

# MONTELUKAST- montelukast tablet

## NuCare Pharmaceuticals, Inc.

### HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use MONTELUKAST SODIUM TABLETS safely and effectively. See full prescribing information for MONTELUKAST SODIUM TABLETS.

MONTELUKAST SODIUM tablets, for oral use  
Initial U.S. Approval: 1998

#### **WARNING: SERIOUS NEUROPSYCHIATRIC EVENTS**

*See full prescribing information for complete boxed warning.*

- Serious neuropsychiatric events have been reported in patients taking montelukast sodium tablets. ( 5.1).
  - Discuss benefits and risks of montelukast sodium tablets with patients and caregivers ( 5.1).
  - Monitor for neuropsychiatric symptoms in patients taking montelukast sodium tablets ( 5.1).
  - Discontinue montelukast sodium tablets immediately if neuropsychiatric symptoms occur ( 5.1).
- Because the benefits of montelukast sodium tablets may not outweigh the potential risk of neuropsychiatric symptoms in patients with allergic rhinitis, reserve use for patients who have an inadequate response or intolerance to alternative therapies( 1.3, 5.1).

#### **RECENT MAJOR CHANGES**

Boxed Warning	04/2020
Indications and Usage ( 1.3, 1.4)	02/2021
Dosage and Administration ( 2.1, 2.2, 2.3, 2.4)	02/2021
Warnings and Precautions ( 5.1, 5.6)	02/2021

#### **INDICATIONS AND USAGE**

Montelukast sodium tablets are a leukotriene receptor antagonist indicated for:

- Prophylaxis and chronic treatment of asthma in patients 15 years of age and older ( 1.1).
- Acute prevention of exercise-induced bronchoconstriction (EIB) in patients 15 years of age and older ( 1.2).
- Relief of symptoms of allergic rhinitis (AR): seasonal allergic rhinitis (SAR) in patients 15 years of age and older, and perennial allergic rhinitis (PAR) in patients 15 years of age and older. Reserve use for patients who have an inadequate response or intolerance to alternative therapies ( 1.3).

#### Limitations of Use:

- Not indicated to treat an acute asthma attack ( 5.2).

#### **DOSAGE AND ADMINISTRATION**

Administration (by indications):

- Asthma: Once daily in the evening for patients 15 years of age and older ( 2.1).
- Acute prevention of EIB: One tablet at least 2 hours before exercise for patients 15 years of age and older ( 2.2).
- Seasonal allergic rhinitis: Once daily for patients 15 years and older ( 2.3).
- Perennial allergic rhinitis: Once daily for patients 15 years and older ( 2.3).

Dosage (by age):

- 15 years and older: one 10-mg tablet.

Patients with both asthma and allergic rhinitis should take only one dose daily in the evening ( 2.4).

#### **DOSAGE FORMS AND STRENGTHS**

- Tablets: 10 mg ( 3)

#### **CONTRAINDICATIONS**

- Hypersensitivity to any component of montelukast sodium ( 4).

#### **WARNINGS AND PRECAUTIONS**

- Do not prescribe montelukast sodium to treat an acute asthma attack ( 5.2).

- Advise patients to have appropriate rescue medication available ( 5.2).
- Inhaled corticosteroid may be reduced gradually. Do not abruptly substitute montelukast sodium for inhaled or oral corticosteroids ( 5.3).
- Patients with known aspirin sensitivity should continue to avoid aspirin or non-steroidal anti-inflammatory agents while taking montelukast sodium ( 5.4).
- Systemic eosinophilia, sometimes presenting with clinical features of vasculitis consistent with Churg-Strauss syndrome, has been reported. These events have been sometimes associated with the reduction of oral corticosteroid therapy ( 5.5 and 6.2).

## -----ADVERSE REACTIONS-----

Most common adverse reactions (incidence  $\geq$  5% and greater than placebo listed in descending order of frequency): upper respiratory infection, fever, headache, pharyngitis, cough, abdominal pain, diarrhea, otitis media, influenza, rhinorrhea, sinusitis, otitis ( 6.1).

**To report SUSPECTED ADVERSE REACTIONS, contact Macleods Pharma USA, Inc., at 1-888-943-3210 or 1-855-926-3384 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).**

**See 17 for PATIENT COUNSELING INFORMATION and Medication Guide.**

**Revised: 5/2025**

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## **FULL PRESCRIBING INFORMATION: CONTENTS\***

### **WARNING: SERIOUS NEUROPSYCHIATRIC EVENTS**

#### **1 INDICATIONS & USAGE**

- 1.1 Asthma
- 1.2 Exercise-Induced Bronchoconstriction (EIB)
- 1.3 Allergic Rhinitis
- 1.4 Limitations of Use

#### **2 DOSAGE & ADMINISTRATION**

- 2.1 Asthma
- 2.2 Exercise-Induced Bronchoconstriction (EIB)
- 2.3 Allergic Rhinitis
- 2.4 Asthma and Allergic Rhinitis

#### **3 DOSAGE FORMS & STRENGTHS**

#### **4 CONTRAINDICATIONS**

#### **5 WARNINGS AND PRECAUTIONS**

- 5.1 Neuropsychiatric Events
- 5.2 Acute Asthma
- 5.3 Concomitant Corticosteroid Use
- 5.4 Aspirin Sensitivity
- 5.5 Eosinophilic Conditions

#### **6 ADVERSE REACTIONS**

- 6.1 Clinical Trials Experience
- 6.2 Postmarketing Experience

#### **7 DRUG INTERACTIONS**

#### **8 USE IN SPECIFIC POPULATIONS**

- 8.1 Pregnancy
- 8.2 Lactation
- 8.4 Pediatric Use
- 8.5 Geriatric Use
- 8.6 Hepatic Impairment
- 8.7 Renal Impairment

#### **10 OVERDOSAGE**

#### **11 DESCRIPTION**

## **12 CLINICAL PHARMACOLOGY**

12.1 Mechanism of Action

12.2 Pharmacodynamics

12.3 Pharmacokinetics

## **13 NONCLINICAL TOXICOLOGY**

13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

## **14 CLINICAL STUDIES**

14.1 Asthma

14.2 Exercise-Induced Bronchoconstriction (EIB)

14.3 Allergic Rhinitis (Seasonal and Perennial)

## **16 HOW SUPPLIED/STORAGE AND HANDLING**

## **17 PATIENT COUNSELING INFORMATION**

\* Sections or subsections omitted from the full prescribing information are not listed.

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## **FULL PRESCRIBING INFORMATION**

### **WARNING: SERIOUS NEUROPSYCHIATRIC EVENTS**

#### **WARNING: SERIOUS NEUROPSYCHIATRIC EVENTS**

Serious neuropsychiatric (NP) events have been reported with the use of montelukast sodium tablets. The types of events reported were highly variable, and included, but were not limited to, agitation, aggression, depression, sleep disturbances, suicidal thoughts and behavior (including suicide). The mechanisms underlying NP events associated with montelukast sodium tablets use are currently not well understood [ see *Warnings and Precautions ( 5.1)*  ].

Because of the risk of NP events, the benefits of montelukast sodium tablets may not outweigh the risks in some patients, particularly when the symptoms of disease may be mild and adequately treated with alternative therapies. Reserve use of montelukast sodium tablets for patients with allergic rhinitis who have an inadequate response or intolerance to alternative therapies [ see *Indications and Usage ( 1.3)*  ]. In patients with asthma or exercise-induced bronchoconstriction, consider the benefits and risks before prescribing montelukast sodium tablets.

Discuss the benefits and risks of montelukast sodium tablets with patients and caregivers when prescribing montelukast sodium tablets. Advise patients and/or caregivers to be alert for changes in behavior or new NP symptoms when taking montelukast sodium tablets. If changes in behavior are observed, or if new NP symptoms or suicidal thoughts and/or behavior occur, advise patients to discontinue montelukast sodium tablets and contact a healthcare provider immediately [ see *Warnings and Precautions ( 5.1)*  ].

## **1 INDICATIONS & USAGE**

### **1.1 Asthma**

Montelukast sodium tablets are indicated for the prophylaxis and chronic treatment of asthma in patients 15 years of age and older.

**1.2 Exercise-Induced Bronchoconstriction (EIB)**

Montelukast sodium tablets are indicated for prevention of exercise-induced bronchoconstriction (EIB) in patients 15 years of age and older.

**1.3 Allergic Rhinitis**

Montelukast sodium is indicated for the relief of symptoms of seasonal allergic rhinitis in patients 15 years of age and older and perennial allergic rhinitis in patients 15 years of age and older. Because the benefits of montelukast sodium tablets may not outweigh the risk of neuropsychiatric symptoms in patients with allergic rhinitis [see Warnings and Precautions ( 5.1)], reserve use for patients who have an inadequate response or intolerance to alternative therapies.

**1.4 Limitations of Use**

Montelukast sodium is not indicated for the treatment of an acute asthma attack.

