

**REST SIMPLY- diphenhydramine hcl tablet, film coated**  
**GREAT LAKES WHOLESALE, MARKETING, & SALES, INC.**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Healthcare 44-367**

***Active ingredient***  
***(in each caplet)***

Diphenhydramine HCl 25 mg

***Purpose***

Nighttime sleep-aid

***Uses***

- for relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

***Warnings***

**Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- difficulty in urination due to enlargement of the prostate gland
- glaucoma

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers.

**When using this product**

avoid alcoholic beverages

**Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

**If pregnant or breast feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away.

***Directions***

- **do not take more than directed**
- adults and children 12 years and over: take 2 caplets at bedtime if needed or as directed by a doctor
- children under 12 years: do not use

***Other information***

- **each caplet contains:** calcium 30 mg
- **TAMPER EVIDENT: DO NOT USE IF OUTER PACKAGE IS OPENED OR BLISTER IS TORN OR BROKEN**
- protect from moisture
- store 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)
- see end flap for expiration date and lot number

***Inactive ingredients***

corn starch, dibasic calcium phosphate dihydrate, FD&C blue #1 aluminum lake, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, silicon dioxide, stearic acid, talc, titanium dioxide

***Questions or comments?***

**Call 1-800-426-9391**

***Principal Display Panel***

**HEALTHCARE™**

NDC 64092-012-24

***\*Compare to the active ingredient  
in Simply Sleep®***

**Rest Simply**

*Diphenhydramine Hydrochloride 25 mg*

**Night Time Sleep Aid**

*For relief of occasional sleeplessness*

- *non habit forming*
- *contains no pain reliever*

**24 CAPLETS**

**TAMPER EVIDENT: DO NOT USE IF PACKAGE IS OPENED OR IF BLISTER UNIT IS TORN, BROKEN OR SHOWS ANY SIGNS OF TAMPERING**

*\*This product is not manufactured or distributed by McNeil Consumer Healthcare, owner of the registered trademark Simply Sleep®.*

50844 REV1019E36708

Distributed by: Great Lakes Wholesale & Marketing L.L.C.  
3729 Patterson Ave., S.E., Grand Rapids, MI 49512  
www.glwholesale.com

**HEALTHCARE GUARANTEE**

**If you are not completely satisfied with this product, regardless of reason, return your unused portion to Great Lakes Wholesale for a full refund**

HEALTHCARE

Rest Simply 24 CAPLETS

HEALTHCARE

NDC 64092-012-24

\*Compare to the active ingredient in Simply Sleep®

# Rest Simply

## Diphenhydramine Hydrochloride 25 mg

### Night Time Sleep Aid

For relief of occasional sleeplessness

- non habit forming
- contains no pain reliever

ACTUAL SIZE



24 CAPLETS

HEALTHCARE  
Rest Simply 24 CAPLETS

No print/No varnish  
Lot & Exp date

TAMPER EVIDENT: DO NOT  
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OR IF BLISTER UNIT IS TORN,  
BROKEN OR SHOWS ANY  
SIGNS OF TAMPERING

P-0616-367-08  
REV1019E36708



HEALTHCARE GUARANTEE  
If you are not completely satisfied with this product, regardless of reason, return your unused portion to Great Lakes Wholesale for a full refund

This product is not manufactured or distributed by Johnson & Johnson Corporation, owner of the registered trademark Simply Sleep®, 50844 REV1019E36708  
Distributed by: Great Lakes Wholesale & Marketing L.L.C., 3729 Patterson Ave., S.E., Grand Rapids, MI 49512  
www.glw.com

#### Questions or comments? Call 1-800-426-9391

**Inactive ingredients:** corn starch, dibasic calcium phosphate dihydrate, FD&C blue #1 aluminum lake, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, silicon dioxide, stearic acid, talc, titanium dioxide

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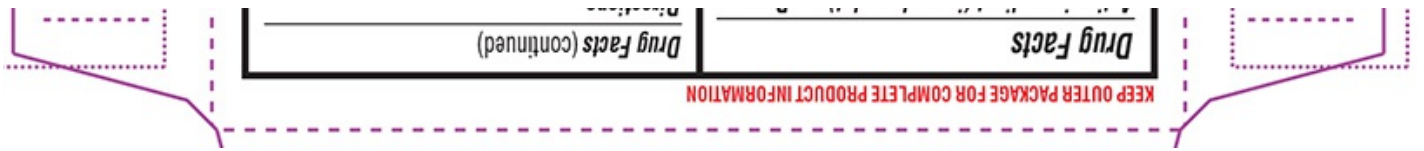
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■ each caplet contains: calcium 30 mg  
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**Active ingredient (in each caplet)** Diphenhydramine HCl 25 mg ..... Nighttime sleep-aid

**Uses** ■ for relief of occasional sleeplessness  
■ reduces time to fall asleep if you have difficulty falling asleep

**Warnings**  
Do not use  
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■ with any other product containing diphenhydramine, even one used on skin  
Ask a doctor before use if you have  
■ a breathing problem such as emphysema or chronic bronchitis ■ glaucoma  
■ difficulty in urination due to enlargement of the prostate gland  
Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers.  
When using this product avoid alcoholic beverages.  
Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.  
If pregnant or breast-feeding, ask a health professional before use.  
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.



Healthcare 44-367

## REST SIMPLY

diphenhydramine hcl tablet, film coated

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:64092-012
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

### Inactive Ingredients

Ingredient Name	Strength
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TALC (UNII: 7SEV7J4R1U)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
STARCH, CORN (UNII: O8232NY3SJ)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
ANHYDROUS DIBASIC CALCIUM PHOSPHATE (UNII: L11K75P92J)	
POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990)	

### Product Characteristics

<b>Color</b>	BLUE	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	11mm
<b>Flavor</b>		<b>Imprint Code</b>	44;367
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:64092-012-24	2 in 1 CARTON	06/10/2000	
1		12 in 1 BLISTER PACK; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH FINAL	part338	06/10/2000	

**Labeler** - GREAT LAKES WHOLESAL, MARKETING, & SALES, INC. (361925498)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867894	MANUFACTURE(64092-012)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		038154464	PACK(64092-012)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		868734088	MANUFACTURE(64092-012) , PACK(64092-012)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867837	PACK(64092-012)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		967626305	PACK(64092-012)

Revised: 12/2019

GREAT LAKES WHOLESAL, MARKETING, & SALES, INC.