever or the other upper respiratory allergies:
- runny nose ■ sneezing ■ itching of the nose or throat ■ itchy, watery eyes

***Warnings***

- May cause excitability especially in children.
- May cause marked drowsiness; alcohol, sedatives, and tranquilizers may increase the drowsiness effect.

***Do not use***

- Do not use for children under 6 years of age ■ with any other product containing diphenhydramine, even one used on skin.

***Ask a doctor before use if you have***

- glaucoma ■ a breathing problem such as emphysema or chronic bronchitis ■ difficulty in urination due to enlargement of the prostate gland

***Ask a doctor or pharmacist before use***

if you are taking sedatives or tranquilizers.

***When using this product***

- avoid alcoholic beverages ■ be careful when driving a motor vehicle or operating machinery

**Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**

■ Do not use for children under 6 years of age ■ do not take more than 6 doses in 24 hours

adults and children 12 years and over	1 to 2 capsules
children 6 to under 12 years	1 capsule
children under 6 years	do not use this product for children under 6 years of age

**Other information**

- store at 20°C to 25°C (68°F to 77°F)
- avoid high humidity and excessive heat above 40°C (104°F).
- protect from light

**Inactive ingredients**

gelatin, glycerin, polyethylene glycol 400, propylene glycol, purified water, sorbitol sorbitan solution

**Questions or comments?**

call toll-free **1-888-235-2466**(Mon - Fri 9AM - 5PM EST)

**TAMPER EVIDENT: DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

**KEEP THIS CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION**

DISTRIBUTED BY: WHOLE FOODS MARKET | 550 BOWIE STREET, AUSTIN, TX 78703 | ©  
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**PRODUCT OF INDIA** | \*\* THIS PRODUCT IS NOT MANUFACTURED OR DISTRIBUTED BY  
THE OWNERS OF BENADRYL® ALLERGY LIQUI-GELS®

Mfg.Lic. No. : TN00002123

2122772

L0000952

R0125

**30's count**

**NDC 42681-0050-1**

**365**

**WHOLE FOODS MARKET**

**Antihistamine**

**Allergy Relief**

**Diphenhydramine HCl**

**Capsules USP, 25 mg**

**Sneezing | Runny nose**

**Itchy, Watery Eyes | Itchy Throat or Nose**

\*\* Compare to the Active Ingridient in

Benadryl<sup>®</sup> Allergy LIQUI-GELS<sup>®</sup>

**30**

**SOFTGELS\***

**\*liquid-filled capsules**



## ALLERGY RELIEF

diphenhydramine hcl capsule, liquid filled

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:42681-0050
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

## Inactive Ingredients

Ingredient Name	Strength
<b>SORBITAN</b> (UNII: 6O92ICV9RU)	
<b>GELATIN</b> (UNII: 2G86QN327L)	
<b>POLYETHYLENE GLYCOL 400</b> (UNII: B697894SGQ)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)	
<b>SORBITOL</b> (UNII: 506T60A25R)	

## Product Characteristics

<b>Color</b>	white (Clear)	<b>Score</b>	no score
<b>Shape</b>	CAPSULE	<b>Size</b>	17mm
<b>Flavor</b>		<b>Imprint Code</b>	DF25
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:42681-0050-1	1 in 1 CARTON	02/27/2025	
1		30 in 1 BOTTLE; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	02/27/2025	

**Labeler -** Whole Foods Market, INC. (196175616)

**Registrant -** Bionpharma Inc. (079637826)

## Establishment

Name	Address	ID/FEI	Business Operations
SOFTGEL HEALTHCARE PRIVATE LIMITED		675584180	manufacture(42681-0050)