**2 DOSAGE & ADMINISTRATION**

**2.1 Asthma**

For asthma, administer montelukast sodium orally once daily in the evening, with or without food. There have been no clinical trials in patients with asthma to evaluate the relative efficacy of morning versus evening dosing.

The following doses are recommended:

**Table 1: Recommended Dosage in Asthma**

Age	Dose
Adult and adolescent patients 15 years of age and older	one 10 mg tablet

Patients who miss a dose should take the next dose at their regular time and should not take 2 doses at the same time.

**2.2 Exercise-Induced Bronchoconstriction (EIB)**

For prevention of EIB, administer a single dose of montelukast sodium orally at least 2 hours, before exercise.

The following doses are recommended:

**Table 2: Recommended Dosage in Exercise-Induced Bronchoconstriction (EIB)**

Age	Dose
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Adult and adolescent patients 15 years of age and older	one 10 mg tablet
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An additional dose of montelukast sodium should not be taken within 24 hours of a previous dose. Patients already taking montelukast sodium daily for another indication (including chronic asthma) should not take an additional dose to prevent EIB. All patients should have available for rescue a short-acting  $\beta$ -agonist.

Daily administration of montelukast sodium for the chronic treatment of asthma has not been established to prevent acute episodes of EIB.

### 2.3 Allergic Rhinitis

For allergic rhinitis, administer montelukast sodium orally once daily without regard to time of food ingestion. Time of administration in patients with allergic rhinitis can be individualized to suit patient needs.

The following doses for the treatment of symptoms of seasonal allergic rhinitis are recommended:

**Table 3: Recommended Dosage in Seasonal Allergic Rhinitis**

Age	Dose
Adult and adolescent patients 15 years of age and older	one 10 mg tablet

The following doses for the treatment of symptoms of perennial allergic rhinitis are recommended:

**Table 4: Recommended Dosage in Perennial Allergic Rhinitis**

Age	Dose
Adult and adolescent patients 15 years of age and older	one 10 mg tablet

Patients who miss a dose should take the next dose at their regular time and should not take 2 doses at the same time.

### 2.4 Asthma and Allergic Rhinitis

For patients with both asthma and allergic rhinitis, administer only one montelukast sodium dose orally once daily in the evening.

Patients who miss a dose should take the next dose at their regular time and should not take 2 doses at the same time.

## 3 DOSAGE FORMS & STRENGTHS

Montelukast sodium tablets, USP 10 mg, are beige colour, rounded square shaped, biconvex, film-coated tablet debossed with 'CL 26' on one side and plain on the other side.

## 4 CONTRAINDICATIONS

Montelukast sodium is contraindicated in patients with hypersensitivity to any of its components.

## 5 WARNINGS AND PRECAUTIONS

### 5.1 Neuropsychiatric Events

Serious neuropsychiatric (NP) events have been reported with use of montelukast sodium. These postmarketing reports have been highly variable and included, but were not limited to, agitation, aggressive behavior or hostility, anxiousness, depression, disorientation, disturbance in attention, dream abnormalities, dysphemia (stuttering), hallucinations, insomnia, irritability, memory impairment, obsessive-compulsive symptoms, restlessness, somnambulism, suicidal thoughts and behavior (including suicide), tic, and tremor. NP events have been reported in adult, adolescent, and pediatric patients with and without a previous history of psychiatric disorder. NP events have been reported mostly during montelukast sodium treatment, but some were reported after montelukast sodium discontinuation. Animal studies showed that montelukast distributes into the brain in rats [ see *Clinical Pharmacology* (12.3)]; however, the mechanisms underlying montelukast sodium-associated NP events are currently not well understood. Based upon the available data, it is difficult to identify risk factors for or quantify the risk of NP events with montelukast sodium use.

Because of the risk of NP events, the benefits of montelukast sodium may not outweigh the risks in some patients, particularly when the symptoms of disease may be mild and adequately treated with alternative therapies. Reserve use of montelukast sodium for patients with allergic rhinitis who have an inadequate response or intolerance to alternative therapies [ see *Indications and Usage* (1.3)]. In patients with asthma or exercise-induced bronchoconstriction, consider the benefits and risks before prescribing montelukast sodium.

Discuss the benefits and risks of montelukast sodium use with patients and caregivers when prescribing montelukast sodium. Advise patients and/or caregivers to be alert for changes in behavior or for new NP symptoms when taking montelukast sodium. If changes in behavior are observed, or if new NP symptoms or suicidal thoughts and/or behavior occur, advise patients to discontinue montelukast sodium and contact a healthcare provider immediately. In many cases, symptoms resolved after stopping montelukast sodium therapy; however, in some cases symptoms persisted after discontinuation of montelukast sodium. Therefore, continue to monitor and provide supportive care until symptoms resolve. Re-evaluate the benefits and risks of restarting treatment with montelukast sodium if such events occur.

### 5.2 Acute Asthma

Montelukast sodium is not indicated for use in the reversal of bronchospasm in acute asthma attacks, including status asthmaticus. Patients should be advised to have appropriate rescue medication available. Therapy with montelukast sodium can be continued during acute exacerbations of asthma. Patients who have exacerbations of asthma after exercise should have available for rescue a short-acting inhaled  $\beta$ -agonist.

### 5.3 Concomitant Corticosteroid Use

While the dose of inhaled corticosteroid may be reduced gradually under medical supervision, montelukast sodium should not be abruptly substituted for inhaled or oral corticosteroids.

## 5.4 Aspirin Sensitivity

Patients with known aspirin sensitivity should continue avoidance of aspirin or non-steroidal anti-inflammatory agents while taking montelukast sodium. Although montelukast sodium is effective in improving airway function in asthmatics with documented aspirin sensitivity, it has not been shown to truncate bronchoconstrictor response to aspirin and other non-steroidal anti-inflammatory drugs in aspirin-sensitive asthmatic patients [see *Clinical Studies* ( 14.1)].

## 5.5 Eosinophilic Conditions

Patients with asthma on therapy with montelukast sodium may present with systemic eosinophilia, sometimes presenting with clinical features of vasculitis consistent with Churg-Strauss syndrome, a condition which is often treated with systemic corticosteroid therapy. These events have been sometimes associated with the reduction of oral corticosteroid therapy. Physicians should be alert to eosinophilia, vasculitic rash, worsening pulmonary symptoms, cardiac complications, and/or neuropathy presenting in their patients. A causal association between montelukast sodium and these underlying conditions has not been established [see *Adverse Reactions* ( 6.2)].

## 6 ADVERSE REACTIONS

The following clinically significant adverse reactions are described elsewhere in the labeling:

- Neuropsychiatric Events [see *Warnings and Precautions* ( 5.1)]

### 6.1 Clinical Trials Experience

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in clinical practice. In the following description of clinical trials experience, adverse reactions are listed regardless of causality assessment.

The most common adverse reactions (incidence  $\geq 5\%$  and greater than placebo; listed in descending order of frequency) in controlled clinical trials were: upper respiratory infection, fever, headache, pharyngitis, cough, abdominal pain, diarrhea, otitis media, influenza, rhinorrhea, sinusitis, otitis.

#### Adults and Adolescents 15 Years of Age and Older with Asthma

Montelukast sodium has been evaluated for safety in approximately 2950 adult and adolescent patients 15 years of age and older in clinical trials. In placebo-controlled clinical trials, the following adverse reactions reported with montelukast occurred in greater than or equal to 1% of patients and at an incidence greater than that in patients treated with placebo:

**Table 5: Adverse Reactions Occurring in  $\geq 1\%$  of Patients with an Incidence Greater than that in Patients Treated with Placebo**

	Montelukast 10 mg/day (%) (n=1955)	Placebo (%) (n=1180)
<i>Body As A Whole</i>		
Pain, abdominal	2.9	2.5
Asthenia/fatigue	1.8	1.2
Fever	1.5	0.9
Trauma	1.0	0.8
<i>Digestive System Disorders</i>		
Dyspepsia	2.1	1.1
Pain, dental	1.7	1.0
Gastroenteritis, infectious	1.5	0.5
<i>Nervous System/Psychiatric</i>		
Headache	18.4	18.1
Dizziness	1.9	1.4
<i>Respiratory System Disorders</i>		
Influenza	4.2	3.9
Cough	2.7	2.4
Congestion, nasal	1.6	1.3
<i>Skin/Skin Appendages Disorder</i>		
Rash	1.6	1.2
<i>Laboratory Adverse Reactions</i> *		
ALT increased	2.1	2.0
AST increased	1.6	1.2
Pyuria	1.0	0.9

\* Number of patients tested (montelukast sodium and placebo, respectively): ALT and AST, 1935, 1170; pyuria, 1924, 1159.

The frequency of less common adverse reactions was comparable between montelukast sodium and placebo.

The safety profile of montelukast sodium, when administered as a single dose for prevention of EIB in adult and adolescent patients 15 years of age and older, was consistent with the safety profile previously described for montelukast sodium. Cumulatively, 569 patients were treated with montelukast sodium for at least 6 months, 480 for one year, and 49 for two years in clinical trials. With prolonged treatment, the adverse reaction profile did not significantly change.

