

MILK OF MAGNESIA- magnesium hydroxide liquid
Power Health, Products, Inc.

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Active ingredient (in each 15 mL tablespoonful)

Magnesium hydroxide 1200 mg

Purpose

Saline laxative

Uses

- relieves occasional constipation (irregularity)
- usually produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- stomach pain, nausea, or vomiting
- a sudden change in bowel habits that lasts over 14 days

Ask a doctor or pharmacist before use if you are

taking a prescription drug.

This product may interact with certain prescription drugs.

Stop use and ask a doctor if

- you have rectal bleeding or no bowel movement after using this product. These could be signs of a serious condition.
- you need to use a laxative for more than 1 week

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- shake well before use
- do not exceed the maximum recommended daily dose in a 24 hour period
- dose may be taken once a day preferably at bedtime, in divided doses, or as directed by a doctor

- drink a full glass (8 oz) of liquid with each dose

adults and children 12 years and older	30 mL to 60 mL
children 6 to 11 years	15 mL to 30 mL
children under 6 years	ask a doctor

Other information

- **each 15 mL tablespoonful contains:** magnesium 500 mg
- store at room temperature and avoid freezing
- close cap tightly after use

Inactive ingredients

purified water, sodium hypochlorite

Questions or comments?

1-800-540-3765

package Label



Drug Facts TAMPER EVIDENT: DO NOT USE IF IMPRINTED NECKBAND IS MISSING OR BROKEN.

Active ingredient (in each 15 mL)	Purpose
Magnesium hydroxide 1200 mg.....	Saline laxative

Use

- relieves occasional constipation (irregularity)
- usually produces bowel movement in ½ to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- stomach pain, nausea, or vomiting
- a sudden change in bowel habits that lasts over 14 days

Ask a doctor or pharmacist before use if you are presently taking a prescription drug. This product may interact with certain prescription drugs.

Stop use and ask a doctor if

- you have rectal bleeding or no bowel movement after using this product. These could be signs of a serious condition.
- you need to use a laxative for more than 1 week

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

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age	dose
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Inactive ingredients purified water, sodium hypochlorite

Questions or comments? 1-800-540-3765

*This product is not manufactured or distributed by the owner of the registered trademark Phillips'® Milk of Magnesia.

Distributed by:
Power Health International Corp.
7919 20th Street
Hollywood, Florida 33024 U.S.A.
REV GC1121 938-19112-4

MILK OF MAGNESIA

magnesium hydroxide liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:85740-649
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM HYDROXIDE (UNII: NBZ3QY004S) (MAGNESIUM CATION - UNII:T6V3LHY838, HYDROXIDE ION - UNII:9159UV381P)	MAGNESIUM HYDROXIDE	1200 mg in 15 mL

Inactive Ingredients

Ingredient Name	Strength
SODIUM HYPOCHLORITE (UNII: DY38VHM5OD)	
WATER (UNII: 059QF0KO0R)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:85740-649-12	355 mL in 1 BOTTLE; Type 0: Not a Combination Product	03/01/2021	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	03/01/2021	

Labeler - Power Health, Products, Inc. (005646227)

Registrant - GCP Laboratories (965480861)

Establishment

Name	Address	ID/FEI	Business Operations
GCP Laboratories		965480861	manufacture(85740-649)

Revised: 5/2025

Power Health, Products, Inc.