

FIBER THERAPY - calcium polycarbophil tablet
Wal-Mart Stores, Inc.

Equate Fiber Therapy

ACTIVE INGREDIENT (in each caplet)

Calcium polycarbophil 625 mg equivalent to 500 mg polycarbophil

PURPOSE

Bulk-forming laxative

USE(S)

- relieves occasional constipation
- this product generally produces bowel movement in 12 to 72 hours

WARNINGS

Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

ASK A DOCTOR BEFORE USE IF YOU HAVE

- abdominal pain, nausea or vomiting
- difficulty in swallowing
- a sudden change in bowel habits that persists over a period of 2 weeks

ASK A DOCTOR OR PHARMACIST BEFORE USE IF YOU ARE

taking any other drug. Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work.

WHEN USING THIS PRODUCT

- do not use for more than 7 days unless directed by a doctor
- do not take more than 8 caplets in a 24 hour period unless directed by a doctor

STOP USE AND ASK DOCTOR IF

- you experience chest pain, abdominal pain, nausea, vomiting, difficulty in breathing or swallowing
- you fail to have a bowel movement after use or have rectal bleeding.

These could be signs of a serious condition.

KEEP OUT OF REACH OF CHILDREN

In case of over dose, get medical help or contact a Poison Control Center right away

DIRECTIONS

- take this product (child or adult dose) with a full glass of water (8oz.) or other fluid. Taking this product without enough liquid may cause choking. See choking warning.
- dosage will vary according to diet, exercise, previous laxative use or severity of constipation
- continued use for 1 to 3 days is normally required to provide full benefit

adults and children 12 years and over	2 caplets, 1 to 4 times a day
children under 12 years	ask a doctor

OTHER INFORMATION

- **each caplet contains:** calcium 135 mg
- do not use if printed seal under cap is torn or missing
- store at room temperature
- protect contents from moisture

INACTIVE INGREDIENTS

calcium carbonate, caramel, colloidal silicon dioxide, crospovidone, hydroxypropyl methylcellulose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, sodium lauryl sulfate.

PRINCIPAL DISPLAY PANEL

NDC 49035-147-94

equate

compare to Fibercon Active Ingredient

Fiber

Therapy
 Calcium Polycarbophil
 Bulk-Forming Laxative for Regularity

- Gentle enough for everyday use
- Just as effective as fiber powders

625 mg
 140 CAPLETS

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING.

Drug Facts

Active ingredient (in each caplet)
 Calcium polycarbophil 625 mg equivalent to 500 mg polycarbophil Bulk-forming laxative

Uses ■ relieves occasional constipation

■ this product generally produces bowel movement in 12 to 72 hours

Warnings

Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

Ask a doctor before use if you have

- abdominal pain, nausea or vomiting
- difficulty in swallowing
- a sudden change in bowel habits that persists over a period of 2 weeks

Ask a doctor or pharmacist before use if you are taking any other drug. Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work.

When using this product

- do not use for more than 7 days unless directed by a doctor
- do not take more than 8 caplets in a 24-hour period unless directed by a doctor

Stop use and ask a doctor if

- you experience chest pain, abdominal pain, nausea, vomiting, difficulty in breathing or swallowing
- you fail to have a bowel movement after use or have rectal bleeding.

These could be signs of a serious condition.

LOT: 38157

EXP: 6 81131 69995 2

▶ Peel Here for Continuing Drug Facts

Drug Facts (continued)

Keep out of the reach of children. In case of overdose, get medical help or contact a Poison Control Center immediately.

Directions ■ take this product (child or adult dose) with a full glass of water (8oz.) or other fluid. Taking this product without enough liquid may cause choking. See choking warning. ■ dosage will vary according to diet, exercise, previous laxative use or severity of constipation ■ continued use for 1 to 3 days is normally required to provide full benefit

adults and children 12 years and over	2 caplets, 1 to 4 times a day
children under 12 years	ask a doctor

Other information ■ each caplet contains: calcium 135 mg

- do not use if printed seal under cap is torn or missing
- store at room temperature ■ protect contents from moisture

Inactive ingredients calcium carbonate, carmellose, calcium silicon dioxide, croscollon, hydroxypropyl methylcellulose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, sodium lauryl sulfate.

Satisfaction guaranteed - Or we'll replace it or give you your money back. For questions or comments or to report an undesired reaction or side effect, please call 1-888-287-1915.

DISTRIBUTED BY: Walmart Inc., Bentonville, AR 72716
 *This product is not manufactured or distributed by Pfizer Consumer Healthcare, owner of the registered trademark FiberCon®.
 MFR# 53041 REV 0419

Stop Peeling Here

FIBER THERAPY

calcium polycarbophil tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:49035-147
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
CALCIUM POLYCARBOPHIL (UNII: 8F049NKY49) (POLYCARBOPHIL - UNII:W25LM17A4W)	CALCIUM POLYCARBOPHIL	625 mg

Inactive Ingredients

Ingredient Name	Strength
CALCIUM CARBONATE (UNII: H0G9379FGK)	
CAMEL (UNII: T9D99G2B1R)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
CROSPVIDONE, UNSPECIFIED (UNII: 2S7830E561)	
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
SODIUM LAURYL SULFATE (UNII: 368GB5141J)	

Product Characteristics

Color	WHITE (Off white)	Score	no score
Shape	CAPSULE	Size	18mm
Flavor		Imprint Code	G147
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:49035-147-94	140 in 1 BOTTLE; Type 0: Not a Combination Product	11/01/2013	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	11/01/2013	

Labeler - Wal-Mart Stores, Inc. (051957769)

Establishment

Name	Address	ID/FEI	Business Operations
Guardian Drug Company		119210276	MANUFACTURE(49035-147)

Revised: 12/2024

Wal-Mart Stores, Inc.