#### Adults and Adolescents 15 Years of Age and Older with Seasonal Allergic Rhinitis

Montelukast sodium has been evaluated for safety in 2199 adult and adolescent patients 15 years of age and older in clinical trials. Montelukast sodium administered once daily in the morning or in the evening had a safety profile similar to that of placebo. In placebo-controlled clinical trials, the following reaction was reported with montelukast sodium with a frequency  $\geq 1\%$  and at an incidence greater than placebo: upper respiratory infection, 1.9% of patients receiving montelukast sodium vs. 1.5% of patients receiving placebo. In a 4-week, placebo-controlled clinical study, the safety profile was consistent with that observed in 2-week studies. The incidence of somnolence was similar to that of placebo in all studies.

#### Adults and Adolescents 15 Years of Age and Older with Perennial Allergic Rhinitis

Montelukast sodium has been evaluated for safety in 3357 adult and adolescent patients 15 years of age and older with perennial allergic rhinitis of whom 1632 received montelukast sodium in two, 6-week, clinical studies. Montelukast sodium administered once daily had a safety profile consistent with that observed in patients with seasonal allergic rhinitis and similar to that of placebo. In these two studies, the following reactions were reported with montelukast sodium with a frequency  $\geq 1\%$  and at an incidence greater than placebo: sinusitis, upper respiratory infection, sinus headache, cough, epistaxis, and increased ALT. The incidence of somnolence was similar to that of placebo.

## 6.2 Postmarketing Experience

The following adverse reactions have been identified during post-approval use of montelukast sodium. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

### Blood and lymphatic system disorders

increased bleeding tendency, thrombocytopenia.

### Immune system disorders

hypersensitivity reactions including anaphylaxis, hepatic eosinophilic infiltration.

### Psychiatric disorders

including, but not limited to, agitation, aggressive behavior or hostility, anxiousness, depression, disorientation, disturbance in attention, dream abnormalities, dysphemia (stuttering), hallucinations, insomnia, irritability, memory impairment, obsessive-compulsive symptoms, restlessness, somnambulism, suicidal thinking and behavior (including suicide), tic, and tremor [see *Boxed Warning, Warnings and Precautions* ( 5.1)]

### Nervous system disorders

drowsiness, paraesthesia/hypoesthesia, seizures.

### Cardiac disorders:

palpitations

### Respiratory, thoracic and mediastinal disorders:

epistaxis, pulmonary eosinophilia

### Gastrointestinal disorders

diarrhea, dyspepsia, nausea, pancreatitis, vomiting

### Hepatobiliary disorders

Cases of cholestatic hepatitis, hepatocellular liver-injury, and mixed-pattern liver injury have been reported in patients treated with montelukast sodium. Most of these occurred in combination with other confounding factors, such as use of other medications, or when montelukast sodium was administered to patients who had underlying potential for liver disease such as alcohol use or other forms of hepatitis.

### Skin and subcutaneous tissue disorders

angioedema, bruising, erythema multiforme, erythema nodosum, pruritus, Stevens-

Johnson syndrome/toxic epidermal necrolysis, urticaria.

Musculoskeletal and connective tissue disorders  
arthralgia, myalgia including muscle cramps.

Renal and urinary disorders  
enuresis in children.

General disorders and administration site conditions  
edema.

Patients with asthma on therapy with montelukast sodium may present with systemic eosinophilia, sometimes presenting with clinical features of vasculitis consistent with Churg-Strauss syndrome, a condition which is often treated with systemic corticosteroid therapy. These reactions have been sometimes associated with the reduction of oral corticosteroid therapy. Physicians should be alert to eosinophilia, vasculitic rash, worsening pulmonary symptoms, cardiac complications, and/or neuropathy presenting in their patients [*see Warnings and Precautions ( 5.5)*].

## **7 DRUG INTERACTIONS**

No dose adjustment is needed when montelukast sodium is co-administered with theophylline, prednisone, prednisolone, oral contraceptives, fexofenadine, digoxin, warfarin, gemfibrozil, itraconazole, thyroid hormones, sedative hypnotics, non-steroidal anti-inflammatory agents, benzodiazepines, decongestants, and Cytochrome P450 (CYP) enzyme inducers [*see Clinical Pharmacology ( 12.3)*].

## **8 USE IN SPECIFIC POPULATIONS**

### **8.1 Pregnancy**

#### Risk Summary

Available data from published prospective and retrospective cohort studies over decades with montelukast use in pregnant women have not established a drug-associated risk of major birth defects [*see Data*]. In animal reproduction studies, no adverse developmental effects were observed with oral administration of montelukast to pregnant rats and rabbits during organogenesis at doses approximately 100 and 110 times, respectively, the maximum recommended human daily oral dose (MRHDOD) based on AUCs [*see Data*].

The estimated background risk of major birth defects and miscarriage for the indicated population is unknown. All pregnancies have a background risk of birth defect, loss, or other adverse outcomes. In the U.S. general population, the estimated background risk of major birth defects and miscarriage in clinically recognized pregnancies is 2-4% and 15-20%, respectively.

#### Clinical Considerations

*Disease-associated maternal and/or embryo/fetal risk*

Poorly or moderately controlled asthma in pregnancy increases the maternal risk of

perinatal adverse outcomes such as preeclampsia and infant prematurity, low birth weight, and small for gestational age.

## Data

### *Human Data*

Published data from prospective and retrospective cohort studies have not identified an association with montelukast sodium use during pregnancy and major birth defects. Available studies have methodologic limitations, including small sample size, in some cases retrospective data collection, and inconsistent comparator groups.

### *Animal Data*

In embryo-fetal development studies, montelukast administered to pregnant rats and rabbits during organogenesis (gestation days 6 to 17 in rats and 6 to 18 in rabbits) did not cause any adverse developmental effects at maternal oral doses up to 400 and 300 mg/kg/day in rats and rabbits, respectively (approximately 100 and 110 times the AUC in humans at the MRHDOD, respectively).

## **8.2 Lactation**

### Risk Summary

A published clinical lactation study reports the presence of montelukast in human milk. Data available on the effects of the drug on infants, either directly [*see Use in Specific Populations ( 8.4)*] or through breast milk, do not suggest a significant risk of adverse reactions from exposure to montelukast sodium. The effects of the drug on milk production are unknown. The developmental and health benefits of breastfeeding should be considered along with the mother's clinical need for montelukast sodium and any potential adverse reactions on the breastfed infant from montelukast sodium or from the underlying maternal condition.

## **8.4 Pediatric Use**

The safety and effectiveness in pediatric patients below the age of 12 months with asthma, 6 months with perennial allergic rhinitis, and 6 years with exercise-induced bronchoconstriction have not been established.

## **8.5 Geriatric Use**

Of the total number of subjects in clinical studies of montelukast, 3.5% were 65 years of age and over, and 0.4% were 75 years of age and over. No overall differences in safety or effectiveness were observed between these subjects and younger subjects, and other reported clinical experience has not identified differences in responses between the elderly and younger patients, but greater sensitivity of some older individuals cannot be ruled out. The pharmacokinetic profile and the oral bioavailability of a single 10-mg oral dose of montelukast are similar in elderly and younger adults. The plasma half-life of montelukast is slightly longer in the elderly. No dosage adjustment in the elderly is required.

## **8.6 Hepatic Impairment**

No dosage adjustment is recommended in patients with mild-to-moderate hepatic insufficiency [*see Clinical Pharmacology ( 12.3)*].

## **8.7 Renal Impairment**

No dosage adjustment is recommended in patients with renal insufficiency [see *Clinical Pharmacology* ( 12.3)].

## 10 OVERDOSAGE

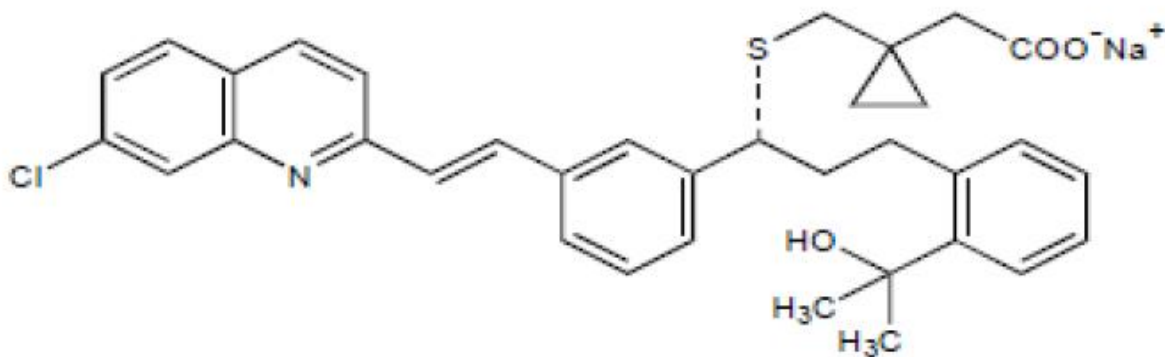
No specific information is available on the treatment of overdose with montelukast sodium. In the event of overdose, it is reasonable to employ the usual supportive measures; e.g., remove unabsorbed material from the gastrointestinal tract, employ clinical monitoring, and institute supportive therapy, if required. It is not known whether montelukast is removed by peritoneal dialysis or hemodialysis.

