#### IBUPROFEN- ibuprofen capsule, liquid filled OUR FAMILY (Nash Finch Company)

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#### **Drug Facts**

### Active ingredient (in each capsule)

Solubilized ibuprofen equal to 200 mg ibuprofen (NSAID)\* (present as the free acid and potassium salt)

## \*nonsteroidal anti-inflammatory drug

#### Purpose

### Pain reliever/fever reducer

### Uses

- temporarily relieves minor aches and pains due to:
  - headache
  - muscle aches
  - minor pain of arthritis
  - toothache
  - backache
  - the common cold
  - menstrual cramps
- temporarily reduces fever

## Warnings

**Allergy alert:** Ibuprofen may cause a severe allergic reaction, especially in people allergic to aspirin. Symptoms may include:

- hives
- facial swelling
- asthma (wheezing)
- shock
- skin reddening
- rash
- blisters

If an allergic reaction occurs, stop use and seek medical help right away.

**Stomach bleeding warning:** This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you:

- are age 60 or older
- have had stomach ulcers or bleeding problems
- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)
- have 3 or more alcoholic drinks every day while using this product
- take more or for a longer time than directed

### Do not use

- if you have ever had an allergic reaction to any other pain reliever/fever reducer
- right before or after heart surgery

# Ask a doctor before use if

- the stomach bleeding warning applies to you
- you have problems or serious side effects from taking pain relievers or fever reducers
- you have a history of stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, kidney disease or asthma
- you are taking a diuretic

# Ask a doctor or pharmacist before use if you are

- under a doctor's care for any serious condition
- taking aspirin for heart attack or stroke, because ibuprofen may decrease this benefit of aspirin
- taking any other drug

# When using this product

- take with food or milk if stomach upset occurs
- the risk of heart attack or stroke may increase if you use more than directed or for longer than directed

# Stop use and ask a doctor if

- you experience any of the following signs of stomach bleeding:
  - feel faint
  - vomit blood
  - have bloody or black stools
  - have stomach pain that does not bet better
- pain gets worse or last more than 10 days
- fever gets worse or last more than 3 days
- redness or swelling is present in the painful area
- any new symptoms appear

# If pregnant or breast-feeding,

ask a health professional before use. It is especially important not to use ibuprofen during the last 3 months of pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery.

## Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

## Directions

- do not take more than directed
- the smallest effective dose should be used
- adults and children 12 years and over:
  - take 1 capsule every 4 to 6 hours while symptoms persist
  - if pain or fever does not respond to 1 capsule, 2 capsules may be used
  - do not exceed 6 capsules in 24 hours, unless directed by a doctor
- children under 12 years: ask a doctor

#### Other information

- each capsule contains: **potassium 20 mg**
- read all warnings and directions before use. Keep carton.
- store at 20° to 25°C (68° to 77°F)
- avoid excessive heat above 40°C (104°F). Protect from light.

#### **Inactive ingredients**

FD&C blue #1, gelatin, pharmaceutical ink, polyethylene glycol, potassium hydroxide, purified water, sorbitan, sorbitol

### Questions or comments?

Call 1-877-753-3935 Monday-Friday 9AM-5PM EST

## **Principal Display Panel**

*†Compare to the active ingredient in Advil*® *Liqui-Gels*®

## **IBUPROFEN**

CAPSULES, 200 MG

PAIN RELIEVER/FEVER REDUCER (NSAID)

Liquid Filled Softgels

SOFTGELS\*\*

(\*\*Liquid filled capsules)

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7600 FRANCE AVE S, MPLS, MN 55435

www.ourfamilyfoods.com

<sup>†</sup>This product is not manufactured or distributed by Pfizer Consumer Healthcare, owner of the registered trademark Advil® Liqui-Gels®.

KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.

DO NOT USE IF TAMPER-EVIDENT SEAL UNDER BOTTLE CAP IMPRINTED WITH "SEALED FOR YOUR PROTECTION" IS BROKEN OR MISSING.

**Package Labeling** 



Our Family Ibuprofen 200 mg Softgel

IBUPROFEN							
ibuprofen capsule, liquid filled							
Product Information							
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:70253-199				
Route of Administration	ORAL						

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						of Strength	Strength	
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Inactive Ingredien	its							
Ingredient Name						5	Strength	
FD&C BLUE NO.1 (UN	II: H3R471	K3TBD)						
GELATIN (UNII: 2G86Q	N327L)							
POLYETHYLENE GLY	COLS (U	UNII: 3WJQ0SD	W1A)					
PO TASSIUM HYDRO X	IDE (UNII	I: WZH3C48 M4	-T)					
WATER (UNII: 059QF0F	KO0R)							
SORBITAN (UNII: 6092	ICV9RU)	)						
SORBITOL (UNII: 5067	60A25R)	)						
Product Character	ristics							
Color		BLUE	Score			no score		
Shape		OVAL	Size	2		19 mm	19 mm	
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**Registrant** - P and L Development of New York Corporation (800014821)

Revised: 5/2013