

**NIGHTTIME SLEEP-AID- diphenhydramine hcl capsule, liquid filled
Whole Foods Market, INC.**

whole foods-Diphenhydramine HCl Capsules, 50 mg dye free

Active ingredient (in each capsule)

Diphenhydramine HCl 50 mg

Purpose

Nighttime sleep-aid

Uses

■ for relief of occasional sleeplessness ■ reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin.

Ask a doctor before use if you have

- glaucoma ■ a breathing problem such as emphysema or chronic bronchitis
- difficulty in urination due to enlargement of the prostate gland

Ask a doctor or pharmacist before use

if you are taking sedatives or tranquilizers.

When using this product

- avoid alcoholic beverages ■ be careful when driving a motor vehicle or operating machinery

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks, consult your doctor. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

■ **Adults and children 12 years of age and over:** One softgel (50 mg) at bedtime if needed, or as directed by a doctor.

■ swallow whole; do not crush, chew, or dissolve

Other information

■ store at 20°C to 25°C (68°F to 77°F) ■ avoid high humidity and excessive heat above 40°C (104°F).

■ protect from light

Inactive ingredients

gelatin, glycerin, polyethylene glycol 400, polyethylene glycol 600, propylene glycol, purified water, sorbitol sorbitan solution

Questions or comments?

call toll-free **1-888-235-2466 (Mon - Fri 9AM - 5PM EST)**

DO NOT USE IF TAMPER-EVIDENT SEAL UNDER BOTTLE CAP IS BROKEN OR MISSING.

READ AND KEEP CARTON FOR COMPLETE WARNINGS AND INFORMATION

DISTRIBUTED BY: WHOLE FOODS MARKET | 550 BOWIE STREET, AUSTIN, TX 78703

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PRODUCT OF INDIA **THIS PRODUCT IS NOT MANUFACTURED OR DISIRIBUTED BY THE OWNERS OF UNISOM® SLEEPGELS®

L0000950 R0125

Mfg. Lic. No.: TN00002123

Lot No.:

Exp. Date:

32s count

NDC 42681-0051-1

365

WHOLE FOODS

MARKET

Nighttime

Sleep-Aid

Diphenhydramine HCl

Capsules USP, 50 mg

Maximum Strength

Fall asleep fast & Sleep Soundly

safe, non habit-forming

****Compare to the Active Ingredient in Unisom® SleepGels®**

One softgel per dose

32

SOFTGELS*

***Liquid-filled capsules**



NIGHTTIME SLEEP-AID

diphenhydramine hcl capsule, liquid filled

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:42681-0051
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
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DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg
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Inactive Ingredients

Ingredient Name	Strength
POLYETHYLENE GLYCOL 600 (UNII: NL4J9F21N9)	
SORBITAN (UNII: 6O92ICV9RU)	
GELATIN (UNII: 2G86QN327L)	
POLYETHYLENE GLYCOL 400 (UNII: B697894SGQ)	
WATER (UNII: 059QF0KO0R)	
GLYCERIN (UNII: PDC6A3C0OX)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
SORBITOL (UNII: 506T60A25R)	

Product Characteristics

Color	white ((Clear Transparent))	Score	no score
Shape	OVAL	Size	13mm
Flavor		Imprint Code	DF50
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:42681-0051-1	1 in 1 CARTON	05/21/2025	
1		32 in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	05/21/2025	

Labeler - Whole Foods Market, INC. (196175616)

Registrant - Bionpharma Inc. (079637826)

Establishment

Name	Address	ID/FEI	Business Operations
SOFTGEL HEALTHCARE PRIVATE LIMITED		676666501	manufacture(42681-0051)