## 11 DESCRIPTION

Montelukast sodium, USP the active ingredient in montelukast sodium tablets, is a selective and orally active leukotriene receptor antagonist that inhibits the cysteinyl leukotriene CysLT<sub>1</sub> receptor.

Montelukast sodium, USP is described chemically as [R-(E)]-1-[[[1-[3-[2-(7-chloro-2-quinoliny)ethenyl] phenyl]-3-[2-(1-hydroxy-1-methylethyl)phenyl] propyl]thio]methyl]cyclopropaneacetic acid, monosodium salt.

The empirical formula is C<sub>35</sub>H<sub>35</sub>ClNaO<sub>3</sub>S, and its molecular weight is 608.18. The structural formula is:



Montelukast sodium, USP is a hygroscopic, optically active, white to off-white powder. Montelukast sodium is freely soluble in ethanol, methanol, and water and practically insoluble in acetonitrile.

Each 10-mg film-coated montelukast sodium tablet, USP contains 10.4 mg montelukast sodium, USP which is equivalent to 10 mg of montelukast, and the following inactive

ingredients: microcrystalline cellulose, lactose monohydrate, croscarmellose sodium, hydroxypropyl cellulose, disodium edetate and magnesium stearate. The film coating consists of: hydroxypropyl methylcellulose, hydroxypropyl cellulose, titanium dioxide, red ferric oxide and yellow ferric oxide.

## **12 CLINICAL PHARMACOLOGY**

### **12.1 Mechanism of Action**

The cysteinyl leukotrienes (LTC<sub>4</sub>, LTD<sub>4</sub>, LTE<sub>4</sub>) are products of arachidonic acid metabolism and are released from various cells, including mast cells and eosinophils. These eicosanoids bind to cysteinyl leukotriene (CysLT) receptors. The CysLT type-1 (CysLT<sub>1</sub>) receptor is found in the human airway (including airway smooth muscle cells and airway macrophages) and on other pro-inflammatory cells (including eosinophils and certain myeloid stem cells). CysLTs have been correlated with the pathophysiology of asthma and allergic rhinitis. In asthma, leukotriene-mediated effects include airway edema, smooth muscle contraction, and altered cellular activity associated with the inflammatory process. In allergic rhinitis, CysLTs are released from the nasal mucosa after allergen exposure during both early- and late-phase reactions and are associated with symptoms of allergic rhinitis.

Montelukast is an orally active compound that binds with high affinity and selectivity to the CysLT<sub>1</sub> receptor (in preference to other pharmacologically important airway receptors, such as the prostanoid, cholinergic, or  $\beta$ -adrenergic receptor). Montelukast inhibits physiologic actions of LTD<sub>4</sub> at the CysLT<sub>1</sub> receptor without any agonist activity.

### **12.2 Pharmacodynamics**

Montelukast causes inhibition of airway cysteinyl leukotriene receptors as demonstrated by the ability to inhibit bronchoconstriction due to inhaled LTD<sub>4</sub> in asthmatics. Doses as low as 5 mg cause substantial blockage of LTD<sub>4</sub>-induced bronchoconstriction. In a placebo-controlled, crossover study (n=12), montelukast sodium inhibited early- and late-phase bronchoconstriction due to antigen challenge by 75% and 57%, respectively. The effect of montelukast sodium on eosinophils in the peripheral blood was examined in clinical trials. In patients with asthma aged 2 years and older who received montelukast, a decrease in mean peripheral blood eosinophil counts ranging from 9% to 15% was noted, compared with placebo, over the double-blind treatment periods. In patients with seasonal allergic rhinitis aged 15 years and older who received montelukast sodium, a mean increase of 0.2% in peripheral blood eosinophil counts was noted, compared with a mean increase of 12.5% in placebo-treated patients, over the double-blind treatment periods; this reflects a mean difference of 12.3% in favor of montelukast sodium. The relationship between these observations and the clinical benefits of montelukast noted in the clinical trials is not known [see *Clinical Studies* (14)].

### **12.3 Pharmacokinetics**

#### ***Absorption***

Montelukast is rapidly absorbed following oral administration. After administration of the 10-mg film-coated tablet to fasted adults, the mean peak montelukast plasma concentration (C<sub>max</sub>) is achieved in 3 to 4 hours (T<sub>max</sub>). The mean oral bioavailability is 64%. The oral bioavailability and C<sub>max</sub> are not influenced by a standard meal in the morning.

The safety and effectiveness of montelukast sodium in patients with asthma were

demonstrated in clinical trials in which the 10-mg film-coated tablet formulation was administered in the evening without regard to the time of food ingestion. The safety and effectiveness of montelukast sodium in patients with seasonal allergic rhinitis were demonstrated in clinical trials in which the 10-mg film-coated tablet was administered in the morning or evening without regard to the time of food ingestion. The comparative pharmacokinetics of montelukast when administered as two 5-mg chewable tablets versus one 10-mg film-coated tablet have not been evaluated.

#### Distribution

Montelukast is more than 99% bound to plasma proteins. The steady state volume of distribution of montelukast averages 8 to 11 liters. Orally administered montelukast distributes into the brain in rats.

#### Elimination

The plasma clearance of montelukast averages 45 mL/min in healthy adults. Following an oral dose of radiolabeled montelukast, 86% of the radioactivity was recovered in 5-day fecal collections and <0.2% was recovered in urine. Coupled with estimates of montelukast oral bioavailability, this indicates that montelukast and its metabolites are excreted almost exclusively via the bile.

In several studies, the mean plasma half-life of montelukast ranged from 2.7 to 5.5 hours in healthy young adults. The pharmacokinetics of montelukast are nearly linear for oral doses up to 50 mg. During once-daily dosing with 10-mg montelukast, there is little accumulation of the parent drug in plasma (14%).

#### Metabolism

Montelukast is extensively metabolized. In studies with therapeutic doses, plasma concentrations of metabolites of montelukast are undetectable at steady state in adults and pediatric patients.

In vitro studies using human liver microsomes indicate that CYP3A4, 2C8, and 2C9 are involved in the metabolism of montelukast. At clinically relevant concentrations, 2C8 appears to play a major role in the metabolism of montelukast.

### **Specific Populations**

#### *Patients with Hepatic Impairment*

Patients with mild-to-moderate hepatic insufficiency and clinical evidence of cirrhosis had evidence of decreased metabolism of montelukast resulting in 41% (90% CI=7%, 85%) higher mean montelukast AUC following a single 10-mg dose. The elimination of montelukast was slightly prolonged compared with that in healthy subjects (mean half-life, 7.4 hours). No dosage adjustment is required in patients with mild-to-moderate hepatic insufficiency. The pharmacokinetics of montelukast in patients with more severe hepatic impairment or with hepatitis have not been evaluated.

#### *Patients with Renal Impairment*

Since montelukast and its metabolites are not excreted in the urine, the pharmacokinetics of montelukast were not evaluated in patients with renal insufficiency. No dosage adjustment is recommended in these patients.

#### *Male and Female Patients*

The pharmacokinetics of montelukast are similar in males and females.

#### *Racial Groups*

Pharmacokinetic differences due to race have not been studied.

#### *Adolescents and Pediatric Patients*

Pharmacokinetic studies evaluated the systemic exposure of the 10-mg film-coated tablets in young adults and adolescents  $\geq 15$  years of age. The plasma concentration profile of montelukast following administration of the 10-mg film-coated tablet is similar in adolescents  $\geq 15$  years of age and young adults. The 10-mg film-coated tablet is recommended for use in patients  $\geq 15$  years of age.

#### Drug Interaction Studies

##### *Theophylline, Prednisone, and Prednisolone:*

Montelukast sodium has been administered with other therapies routinely used in the prophylaxis and chronic treatment of asthma with no apparent increase in adverse reactions. In drug-interaction studies, the recommended clinical dose of montelukast did not have clinically important effects on the pharmacokinetics of the following drugs: theophylline, prednisone, and prednisolone.

Montelukast at a dose of 10 mg once daily dosed to pharmacokinetic steady state, did not cause clinically significant changes in the kinetics of a single intravenous dose of theophylline [predominantly a cytochrome P450 (CYP) 1A2 substrate]. Montelukast at doses of  $\geq 100$  mg daily dosed to pharmacokinetic steady state, did not cause any clinically significant change in plasma profiles of prednisone or prednisolone following administration of either oral prednisone or intravenous prednisolone.

