

**NIGHTTIME SLEEP AID- diphenhydramine hcl capsule, liquid filled**  
**ASCENT CONSUMER PRODUCTS, INC**

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**Nighttime Sleep-Aid**

**Active ingredient (in each softgel)**

Diphenhydramine HCl 25 mg

**Purpose**

Nighttime sleep-aid

**Uses**

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

**Warnings**

Do not use

for children under 12 years of age

with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

a breathing problem such as emphysema or chronic bronchitis

glaucoma

difficulty in urination due to enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are

taking sedative or tranquilizers

When using this product avoid alcoholic beverages

Keep out of reach of children

**Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to an enlargement of the prostate gland

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers

**When using this product**

- avoid alcoholic beverages

**Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Ask a doctor or pharmacist before use if you are**

taking sedative or tranquilizers

**Ask a doctor before use if you have**

a breathing problem such as emphysema or chronic bronchitis

glaucoma

difficulty in urination due to enlargement of the prostate gland

**if pregnant or breast feeding**

ask a health professional before use

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

**Directions**

- take only one dose per day (24 hours)- see overdose warning

1. adults & children 12 yrs & over	2 25mg softgels(50mg) at bedtime if needed or as directed by a doctor
1. children under 12 yrs	do not use

**Other information**

- store at 20-25 °C (68-77 °F)
- avoid excessive heat above 40 °C (104 °F)
- protect from light

**Inactive ingredients**

edible dye free ink, gelatin, glycerin, polyethylene glycol, purified water, sorbitol

Questions or comments?

1-800-719-9260

Questions ?

1-888-547-5492

Other Information- Storage

Store at no greater than 25 degree C  
avoid excessive heat above 40 degree C  
protect from light

Package/Label Principal Display Panel

Non-Habit Forming

Sleepinal®

NIGHTTIME SLEEP-AID

Diphenhydramine HCl 25 mg

Fall Asleep Fast  
Wake Up Refreshed

DYE-FREE

120 SoftGels

Drug Facts

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Warnings

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Ask a doctor before use if you have

■ a breathing problem such as emphysema or chronic bronchitis

■ glaucoma

■ difficulty in urination due to enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are taking

sedative or tranquilizers

When using this product

avoid alcoholic beverages.

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

Drug Facts (Continued on inside)

Distributed by:

Ascent Consumer Products

Melville, NY 11747 ©2024

ACP#40-59025-201-01

Peel here

Drug Facts (Continued)

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. Overdose Warning:

Taking more than directed can cause serious health problems. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

■ take only one dose per day (24 hours) - see Overdose warning

adults and children 12 years and over:

ONE dose = TWO 25mg softgels (50mg) at bedtime if needed or as directed by a doctor

Other information

■ store at no greater than 25°C (77°F) ■ avoid excessive heat above 40°C (104°F) ■ protect from light

Inactive Ingredients

gelatin, glycerin, polyethylene glycol, purified water, sorbitol. Capsules are imprinted with edible dye-free ink.

Questions?

1-888-547-5492



## NIGHTTIME SLEEP AID

diphenhydramine hcl capsule, liquid filled

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:42829-925
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

## Inactive Ingredients

Ingredient Name	Strength
<b>GELATIN, UNSPECIFIED</b> (UNII: 2G86QN327L)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SORBITOL</b> (UNII: 506T60A25R)	

## Product Characteristics

<b>Color</b>	white (Clear Transparent)	<b>Score</b>	score with uneven pieces
<b>Shape</b>	CAPSULE (oblong)	<b>Size</b>	6mm
<b>Flavor</b>		<b>Imprint Code</b>	S25
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:42829-925-20	120 in 1 BOTTLE; Type 0: Not a Combination Product	05/16/2025	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	05/16/2025	

**Labeler** - ASCENT CONSUMER PRODUCTS, INC (078396381)

Revised: 5/2025

ASCENT CONSUMER PRODUCTS, INC