

NIGHTTIME SLEEP AID- diphenhydramine hcl capsule, liquid filled
ASCENT CONSUMER PRODUCTS, INC

Nighttime Sleep-Aid

Active ingredient (in each softgel)

Diphenhydramine HCl 50 mg

Purpose

Nighttime sleep-aid

Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

for children under 12 years of age

with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

a breathing problem such as emphysema or chronic bronchitis

glaucoma

difficulty in urination due to enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are

taking sedative or tranquilizers

When using this product avoid alcoholic beverages

Keep out of reach of children

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to an enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers

When using this product

- avoid alcoholic beverages

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Ask a doctor or pharmacist before use if you are

taking sedative or tranquilizers

Ask a doctor before use if you have

a breathing problem such as emphysema or chronic bronchitis

glaucoma

difficulty in urination due to enlargement of the prostate gland

if pregnant or breast feeding

ask a health professional before use

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

Directions

- take only one dose per day (24 hours)- see overdose warning

1. adults & children 12 yrs & over	1 softgel(50mg) at bedtime if needed or as directed by a doctor
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Other information

- store at 20-25 °C (68-77 °F)
- avoid excessive heat above 40 °C (104 °F)
- protect from light

Inactive ingredients

edible dye free ink, gelatin, glycerin, polyethylene glycol, purified water, sorbitol

Questions or comments?

1-800-719-9260

Questions ?

1-888-547-5492

Other Information- Storage

Store at no greater than 25 degree C
avoid excessive heat above 40 degree C
protect from light

Package/Label Principal Display Panel

Non-Habit Forming

Sleepinal[®]

MAXIMUM STRENGTH

NIGHTTIME SLEEP-AID

Diphenhydramine HCl 50 mg

Fall Asleep Fast
Wake Up Refreshed

DYE-FREE

120 SoftGels

Drug Facts

Active Ingredient (in each softgel)

Diphenhydramine HCl 50 mg Nighttime sleep-aid

Uses

■ for relief of occasional sleeplessness

■ reduce time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

■ for children under 12 years of age

■ with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

■ a breathing problem such as emphysema or chronic bronchitis

■ glaucoma

■ difficulty in urination due to enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are taking

sedative or tranquilizers

Drug Facts (Continued on inside)

Distributed by:
Ascent Consumer Products
Melville, NY 11747 ©2024
ACF#40-90050-201-01

Peel here

Drug Facts (Continued)

When using this product

■ avoid alcoholic beverages.

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children. Overdose Warning:

Taking more than directed can cause serious health problems. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

■ adults and children 12 years and over:

1 softgel (50mg) at bedtime if needed or as directed by a doctor

Other information

■ store at no greater than 25°C (77°F)

■ avoid excessive heat above 40°C (104°F)

■ protect from light

Inactive Ingredients

gelatin, glycerin, polyethylene glycol, purified water, sorbitol. Capsules are imprinted with edible dye-free ink.

Questions?

1-888-547-5492



NIGHTTIME SLEEP AID

diphenhydramine hcl capsule, liquid filled

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:42829-950
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg

Inactive Ingredients

Ingredient Name	Strength
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GELATIN, UNSPECIFIED (UNII: 2G86QN327L)				
GLYCERIN (UNII: PDC6A3C0OX)				
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)				
WATER (UNII: 059QF0KO0R)				
SORBITOL (UNII: 506T60A25R)				
Product Characteristics				
Color	white (Clear Transparent)	Score	score with uneven pieces	
Shape	CAPSULE (Oval)	Size	7mm	
Flavor		Imprint Code	S50	
Contains				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:42829-950-20	120 in 1 BOTTLE; Type 0: Not a Combination Product	05/16/2025	
Marketing Information				
Marketing Category		Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug		M010	05/16/2025	

Labeler - ASCENT CONSUMER PRODUCTS, INC (078396381)

Revised: 5/2025

ASCENT CONSUMER PRODUCTS, INC