##### *Oral Contraceptives, fexofenadine, Digoxin, and Warfarin:*

In drug interaction studies, the recommended clinical dose of montelukast did not have clinically important effects on the pharmacokinetics of the following drugs: oral contraceptives (norethindrone 1 mg/ethinyl estradiol 35 mcg), digoxin, and warfarin. Montelukast at doses of  $\geq 100$  mg daily dosed to pharmacokinetic steady state did not significantly alter the plasma concentrations of either component of an oral contraceptive containing norethindrone 1 mg/ethinyl estradiol 35 mcg. Montelukast at a dose of 10 mg once daily dosed to pharmacokinetic steady state did not change the plasma concentration profile of fexofenadine, did not change the pharmacokinetic profile or urinary excretion of immunoreactive digoxin; did not change the pharmacokinetic profile of warfarin (primarily a substrate of CYP2C9, 3A4 and 1A2) or influence the effect of a single 30-mg oral dose of warfarin on prothrombin time or the International Normalized Ratio (INR).

##### *Thyroid Hormones, Sedative Hypnotics, Non-Steroidal Anti-Inflammatory Agents, Benzodiazepines, and Decongestants:*

Although additional specific interaction studies were not performed, montelukast was used concomitantly with a wide range of commonly prescribed drugs in clinical studies without evidence of clinical adverse interactions. These medications included thyroid hormones, sedative hypnotics, non-steroidal anti-inflammatory agents, benzodiazepines, and decongestants.

##### *Cytochrome P450 (CYP) Enzyme Inducers*

Phenobarbital, which induces hepatic metabolism, decreased the area under the plasma concentration curve (AUC) of montelukast approximately 40% following a single 10-mg dose of montelukast. No dosage adjustment for montelukast sodium is recommended. It is reasonable to employ appropriate clinical monitoring when potent CYP enzyme inducers, such as phenobarbital or rifampin, are co-administered with montelukast sodium.

##### *Effect of Montelukast on Cytochrome P450 (CYP) Enzymes:*

Montelukast is a potent inhibitor of CYP2C8 in vitro. However, data from a clinical drug-drug interaction study involving montelukast and rosiglitazone (a probe substrate representative of drugs primarily metabolized by CYP2C8) in 12 healthy individuals demonstrated that the pharmacokinetics of rosiglitazone are not altered when the drugs

are coadministered, indicating that montelukast does not inhibit CYP2C8 in vivo. Therefore, montelukast is not anticipated to alter the metabolism of drugs metabolized by this enzyme (e.g., paclitaxel, rosiglitazone, and repaglinide). Based on further in vitro results in human liver microsomes, therapeutic plasma concentrations of montelukast do not inhibit CYP 3A4, 2C9, 1A2, 2A6, 2C19, or 2D6.

#### *Cytochrome P450 (CYP) Enzyme Inhibitors*

In vitro studies have shown that montelukast is a substrate of CYP 2C8, 2C9, and 3A4. Co-administration of montelukast with itraconazole, a strong CYP 3A4 inhibitor, resulted in no significant increase in the systemic exposure of montelukast. Data from a clinical drug interaction study involving montelukast and gemfibrozil (an inhibitor of both CYP 2C8 and 2C9) demonstrated that gemfibrozil, at a therapeutic dose, increased the systemic exposure of montelukast by 4.4-fold. Co-administration of itraconazole, gemfibrozil, and montelukast did not further increase the systemic exposure of montelukast. Based on available clinical experience, no dosage adjustment of montelukast is required upon co-administration with gemfibrozil [see *Overdosage ( 10)*].

## **13 NONCLINICAL TOXICOLOGY**

### **13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility**

No evidence of tumorigenicity was seen in carcinogenicity studies of either 2 years in Sprague-Dawley rats or 92 weeks in mice at oral gavage doses up to 200 mg/kg/day or 100 mg/kg/day, respectively. The estimated exposure in rats was approximately 120 and 75 times the AUC for adults and children, respectively, at the maximum recommended daily oral dose. The estimated exposure in mice was approximately 45 and 25 times the AUC for adults and children, respectively, at the maximum recommended daily oral dose.

Montelukast demonstrated no evidence of mutagenic or clastogenic activity in the following assays: the microbial mutagenesis assay, the V-79 mammalian cell mutagenesis assay, the alkaline elution assay in rat hepatocytes, the chromosomal aberration assay in Chinese hamster ovary cells, and in the in vivo mouse bone marrow chromosomal aberration assay.

In fertility studies in female rats, montelukast produced reductions in fertility and fecundity indices at an oral dose of 200 mg/kg (estimated exposure was approximately 70 times the AUC for adults at the maximum recommended daily oral dose). No effects on female fertility or fecundity were observed at an oral dose of 100 mg/kg (estimated exposure was approximately 20 times the AUC for adults at the maximum recommended daily oral dose). Montelukast had no effects on fertility in male rats at oral doses up to 800 mg/kg (estimated exposure was approximately 160 times the AUC for adults at the maximum recommended daily oral dose).

## **14 CLINICAL STUDIES**

### **14.1 Asthma**

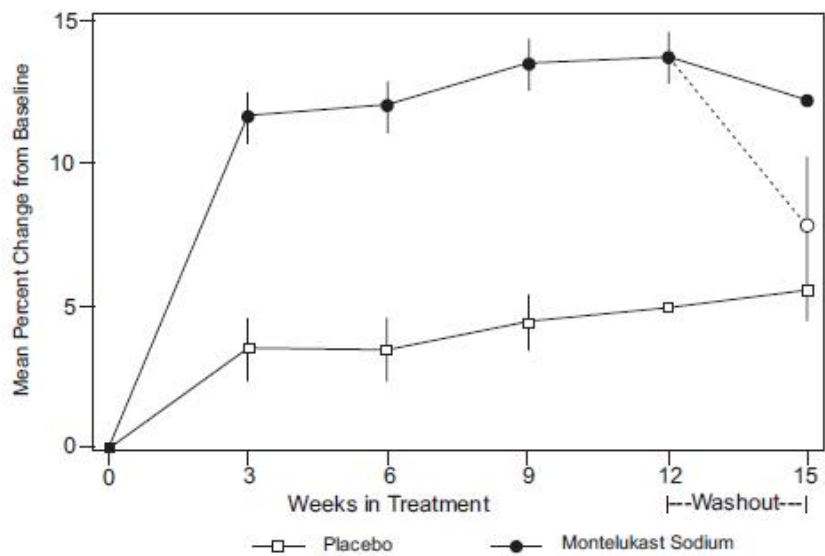
#### Adults and Adolescents 15 Years of Age and Older with Asthma

Clinical trials in adults and adolescents 15 years of age and older demonstrated there is no additional clinical benefit to montelukast doses above 10 mg once daily.

The efficacy of montelukast sodium for the chronic treatment of asthma in adults and adolescents 15 years of age and older was demonstrated in two (U.S. and Multinational) similarly designed, randomized, 12-week, double-blind, placebo-controlled trials in 1576

patients (795 treated with montelukast sodium, 530 treated with placebo, and 251 treated with active control). The median age was 33 years (range 15 to 85); 56.8% were females and 43.2% were males. The ethnic/racial distribution in these studies was 71.6% Caucasian, 17.7% Hispanic, 7.2% other origins and 3.5% Black. Patients had mild or moderate asthma and were non-smokers who required approximately 5 puffs of inhaled  $\beta$ -agonist per day on an “asneeded” basis. The patients had a mean baseline percent of predicted forced expiratory volume in 1 second (FEV<sub>1</sub>) of 66% (approximate range, 40 to 90%). The co-primary endpoints in these trials were FEV<sub>1</sub> and daytime asthma symptoms. In both studies after 12 weeks, a random subset of patients receiving montelukast sodium was switched to placebo for an additional 3 weeks of double-blind treatment to evaluate for possible rebound effects. The results of the U.S. trial on the primary endpoint, morning FEV<sub>1</sub>, expressed as mean percent change from baseline averaged over the 12-week treatment period, are shown in FIGURE 2. Compared with placebo, treatment with one montelukast sodium 10-mg tablet daily in the evening resulted in a statistically significant increase in FEV<sub>1</sub> percent change from baseline (13.0%-change in the group treated with montelukast sodium vs. 4.2%-change in the placebo group,  $p<0.001$ ); the change from baseline in FEV<sub>1</sub> for montelukast sodium was 0.32 liters compared with 0.10 liters for placebo, corresponding to a between-group difference of 0.22 liters ( $p<0.001$ , 95% CI 0.17 liters, 0.27 liters). The results of the Multinational trial on FEV<sub>1</sub> were similar.

**Figure 2: FEV<sub>1</sub> Mean Percent Change from Baseline (U.S. Trial: Montelukast Sodium N=406; Placebo N=270) (ANOVA Model)**



The effect of montelukast sodium on other primary and secondary endpoints, represented by the Multinational study is shown in TABLE 6. Results on these endpoints were similar in the US study.

