

TOAST SCREAMIN MENTHOL- menthol cream
IDEAZ, LLC

Toast Screamin' Menthol - 78983-103

Active Ingredient

Menthol 4%

Purpose

Topical analgesic

Uses

for the temporary relief of minor aches and pains of
muscles and joints associated with ■ arthritis ■ strains
■ bruises ■ sprains

Warnings

For external use only

Flammable: Keep away from excessive heat or open flame

Ask a doctor before use if you have: Sensitive skin

When using this product

Avoid contact with the eyes or
mucus membranes ■ do not apply to wounds or damage skin
■ do not use with other ointments creams sprays or ligaments
■ do not apply to irritated skin or if excessive irritation develops
■ do not bandage ■ wash hands after use with cold water
■ do not use with a heating pad or device

Stop using consult a doctor if

Condition worsens, or if
symptoms persist for more than 7 days, or clear up in recur

Keep out of reach of children

If swallowed, get medical help
or contact a Poison Control Center immediately.

If pregnant or breast-feeding

ask a healthcare professional before use.

Directions

■ Adults and children 12 years of age and older: Rub a thin film over affected areas not more than 4 times daily; massage not necessary.

■ Children under 12 years of age: Consult physician.

Other information

■ store at room temperature

Inactive ingredients

Boswellia Serrata (Frankincense) Extract, Capsicum, Chamomilla Recutita (Matricaria) Flower Extract, Ethylhexylglycerin, Glycerin, Isopropyl Alcohol, Phenoxyethanol, Polysorbate 80, Rosmarinus Officinalis (Rosemary) Leaf Extract, Triethanolamine, Water

Questions or Comments?

1-800-4NO-PAIN


screamin' menthol
COOL HEAT
TOPICAL PAIN RELIEVER
Instant relief to muscle joint and arthritis pain
MANUFACTURED FOR:
IDEAZ, LLC
1-800-4NO-PAIN
toastproducts.com
5 FL. OZ. 148 ML

Drug Facts	
Active ingredients	Purpose
Menthol 4%.....	Topical analgesic
Uses For the temporary relief of minor aches and pains of muscles and joints associated with ■ arthritis ■ strains ■ bruises ■ sprains	
Warnings For external use only Flammable: Keep away from excessive heat or open flame Ask a doctor before use if you have: Sensitive skin When using this product: Avoid contact with the eyes or mucous membranes ■ do not apply to wounds or damaged skin ■ do not use with other dermatologic creams, sprays or lipaments ■ do not apply to irritated skin or if excessive irritation develops ■ do not bandage ■ wash hands after use with cold water ■ do not use with a heating pad or device Stop use and ask a doctor if: Condition worsens, or if symptoms persist for more than 7 days, or clear up in recur If pregnant or breast-feeding: Ask a health professional before use. Keep out of the reach of children: If accidentally ingested, get medical help or contact a Poison Control Center immediately.	
Directions ■ Adults and children 12 years of age and older: Rub a thin film over affected areas not more than 4 times daily; massage not necessary. ■ Children under 12 years of age: Consult physician.	
Other information ■ store at room temperature	
Inactive ingredients: Boswellia Serrata (Frankincense) Extract, Capsicum, Chamomilla Recutita (Matricaria) Flower Extract, Ethylhexylglycerin, Glycerin, Isopropyl Alcohol, Phenoxyethanol, Polysorbate 80, Rosmarinus Officinalis (Rosemary) Leaf Extract, Triethanolamine, Water	
Questions or Comments? 1-800-4NO-PAIN	

TOAST SCREAMIN MENTHOL

menthol cream

Product Information				
Product Type		HUMAN OTC DRUG	Item Code (Source)	NDC:78983-103
Route of Administration		TOPICAL		
Active Ingredient/Active Moiety				
Ingredient Name			Basis of Strength	Strength
MENTHOL (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)			MENTHOL	4 g in 100 g
Inactive Ingredients				
Ingredient Name				Strength
ROSMARINUS OFFICINALIS (ROSEMARY) LEAF OIL (UNII: 8LGU7VM393)				
GLYCERIN (UNII: PDC6A3C0OX)				
TRIETHANOLAMINE (UNII: 9O3K93S3TK)				
PHENOXYETHANOL (UNII: HIE492ZZ3T)				
WATER (UNII: 059QF0KO0R)				
CAPSICUM (UNII: 00UK7646FG)				
ETHYLHEXYLGLYCERIN (UNII: 147D247K3P)				
ISOPROPYL ALCOHOL (UNII: ND2M416302)				
POLYSORBATE 80 (UNII: 6OZP39ZG8H)				
MATRICARIA CHAMOMILLA FLOWERING TOP OIL (UNII: SA8AR2W4ER)				
BOSWELLIA SERRATA OIL (UNII: 5T1XCE6K8K)				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:78983-103-05	148 g in 1 TUBE; Type 0: Not a Combination Product	06/01/2025	
Marketing Information				
Marketing Category		Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug		M017	06/01/2025	

Labeler - IDEAZ, LLC (873184431)