

TOAST FREEZIN COLD- menthol, methyl salicylate cream
IDEAZ, LLC

Toast Freezin' Cold - 78983-104

Active Ingredient

Menthol 11%

Methyl Salicylate 31%

Purpose

Topical analgesic

Uses

for the temporary relief of minor aches and pains of
muscles and joints associated with ■ arthritis ■ strains
■ bruises ■ sprains

Warnings

For external use only

Do not use

on wounds ■ on damaged skin
■ immediately before or after bathing or using a hot tub
■ with a heating pad ■ under wrapping or bandage
where perspiration is likely to occur

When using this product

■ Avoid contact with eyes
and mucous membranes ■ do not bandage tightly

Stop using consult a doctor if

■ Condition worsens or
symptoms persist for more than 7 days ■ symptoms clear up
and occur within a few days ■ excessive skin irritation occurs

Keep out of reach of children

In case of accidental ingestion, get medical help or contact a Poison Control Center

If pregnant or breast-feeding

ask a healthcare professional before use.

Directions

■ Use only as directed

■ adults and children 12 years of age or older:

apply to affected area not more than 3 to 4 times daily

■ children under 12 years of age: consult a physician

Other information

■ Store between 20-25° C (68-77°F) ■ protect from freezing

Inactive ingredients

Behentrimonium Methosulfate, Boswellia Serrata Extract, Butylene Glycol, Cetyl Alcohol, Chamomilla Recutita (Matricaria) Flower, Ethylhexylglycerin, Glycerin, Phenoxyethanol, Rosmarinus Officinalis (Rosemary) Leaf Extract, Water

Questions or Comments?

1-800-4NO-PAIN



freezin' cold

PAIN RELIEVING CREAM

Targeted relief for muscle and joint pain
Deep Penetrating
Feel relief on contact

MANUFACTURED FOR:
IDEAZ, LLC.
1-800-4NO-PAIN
toastproducts.com
5 FL. OZ. 148 ML

Drug Facts	
Active Ingredients	Purpose
Menthol 11%.....	Topical analgesic
Methyl Salicylate 31%.....	Topical analgesic
Uses	
For the temporary relief of minor aches and pains of muscles and joints associated with ■ arthritis ■ strains ■ bruises ■ sprains	
Warnings For external use only	
Do not use on wounds ■ on damaged skin ■ immediately before or after bathing or using a hot tub ■ with a heating pad ■ under wrapping or bandage where perspiration is likely to occur	
Ask a doctor before use if you have itchiness over the affected area	
When using this product ■ Avoid contact with eyes and mucous membranes ■ do not bandage tightly	
Stop use and ask doctor if ■ Condition worsens or symptoms persist for more than 7 days ■ symptoms clear up and occur within a few days ■ excessive skin irritation occurs	
If pregnant or breast-feeding. Ask a health professional before use	
Keep out of reach of children. In case of accidental ingestion, get medical help or contact a Poison Control Center	
Directions ■ Use only as directed ■ adults and children 12 years of age or older: apply to affected area not more than 3 to 4 times daily ■ children under 12 years of age: consult a physician	
Other information	
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Inactive ingredients Behentrimonium Methosulfate, Boswellia Serrata Extract, Butylene Glycol, Cetyl Alcohol, Chamomilla Recutita (Matricaria) Flower, Ethylhexylglycerin, Glycerin, Phenoxyethanol, Rosmarinus Officinalis (Rosemary) Leaf Extract, Water	
Questions or Comments? 1-800-4NO-PAIN	

TOAST FREEZIN COLD

menthol, methyl salicylate cream

Product Information				
Product Type		HUMAN OTC DRUG	Item Code (Source)	
Route of Administration		TOPICAL	NDC:78983-104	
Active Ingredient/Active Moiety				
Ingredient Name			Basis of Strength	Strength
MENTHOL (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)			MENTHOL	11 g in 100 g
METHYL SALICYLATE (UNII: LAV5U5022Y) (SALICYLIC ACID - UNII:O414PZ4LPZ)			METHYL SALICYLATE	31 g in 100 g
Inactive Ingredients				
Ingredient Name				Strength
BOSWELLIA SERRATA OIL (UNII: 5T1XCE6K8K)				
GLYCERIN (UNII: PDC6A3C0OX)				
ROSMARINUS OFFICINALIS (ROSEMARY) LEAF OIL (UNII: 8LGU7VM393)				
PHENOXYETHANOL (UNII: HIE492ZZ3T)				
WATER (UNII: 059QF0KO0R)				
ETHYLHEXYLGLYCERIN (UNII: 147D247K3P)				
CETYL ALCOHOL (UNII: 936JST6JCN)				
MATRICARIA CHAMOMILLA FLOWERING TOP OIL (UNII: SA8AR2W4ER)				
1,4-BUTANEDIOL (UNII: 7XOO2LE6G3)				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:78983-104-05	148 g in 1 TUBE; Type 0: Not a Combination Product	06/01/2025	
Marketing Information				
Marketing Category		Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug		M017	06/01/2025	

Labeler - IDEAZ, LLC (873184431)