**Table 6: Effect of Montelukast Sodium on Primary and Secondary Endpoints in a Multinational Placebo-controlled Trial (ANOVA Model)**

Endpoint	Montelukast Sodium			Placebo		
	N	Baseline	Mean Change from Baseline	N	Baseline	Mean Change from Baseline
Daytime Asthma Symptoms (0 to 6 scale)	372	2.35	-0.49	245	2.40	-0.26
β-agonist (puffs per day)	371	5.35	-1.65	241	5.78	-0.42
AM PEFR (L/min)	372	339.57	25.03	244	335.24	1.83
PM PEFR (L/min)	372	355.23	20.13	244	354.02	-0.49
Nocturnal Awakenings (#/week)	285	5.46	-2.03	195	5.57	-0.78

\*p<0.001, compared with placebo

Both studies evaluated the effect of montelukast sodium on secondary outcomes, including asthma attack (utilization of health-care resources such as an unscheduled visit to a doctor's office, emergency room, or hospital; or treatment with oral, intravenous, or intramuscular corticosteroid), and use of oral corticosteroids for asthma rescue. In the Multinational study, significantly fewer patients (15.6% of patients) on montelukast sodium experienced asthma attacks compared with patients on placebo (27.3%,  $p < 0.001$ ). In the US study, 7.8% of patients on montelukast sodium and 10.3% of patients on placebo experienced asthma attacks, but the difference between

the two treatment groups was not significant ( $p = 0.334$ ). In the Multinational study, significantly fewer patients (14.8% of patients) on montelukast sodium were prescribed oral corticosteroids for asthma rescue compared with patients on placebo (25.7%,  $p < 0.001$ ). In the US study, 6.9% of patients on montelukast sodium and 9.9% of patients on placebo were prescribed oral corticosteroids for asthma rescue, but the difference between the two treatment groups was not significant ( $p = 0.196$ ).

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#### Onset of Action and Maintenance of Effects

In each placebo-controlled trial in adults, the treatment effect of montelukast sodium, measured by daily diary card parameters, including symptom scores, “as-needed”  $\beta$ -agonist use, and PEFR measurements, was achieved after the first dose and was maintained throughout the dosing interval (24 hours). No significant change in treatment effect was observed during continuous once-daily evening administration in non-placebo-controlled extension trials for up to one year. Withdrawal of montelukast sodium in asthmatic patients after 12 weeks of continuous use did not cause rebound worsening of asthma.

#### Effects in Patients on Concomitant Inhaled Corticosteroids

Separate trials in adults evaluated the ability of montelukast sodium to add to the clinical effect of inhaled corticosteroids and to allow inhaled corticosteroid tapering when used concomitantly.

One randomized, placebo-controlled, parallel-group trial ( $n=226$ ) enrolled adults with stable asthma with a mean FEV<sub>1</sub> of approximately 84% of predicted who were previously maintained on various inhaled corticosteroids (delivered by metered-dose aerosol or dry powder inhalers). The median age was 41.5 years (range 16 to 70); 52.2% were females and 47.8% were males.

The ethnic/racial distribution in this study was 92.0% Caucasian, 3.5% Black, 2.2% Hispanic, and 2.2% Asian. The types of inhaled corticosteroids and their mean baseline requirements included beclomethasone dipropionate (mean dose, 1203 mcg/day), triamcinolone acetonide (mean dose, 2004 mcg/day), flunisolide (mean dose, 1971 mcg/day), fluticasone propionate (mean dose, 1083 mcg/day), or budesonide (mean dose, 1192 mcg/day). Some of these inhaled corticosteroids were non-U.S.-approved formulations, and doses expressed may not be ex-actuator. The pre-study inhaled corticosteroid requirements were reduced by approximately 37% during a 5- to 7-week placebo run-in period designed to titrate patients toward their lowest effective inhaled corticosteroid dose. Treatment with montelukast sodium resulted in a further 47% reduction in mean inhaled corticosteroid dose compared with a mean reduction of 30% in the placebo group over the 12-week active treatment period ( $p \leq 0.05$ ). It is not known whether the results of this study can be generalized to patients with asthma who require higher doses of inhaled corticosteroids or systemic corticosteroids.

In another randomized, placebo-controlled, parallel-group trial ( $n=642$ ) in a similar population of adult patients previously maintained, but not adequately controlled, on inhaled corticosteroids (beclomethasone 336 mcg/day), the addition of montelukast sodium to beclomethasone resulted in statistically significant improvements in FEV<sub>1</sub> compared with those patients who were continued on beclomethasone alone or those patients who were withdrawn from beclomethasone and treated with montelukast or placebo alone over the last 10 weeks of the 16-week, blinded treatment period. Patients who were randomized to treatment arms containing beclomethasone had statistically significantly better asthma control than those patients randomized to montelukast sodium alone or placebo alone as indicated by FEV<sub>1</sub>, daytime asthma symptoms, PEFR, nocturnal awakenings due to asthma, and “as-needed”  $\beta$ -agonist requirements.

In adult patients with asthma with documented aspirin sensitivity, nearly all of whom were receiving concomitant inhaled and/or oral corticosteroids, a 4-week, randomized, parallel-group trial (n=80) demonstrated that montelukast sodium, compared with placebo, resulted in significant improvement in parameters of asthma control. The magnitude of effect of montelukast sodium in aspirin-sensitive patients was similar to the effect observed in the general population of asthma patients studied. The effect of montelukast sodium on the bronchoconstrictor response to aspirin or other non-steroidal anti-inflammatory drugs in aspirin-sensitive asthmatic patients has not been evaluated [see *Warnings and Precautions* ( 5.4)].

## 14.2 Exercise-Induced Bronchoconstriction (EIB)

### Exercise-Induced Bronchoconstriction (Adults, Adolescents, and Pediatric Patients 6 years of age and older)

The efficacy of montelukast sodium, 10 mg, when given as a single dose 2 hours before exercise for the prevention of EIB was investigated in three (U.S. and Multinational), randomized, double-blind, placebocontrolled crossover studies that included a total of 160 adult and adolescent patients 15 years of age and older with EIB. Exercise challenge testing was conducted at 2 hours, 8.5 or 12 hours, and 24 hours following administration of a single dose of study drug (montelukast 10 mg or placebo). The primary endpoint was the mean maximum percent fall in FEV<sub>1</sub> following the 2 hours post-dose exercise 1 challenge in all three studies (Study A, Study B, and Study C). In Study A, a single dose of montelukast sodium 10 mg demonstrated a statistically significant protective benefit against EIB when taken 2 hours prior to exercise. Some patients were protected from EIB at 8.5 and 24 hours after administration; however, some patients were not. The results for the mean maximum percent fall at each timepoint in Study A are shown in TABLE 7 and are representative of the results from the other two studies.

**Table 7: Mean Maximum Percent Fall in FEV<sub>1</sub> Following Exercise Challenge in Study A (N=47) ANOVA Model**

Time of exercise challenge following medication administration	Mean Maximum percent fall in FEV <sub>1</sub> <sup>*</sup>		Treatment difference % for Montelukast sodium versus Placebo (95%CI) <sup>*</sup>
	Montelukast	Placebo	
2 hours	13	22	-9 (-12, -5)
8.5 hours	12	17	-5 (-9, -2)
24 hours	10	14	-4 (-7, -1)

\*Least squares-mean

The efficacy of montelukast for prevention of EIB in patients below 6 years of age has not been established

Daily administration of montelukast sodium for the chronic treatment of asthma has not been established to prevent acute episodes of EIB.

In a 12-week, randomized, double-blind, parallel group study of 110 adult and adolescent asthmatics 15 years of age and older, with a mean baseline FEV<sub>1</sub> percent of predicted of 83% and with documented exercise-induced exacerbation of asthma, treatment with montelukast sodium, 10 mg, once daily in the evening, resulted in a statistically significant reduction in mean maximal percent fall in FEV<sub>1</sub> and mean time to recovery to within 5% of the pre-exercise FEV<sub>1</sub>. Exercise challenge was conducted at the end of the dosing interval (i.e., 20 to 24 hours after the preceding dose). This effect was maintained throughout the 12-week treatment period indicating that tolerance did not occur. Montelukast sodium did not, however, prevent clinically significant deterioration in maximal percent fall in FEV<sub>1</sub> after exercise (i.e.,  $\geq 20\%$  decrease from pre-exercise baseline) in 52% of patients studied. In a separate crossover study in adults, a similar effect was observed after two once-daily 10-mg doses of montelukast sodium.

### 14.3 Allergic Rhinitis (Seasonal and Perennial)

#### Seasonal Allergic Rhinitis

The efficacy of montelukast sodium tablets for the treatment of seasonal allergic rhinitis was investigated in 5 similarly designed, randomized, double-blind, parallel-group, placebo- and active-controlled (loratadine) trials conducted in North America. The 5 trials enrolled a total of 5029 patients, of whom 1799 were treated with montelukast sodium tablets. Patients were 15 to 82 years of age with a history of seasonal allergic rhinitis, a positive skin test to at least one relevant seasonal allergen, and active symptoms of seasonal allergic rhinitis at study entry.

