

SLEEP STARTER TOPICAL PATCH, SLEEP PATCH- melatonin, valeriana officinalis patch
Zhejiang Longmed Medical Technology Co., Ltd.

SLEEP STARTER TOPICAL PATCH Sleep Patch

Melatonin

Valeriana Officinalis

Sleep Patch

1. For external use only. Avoid contact with eyes, mucous membranes, or broken skin.
2. Discontinue use immediately and seek medical attention if redness, itching, or other allergic reactions occur.
3. Use with caution when combining with sleep aids or alcohol.
4. Do not apply the patch to facial areas or non-recommended body parts.

KEEP OUT OF REACH OF CHILDREN SECTION

1. Remove the patch from its packaging.
 2. Apply it to a dry and hairless area on your body(abdomen, chest, arm, or back area) and gently press.
 3. It can also be cut into the appropriate size for use according to the needs.
1. Apply the patch 30 minutes to 1 hour before bedtime for optimal effectiveness.
 2. Clean the skin thoroughly before application to remove oils or cosmetic residues.
 3. If the edges of the patch lift, gently press to ensure adhesion.

Magnesium

Tryptophan

Humulus Lupulus

5-HTP

Active ingredients Melatonin, Valeriana Officinalis	
Directions 1. Remove the patch from its packaging. 2. Apply it to a dry and hairless area on your body(abdomen, chest, arm,or back area) and gently press. 3. It can also be cut into the appropriate size for use according to the needs.	
Tips 1. Apply the patch 30 minutes to 1 hour before bedtime for optimal effectiveness. 2. Clean the skin thoroughly before application to remove oils or cosmetic residues. 3. If the edges of the patch lift, gently press to ensure adhesion.	
Warnings 1. For external use only. Avoid contact with eyes, mucous membranes, or broken skin. 2. Discontinue use immediately and seek medical attention if redness, itching, or other allergic reactions occur. 3. Use with caution when combining with sleep aids or alcohol. 4. Do not apply the patch to facial areas or non-recommended body parts.	
Other information store away from light and heat.	
Manufacturer Zhejiang Longmed Medical Technology Co., Ltd.	
Shelf life 3 years MADE IN CHINA	
NET CONTENTS: LOT: EXP:	

SLEEP STARTER TOPICAL PATCH, SLEEP PATCH

melatonin, valeriana officinalis patch

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:84534-005
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MELATONIN (UNII: JL5DK93RCL) (MELATONIN - UNII:JL5DK93RCL)	MELATONIN	0.08 mg
VALERIANA OFFICINALIS WHOLE (UNII: FP6O7F1X9R) (VALERIANA OFFICINALIS	VALERIANA OFFICINALIS	5.12 mg

WHOLE - UNII:FP6O7F1X9R)			WHOLE	0.12 mg
Inactive Ingredients				
Ingredient Name			Strength	
TRYPTOPHAN (UNII: 8DUH1N11BX)				
HUMULUS LUPULUS WHOLE (UNII: 912A6Q1N4A)				
5-HYDROXYTRYPTOPHAN, DL- (UNII: 9181P3OI6N)				
MAGNESIUM (UNII: I38ZP9992A)				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:84534-005-20	20 in 1 BOX; Type 0: Not a Combination Product	04/10/2025	
2	NDC:84534-005-30	30 in 1 BOX; Type 0: Not a Combination Product	04/10/2025	
3	NDC:84534-005-40	40 in 1 BOX; Type 0: Not a Combination Product	04/10/2025	
4	NDC:84534-005-50	50 in 1 BOX; Type 0: Not a Combination Product	04/10/2025	
Marketing Information				
Marketing Category	Application Number or Monograph Citation		Marketing Start Date	Marketing End Date
OTC Monograph Drug	505G(a)(3)		04/10/2025	

Labeler - Zhejiang Longmed Medical Technology Co., Ltd. (554468373)

Establishment			
Name	Address	ID/FEI	Business Operations
Zhejiang Longmed Medical Technology Co., Ltd.		554468373	manufacture(84534-005)

Revised: 4/2025

Zhejiang Longmed Medical Technology Co., Ltd.