

MAGNESIUM OXIDE- magnesium oxide tablet
Allegiant Health

Statement of Identity

STATEMENT OF IDENTITY

Magnesium (as magnesium oxide) 253mg

Ingredients

Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Colloidal Silicon Dioxide.

DIRECTIONS

As a dietary supplement, adults take one (1) tablet daily preferably with food or as directed by your healthcare practitioner.

CAUTIONS

If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use.

If you have kidney disease, take only under the supervision of a doctor. Discontinue use and consult your doctor if any adverse reactions occur.

Keep out of reach of children.

Store in a cool, dry place

Tamper

Do not use if imprinted safety seal under cap is broken or missing.

HEALTH CLAIMS

Take care of your whole body

Magnesium is essential for supporting bone health, and plays an important role in maintaining bone mineralization*

As a component in over 200 enzymes in the body, Magnesium is involved in muscle contractions, nerve impulses, energy metabolism and protein formation*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRINCIPAL DISPLAY PANEL

HealthA2Z[®]

Magnesium Oxide 420mg

SUPPORTS MUSCLE & NERVE FUNCTION*

Supports Bone Mineralization*

DIETARY SUPPLEMENT 90 Tablets

Directions: As a dietary supplement, adults take one (1) tablet daily preferably with food or as directed by your healthcare practitioner.

Supplement Facts		
Serving Size 1 Tablet		
	Amount Per Serving	% Daily Value**
Magnesium (as magnesium oxide)	253mg	63%

**Daily Values are based on a 2,000 calorie per day diet

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Colloidal Silicon Dioxide.

Warning: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. If you have kidney disease, take only under the supervision of a doctor. Discontinue use and consult your doctor if any adverse reactions occur. **Keep out of reach of children.**

Store in a cool, dry place
DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

Distributed by:
Allegiant Health
 Deer Park, NY 11729
 1-888-952-0050

Take care of your whole body

Magnesium is essential for supporting bone health, an important role in maintaining bone mineralization.*

As a component in over 300 enzymes in the body, Magnesium is involved in muscle contraction, nerve impulses, energy metabolism and protein formation.*

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Magnesium

MAGNESIUM OXIDE

magnesium oxide tablet

Product Information

Product Type	DIETARY SUPPLEMENT	Item Code (Source)	NHRIC:69168-306
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM OXIDE (UNII: 3A3U0GI71G) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM OXIDE	253 mg

Inactive Ingredients

Ingredient Name	Strength
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NHRIC:69168-306-82	90 in 1 BOTTLE		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date

Supplement Facts**Serving Size :****Serving per Container :**

	Amount Per Serving	% Daily Value
color		
imprint		
scoring	1	
shape		
size (solid drugs)	11 mm	

Labeler - Allegiant Health (079501930)

Revised: 11/2021

Allegiant Health