The period of randomized treatment was 2 weeks in 4 trials and 4 weeks in one trial. The primary outcome variable was mean change from baseline in daytime nasal symptoms score (the average of individual scores of nasal congestion, rhinorrhea, nasal itching, sneezing) as assessed by patients on a 0-3 categorical scale.

Four of the five trials showed a significant reduction in daytime nasal symptoms scores with montelukast sodium 10-mg tablets compared with placebo. The results of one trial are shown below. The median age in this trial was 35.0 years (range 15 to 81); 65.4% were females and 34.6% were males. The ethnic/racial distribution in this study was 83.1% Caucasian, 6.4% other origins, 5.8% Black, and 4.8% Hispanic. The mean changes from baseline in daytime nasal symptoms score in the treatment groups that received montelukast tablets, loratadine, and placebo are shown in TABLE 9. The remaining three trials that demonstrated efficacy showed similar results. Efficacy was demonstrated for seasonal allergic rhinitis when montelukast was administered in the morning or the evening.

**Table 9: Effects of Montelukast on Daytime Nasal Symptoms Score\* in a Placebo- and Active-controlled Trial in Patients with Seasonal Allergic Rhinitis (ANCOVA Model)**

Treatment Group (N)	Baseline Mean Score	Mean Change from Baseline	Difference Between Treatment and
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			<b>Placebo (95% CI) Least-Squares Mean</b>
Montelukast 10 mg (344)	2.09	-0.39	-0.13 <sup>†</sup> (-0.21, -0.06)
Placebo (351)	2.10	-0.26	N.A.
Active Control <sup>‡</sup> (Loratadine 10 mg)(599)	2.06	-0.46	-0.24 <sup>†</sup> (-0.31, -0.17)

\* Average of individual scores of nasal congestion, rhinorrhea, nasal itching, sneezing as assessed by patients on a 0-3 categorical scale.

† Statistically different from placebo ( $p \leq 0.001$ ).

‡ The study was not designed for statistical comparison between montelukast sodium and the active control (loratadine).

#### Perennial Allergic Rhinitis

The efficacy of montelukast sodium tablets for the treatment of perennial allergic rhinitis was investigated in 2 randomized, double-blind, placebo-controlled studies conducted in North America and Europe. The two studies enrolled a total of 3357 patients, of whom 1632 received montelukast sodium 10-mg tablets. Patients 15 to 82 years of age with perennial allergic rhinitis as confirmed by history and a positive skin test to at least one relevant perennial allergen (dust mites, animal dander, and/or mold spores), who had active symptoms at the time of study entry, were enrolled.

In the study in which efficacy was demonstrated, the median age was 35 years (range 15 to 81); 64.1% were females and 35.9% were males. The ethnic/racial distribution in this study was 83.2% Caucasian, 8.1% Black, 5.4% Hispanic, 2.3% Asian, and 1.0% other origins. Montelukast sodium 10-mg tablets once daily was shown to significantly reduce symptoms of perennial allergic rhinitis over a 6-week treatment period (TABLE 10); in this study the primary outcome variable was mean change from baseline in daytime nasal symptoms score (the average of individual scores of nasal congestion, rhinorrhea, and sneezing).

**Table 10: Effects of Montelukast Sodium on Daytime Nasal Symptoms Score\* in a Placebo-controlled Trial in Patients with Perennial Allergic Rhinitis (ANCOVA Model)**

<b>Treatment Group (N)</b>	<b>Baseline Mean Score</b>	<b>Mean Change from Baseline</b>	<b>Difference Between Treatment and Placebo (95% CI) Least-Squares Mean</b>
Montelukast 10 mg (1000)	2.09	-0.42	-0.08 †(-0.12, -0.04)
Placebo (980)	2.10	-0.35	N.A.

\* Average of individual scores of nasal congestion, rhinorrhea, sneezing as assessed by patients on a 0-3 categorical scale.

†Statistically different from placebo ( $p \leq 0.001$ ).

The other 6-week study evaluated montelukast 10 mg (n=626), placebo (n=609), and an active-control (cetirizine 10 mg; n=120). The primary analysis compared the mean change from baseline in daytime nasal symptoms score for montelukast vs. placebo over the first 4 weeks of treatment; the study was not designed for statistical comparison between montelukast sodium and the active-control. The primary outcome variable included nasal itching in addition to nasal congestion, rhinorrhea, and sneezing. The estimated difference between montelukast sodium and placebo was -0.04 with a 95% CI of (-0.09, 0.01). The estimated difference between the active-control and placebo was -0.10 with a 95% CI of (-0.19, -0.01).

## 16 HOW SUPPLIED/STORAGE AND HANDLING

Montelukast sodium tablets, USP 10 mg are beige colour, rounded square shaped, biconvex, film-coated tablet debossed with 'CL 26' on one side and plain on the other side. They are supplied as follows:

Bottles of 30	NDC 68071-3855-3
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### Storage

Store montelukast sodium 10-mg film-coated tablets at 20° to 25°C (68° to 77°F), excursions permitted to 15° to 30°C (59° to 86°F) [see USP Controlled Room Temperature]. Protect from moisture and light. Store in original package.

### **Storage for Bulk Bottles**

Store bottles of 500 montelukast sodium 10-mg filmcoated tablets at 20° to 25°C (68° to 77°F), excursions permitted to 15° to 30°C (59° to 86°F) [see USP Controlled Room Temperature]. Protect from moisture and light. Store in original container. When product container is subdivided, repackage into a well-closed, light-resistant container.

Preserve in tight containers, protected from light. Store at controlled room temperature.

## **17 PATIENT COUNSELING INFORMATION**

For the tablets, advise the patient and/or caregiver to read the FDA-approved patient labeling (Medication Guide).

- Advise patients about the potential risk for serious neuropsychiatric symptoms and behavioral changes with montelukast sodium use [see *Warnings and Precautions* ( 5.1)].
- Discuss the benefits and risks of montelukast sodium with patients when prescribing or continuing treatment with montelukast sodium [see *Warnings and Precautions* ( 5.1)].
- Advise patients to monitor for changes in behavior or neuropsychiatric symptoms in patients taking montelukast sodium [see *Warnings and Precautions* ( 5.1)].
- Instruct patients to discontinue montelukast sodium and contact a healthcare provider immediately if changes in behavior or thinking that are not typical for the patient occur, or if the patient develops suicidal ideation or suicidal behavior [see *Warnings and Precautions* ( 5.1)].
- Advise patients to take montelukast sodium daily as prescribed, even when they are asymptomatic, as well as during periods of worsening asthma, and to contact their physicians if their asthma is not well controlled.
- Advise patients that oral montelukast sodium is not for the treatment of acute asthma attacks. They should have appropriate short-acting inhaled  $\beta$ -agonist medication available to treat asthma exacerbations. Patients who have exacerbations of asthma after exercise should be instructed to have available for rescue a short-acting inhaled  $\beta$ -agonist. Daily administration of montelukast sodium for the chronic treatment of asthma has not been established to prevent acute episodes of EIB [see *Warnings and Precautions* ( 5.2)].
- Advise patients to seek medical attention if short-acting inhaled bronchodilators are needed more often than usual, or if more than the maximum number of inhalations of short-acting bronchodilator treatment prescribed for a 24-hour period are needed.
- Instruct patients to continue other anti-asthma medications as prescribed unless instructed by a physician.
- Instruct patients with known aspirin sensitivity to continue avoidance of aspirin or non-steroidal anti-inflammatory agents while taking montelukast sodium.[see *Warnings and Precautions* ( 5.4)].

Manufactured for :

**Macleods Pharma USA, Inc.**  
Princeton, NJ 08540

Manufactured by :

Macleods Pharmaceuticals Ltd.  
Baddi, Himachal Pradesh, INDIA

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## MEDICATION GUIDE

### Medication Guide

#### Montelukast sodium (MON-te-LOO-kast SOE-dee-um)Tablets

##### **What is the most important information I should know about montelukast sodium?**

**Serious mental health problems have happened in people taking montelukast sodium** or even after treatment has stopped.

This can happen in people with or without a history of mental health problems. Stop taking montelukast sodium tablets and tell your healthcare provider right away if you or your child have any unusual changes in behavior or thinking, including any of these symptoms:

- agitation, including aggressive behavior or hostility
- attention problems
- bad or vivid dreams
- depression
- disorientation (confusion)
- feeling anxious
- irritability
- hallucinations (seeing or hearing things that are not really there)
- memory problems • obsessive-compulsive symptoms
- restlessness
- sleep walking
- stuttering
- suicidal thoughts and actions (including suicide)
- tremor
- trouble sleeping
- uncontrolled muscle movements

##### **What are Montelukast sodium tablets?**

•Montelukast sodium tablets are a prescription medicine that blocks substances in the body called leukotrienes. This may help to improve symptoms of asthma and inflammation of the lining of the nose (allergic rhinitis). Montelukast sodium tablets do not contain a steroid.

