EPSOM SALT- epsom salt granule Big Lots

Drug Facts

Active ingredient

Magnesium sulfate USP 100%

Purpose

Saline laxative

Uses

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that lasts more than 2 weeks

Ask a doctor or pharmacist before use if you are

presently taking a prescription drug.

When using this product

do not use more than directed

Stop use and ask a doctor if

- you have rectal bleeding or failure to have a bowel movement after use. This may indicate a serious condition.
- you need to use a laxative for more than 1 week

If pregnancy or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

• do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours

age	dose
adults and children 12 years and older	2-4 level teaspoons dissolved in a full glass (8oz) of water
children 6 to 11 years	1-2 level teaspoons dissolved in a full glass (8oz) of water

Not recommended for children under 6 years of age.

Other information

• each teaspoon contains: magnesium 495 mg

Inactive ingredient

none

Questions or comments?

For laxative or soak, call **1-877-753-3935** Monday-Friday 9AM-5PM EST

Principal Display Panel

EPSOM SALTS

Magnesium Sulfate U.S.P.

Saline Laxative For Relief of Occasional Constipation

Soaking Aid For Minor Sprains and Bruises

Net Wt oz LB (kg)

TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED

Distributed By:

Big Lots Stores, Inc.

P.O. Box 28523

Columbus, OH 43228-0523

Package Label



SOUNDBODY Epsom Salt

EPSOM SALT

epsom salt granule

Route of Administration

Product Information			
Product Type HUMAN	N OTC DRUG	Item Code (Source)	NDC:50594-395

ORAL, TOPICAL

Active Ingredient/Active Moiety

Ingredient Name

MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM SULFATE HEPTAHYDRATE (UNII: T6V3LHY838)

1 g in 1 g

Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:50594-395- 08	3629 g in 1 POUCH; Type 0: Not a Combination Product	04/30/2021	04/30/2026

Marketing Information						
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date			
OTC Monograph Drug	M007	04/30/2021	04/30/2026			

Labeler - Big Lots (017885351)

Revised: 6/2025 Big Lots