# **EPSOM SALT- epsom salt granule Big Lots**

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#### **Drug Facts**

#### **Active ingredient**

Magnesium sulfate USP 100%

#### **Purpose**

Saline laxative

#### Uses

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

#### **Warnings**

#### Ask a doctor before use if you have

- kidney disease
- a magnesium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that lasts more than 2 weeks

## Ask a doctor or pharmacist before use if you are

presently taking a prescription drug.

## When using this product

do not use more than directed

## Stop use and ask a doctor if

- you have rectal bleeding or failure to have a bowel movement after use. This may indicate a serious condition.
- you need to use a laxative for more than 1 week

## If pregnancy or breast-feeding,

ask a health professional before use.

## Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

#### **Directions**

• do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours

age	dose
adults and children 12 years and older	2-4 level teaspoons dissolved in a full glass (8oz) of water
children 6 to 11 years	1-2 level teaspoons dissolved in a full glass (8oz) of water

#### Not recommended for children under 6 years of age.

#### Other information

• each teaspoon contains: magnesium 495 mg

#### **Inactive ingredient**

none

#### Questions or comments?

For laxative or soak, call **1-877-753-3935** Monday-Friday 9AM-5PM EST

## **Principal Display Panel**

#### **EPSOM SALTS**

Magnesium Sulfate U.S.P.

Saline Laxative For Relief of Occasional Constipation

Soaking Aid For Minor Sprains and Bruises

Net Wt oz LB (kg)

## TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED

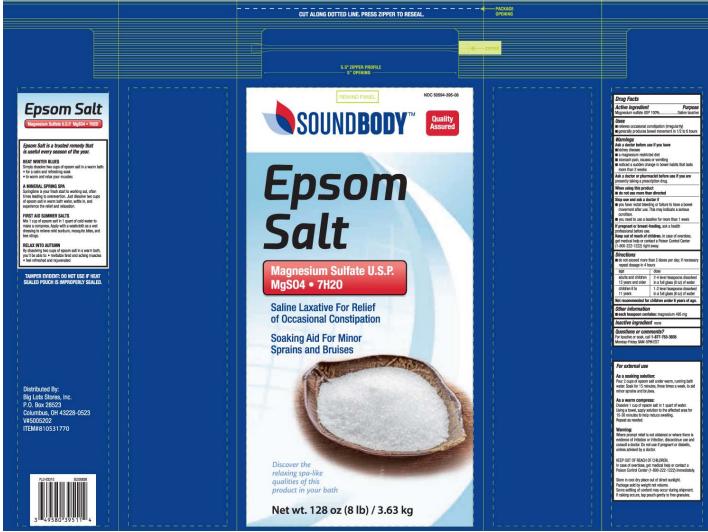
Distributed By:

Big Lots Stores, Inc.

P.O. Box 28523

Columbus, OH 43228-0523

#### Package Label



#### **SOUNDBODY Epsom Salt**

#### **EPSOM SALT**

epsom salt granule

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:50594-395

Route of Administration ORAL, TOPICAL

Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g	

P	Packaging			
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:50594-395- 08	3629 g in 1 POUCH; Type 0: Not a Combination Product	04/30/2021	

Marketing Information				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
OTC Monograph Drug	M007	04/30/2021		

## **Labeler -** Big Lots (017885351)

Revised: 1/2025 Big Lots