Montelukast sodium tablets are used to:

1. Prevent asthma attacks and for the long-term treatment of asthma in adults and children ages 15 years and older.

**Do not take montelukast sodium if you need relief right away for a sudden asthma attack.**If you have an asthma attack, you should follow the instructions your healthcare provider gave you for treating asthma attacks.

2. Prevent exercise-induced asthma in people 15 years of age and older.

3. Help control the symptoms of allergic rhinitis such as sneezing, stuffy nose, runny nose and itching of the nose. Montelukast sodium is used to treat the following in people who have already taken other medicines that did not work well enough or in people who could not tolerate other medicines:

- outdoor allergies that happen part of the year (seasonal allergic rhinitis) in adults and children ages 15 years and older, **and**

- indoor allergies that happen all year (perennial allergic rhinitis) in adults and children ages 15 years and older.

**Do not** take montelukast sodium tablets if you are allergic to any of its ingredients. See the end of this Medication Guide for a complete list of the ingredients in montelukast sodium tablets.

**Before taking Montelukast sodium tablets, tell your healthcare provider about all your medical conditions, including if you:**

- are allergic to aspirin
- have or have had mental health problems.
- are pregnant or plan to become pregnant. Talk to your healthcare provider if you are pregnant or plan to become pregnant, as montelukast sodium may not be right for you.
- are breastfeeding or plan to breastfeed. It is not known if montelukast sodium passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby while taking montelukast sodium tablets.

Tell your healthcare provider about all the medicines you take, including prescription and over the counter medicines, vitamins, and herbal supplements. Some medicines may affect how montelukast sodium works, or montelukast sodium may affect how your other medicines work.

**How should I take Montelukast sodium tablets?**

**For anyone who takes Montelukast sodium tablets:**

- Take Montelukast sodium tablets exactly as prescribed by your healthcare provider. Your healthcare provider will tell you how much montelukast sodium tablet to take, and **when to take it.**

- Stop taking montelukast sodium tablets and tell your healthcare provider right away if you or your child have any unusual changes in behavior or thinking

- You can take montelukast sodium tablet with food or without food.

- **If you or your child misses a dose of montelukast sodium tablets, just take the next dose at your regular time.** Do not take 2 doses at the same time.

- If you take too much montelukast sodium, call your healthcare provider right away.

**For adults and children 15 years of age and older with asthma:**

- Take montelukast sodium tablet 1 time each day, in the evening. Continue to take montelukast sodium tablet every day for as long as your healthcare provider prescribes it, even if you have no asthma symptoms.

- Tell your healthcare provider right away if your asthma symptoms get worse, or if you need to use your rescue inhaler medicine more often for asthma attacks.

- Always have your rescue inhaler medicine with you for asthma attacks.

- Continue to take your other asthma medicines as prescribed unless your healthcare provider tells you to change how you take these medicines.

**For people 15 years of age and older for the prevention of exercise-induced asthma:**

- Take montelukast sodium tablet at least 2 hours before exercise.

- Always have your rescue inhaler medicine with you for asthma attacks.

- If you take montelukast sodium tablet every day for chronic asthma or allergic rhinitis, **do not** take another dose to prevent exercise-induced asthma. Talk to your healthcare provider about your treatment for exercise-induced asthma.

- **Do not take 2 doses of montelukast sodium tablet within 24 hours (1 day).**

**For anyone 15 years of age and older with seasonal allergic rhinitis, or for anyone 15 years of age and older with perennial allergic rhinitis:**

- Take montelukast sodium tablet 1 time each day, at about the same time each day.

**What should I avoid while taking montelukast sodium?**

If you have asthma and aspirin makes your asthma symptoms worse, continue to avoid taking aspirin or other medicines called non-steroidal anti-inflammatory drugs (NSAIDs) while taking montelukast sodium tablets?.

## **What are the possible side effects of montelukast sodium tablets?**

**Montelukast sodium may cause serious side effects including.**

• **See “What is the most important information I should know about montelukast sodium?”**

• **Increase in certain white blood cells (eosinophils) and possible inflamed blood vessels throughout the body (systemic vasculitis).** Rarely, this can happen in people with asthma who take montelukast sodium. This sometimes happens in people who also take a steroid medicine by mouth that is being stopped or the dose is being lowered. **Tell your healthcare provider right away if you get one or more of these symptoms:**

- a feeling of pins and needles or numbness of arms or legs
- a flu-like illness
- rash
- severe inflammation (pain and swelling) of the sinuses (sinusitis)

## **The most common side effects of montelukast sodium include:**

- upper respiratory infection
- fever
- headache
- sore throat
- cough
- stomach pain
- diarrhea
- earache or ear infection
- flu
- runny nose
- sinus infection

These are not all the possible side effects of montelukast tablets.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

## **How should I store montelukast sodium tablets?**

- Store montelukast sodium tablets at 68°-77°F (20° to 25°C).
- Keep montelukast sodium tablets in the package it comes in.
- Keep montelukast sodium tablets in a dry place and keep it away from light.

**Keep montelukast sodium tablets and all medicines out of reach of children.**

## **General information about the safe and effective use of montelukast sodium tablets**

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use montelukast sodium tablets for a condition for which it was not prescribed. Do not give montelukast sodium tablets to other people even if they have the same symptoms you have. It may harm them.

You can ask your pharmacist or healthcare provider for information about montelukast sodium tablets that is written for health professionals.

## **What are the ingredients in Montelukast Sodium tablets?**

**Active ingredient:** montelukast sodium

**Inactive ingredients:** microcrystalline cellulose, lactose monohydrate, croscarmellose sodium, hydroxypropyl cellulose, disodium edetate and magnesium stearate. The film coating contains: hydroxypropyl methylcellulose, hydroxypropyl cellulose, titanium dioxide, red ferric oxide and yellow ferric oxide.

Manufactured for:  
**Macleods Pharma USA, Inc.**  
Princeton, NJ 08540

Manufactured by:  
**Macleods Pharmaceutical Ltd.**  
Baddi, Himachal Pradesh, INDIA  
This Medication Guide has been approved by the U.S. Food and Drug Administration.  
Medication Guide available at: [www.macleodspharma.com/usa](http://www.macleodspharma.com/usa)

**Revised : December 2022**

## PACKAGE LABEL.PRINCIPAL DISPLAY PANEL

**NuCare Pharmaceuticals, Inc.**

NDC: 68071-3855-3  
**Montelukast Sodium 10mg\***

**#30 Tablets**

\*Each film coated tablet contains Montelukast Sodium, USP 10.4mg equivalent to Montelukast 10mg. See manufacturer's label for full list of ingredients.

Product #: R1529030  
**Rx Only**

Montelukast Sodium 10mg\*  
Lot: 00000 NDC: 68071-3855-03  
MFR NDC: 33342-102-07 Exp.: 00-00  
Serial# 0000000002

Montelukast Sodium 10mg\*  
Lot: 00000 NDC: 68071-3855-03  
MFR NDC: 33342-102-07 Exp.: 00-00  
Serial# 0000000002

GTIN 00368071385533  
Serial# 0000000002  
Exp. Date 00-00  
LOT#: 00000

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

WARNING: KEEP OUT OF REACH OF CHILDREN STORE AT CONTROLLED TEMPERATURE 68-77°F.

## MONTELUKAST

montelukast tablet

### Product Information

Product Type	HUMAN PRESCRIPTION DRUG	Item Code (Source)	NDC:68071-3855(NDC:33342-102)
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MONTELUKAST SODIUM (UNII: U1O3J18SFL) (MONTELUKAST - UNII:MHM278SD3E)	MONTELUKAST	10 mg

### Inactive Ingredients

Ingredient Name	Strength
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
CROSCARMELOLOSE SODIUM (UNII: M28OL1HH48)	

HYDROXYPROPYL CELLULOSE, UNSPECIFIED (UNII: 9XZ 8H6N6OH)				
EDETATE DISODIUM (UNII: 7FLD91C86K)				
ISOPROPYL ALCOHOL (UNII: ND2M416302)				
MAGNESIUM STEARATE (UNII: 70097M6I30)				
HYPROMELLOSE 2910 (6 MPA.S) (UNII: 0WZ 8WG20P6)				
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)				
FERRIC OXIDE RED (UNII: 1K09F3G675)				
FERRIC OXIDE YELLOW (UNII: EX438O2MRT)				
Product Characteristics				
Color	orange (beige)		Score	no score
Shape	SQUARE (rounded sqature)		Size	8mm
Flavor			Imprint Code	CL26
Contains				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:68071-3855-3	30 in 1 BOTTLE; Type 0: Not a Combination Product	05/30/2025	
Marketing Information				
Marketing Category		Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA		ANDA203366	09/11/2014	

**Labeler -** NuCare Pharmaceuticals, Inc. (010632300)

<b>Establishment</b>			
<b>Name</b>	<b>Address</b>	<b>ID/FEI</b>	<b>Business Operations</b>
NuCare Pharmaceuticals, Inc.		010632300	relabel(68071-3855)

Revised: 5/2025

NuCare Pharmaceuticals, Inc.