

**HELLOPHARMACIST BI-EST 5.0 CREAM- estriol, estradiol cream**  
**Nutrition Unlimited INC**

*Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click here.*

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**DRUG FACTS**

**Active Ingredients**

Micronized Estriol USP (Wild Yam) .4%

Micronized Estradiol USP (Wild Yam) .1%

This is a topical cream that contains bio-identical estriol and estradiol derived from wild yam and formulated in an 80:20 ratio. When applied to the skin it can help balance your hormones and provide temporary relief from menopausal symptoms such as hot flashes.

**USES:**

This is a topical cream that contains bio-identical estriol and estradiol derived from wild yam and formulated in an 80:20 ratio. When applied to the skin it can help balance your hormones and provide temporary relief from menopausal symptoms such as hot flashes.

**DIRECTIONS:** Apply once or twice a day. Massage into inner arms, thighs, chest or apply to inner forearm and rub arms together or use as directed by your Physician.

For external cosmetic use only. If pregnant or nursing, consult a healthcare professional before using this product. Cease using this product and seek medical attention if skin irritation or other negative reactions occur. Do not use if tamper-evident seal is broken or missing.

California Prop 65 Law requires this statement:

This product contains estrogen, a chemical known only to the state of California to cause cancer.

**KEEP OUT OF REACH OF CHILDREN.**

If pregnant or nursing or if you have a serious medical condition consult a healthcare professional before using this product.

Keep Out of Reach of Children.

Apply once or twice a day. Massage into inner arms, thighs, chest or apply to inner forearm and rub arms together or use as directed by you physician.

Purified Water, Vegetable Glycerin, Aloe Vera Gel,  
Caprylic/Capric Triglyceride, Stearic Acid, Olive Oil,  
Coconut Oil, Shea Butter, Sunflower Lecithin,  
Methylsulfonylmethane (MSM), Stearyl Alcohol,  
Isopropyl Palmitate, Allantoin, Carbomer,  
Sodium Bicarbonate, Herbal-Active

(Natural Preservstive)

Questions?

Hello@HelloPharmacist.com

HelloPharmacist.com

**DIRECTIONS:** Massage into inner arms, thighs, chest, or apply to inner forearm and rub arms together until absorbed. Use once or twice daily as desired.

**DISCUSSION:** No animals were used to test this product.

**WARNING:**

Discontinue if irritation or red skin develops and consult a physician. Application is intended for external cosmetic use only. Consult a healthcare physician before using this or any other product if pregnant or if you have a serious medical condition. Do not use around the eye area. Do not use if tamper evident seal is broken. This product can expose you to Estradiol, which is known to the State of California to cause cancer. For more information, go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food) **KEEP OUT OF REACH OF CHILDREN. Not intended for use by persons under the age of 18.**

Store in a cool, dry place



Bi-Est 5.0



Bio-Identical Estrogen Body Cream

Delivers 5,000mcg of bio-identical estrogen per pump



3.07 (85g)

**DRUG FACTS**

**Active Ingredient**

Micronized Estriol USP – 0.4%

Micronized Estradiol USP -0.1%

**Uses**

This is a topical cream that contains bio-identical estrogen. When applied to the skin it can help balance your hormones and provide temporary relief from menopausal symptoms such as hot flashes.

**Warnings**

For external cosmetic use only

Discontinue use if irritation or red skin develops, and consult a physician. If pregnant, nursing, or if you have a serious medical condition consult a healthcare professional before using this product. Do not use with any other progesterone or progestins. Do not use if tamper-evident seal is broken or missing. California Prop 65 Law requires this statement: This product contains progesterone, a chemical known only to the state of California to cause cancer. Cease using this product and seek medical attention if skin irritation or other negative reactions occur.

**Keep out of reach of children**

Store in a cold, dry place.

**Directions**

Apply once or twice a day. Massage into inner arms, thighs, chest or apply to inner forearm and rub arms together or use as directed by your physician.

**Inactive Ingredients**

Purified Water, Glycerin (Plant Source-Kosher), Aloe Vera Gel, Caprylic/Capric Triglyceride, Stearic Acid, MSM (Methylsulfonylmethane), Olive Oil, Coconut Oil, Isopropyl Palmitate, Stearyl Alcohol, Vitamin E, Herbal-Active (Natural Preservative), Radish Extract (Natural Preservative), Carbomer, Allantoin, Shea Butter, Sunflower Lecithin, Sodium Bicarbonate.

**Questions?**

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www.hellopharmacist.com

\*These statements are based on traditional homeopathic practice. They have not been reviewed by the Food and Drug Administration.

Manufactured in a FDA Registered company for Hello Pharmacist  
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**HELLOPHARMACIST BI-EST 5.0 CREAM**

estriol, estradiol cream

**Product Information**

|                                |                |                           |                |
|--------------------------------|----------------|---------------------------|----------------|
| <b>Product Type</b>            | HUMAN OTC DRUG | <b>Item Code (Source)</b> | NDC:85838-0211 |
| <b>Route of Administration</b> | TOPICAL        |                           |                |

**Active Ingredient/Active Moiety**

| Ingredient Name   | Basis of Strength | Strength     |
|---|-------------------|--------------|
| <b>ESTRIOL</b> (UNII: FB33469R8E) (ESTRIOL - UNII:FB33469R8E)     | ESTRIOL           | 4 mg in 85 g |
| <b>ESTRADIOL</b> (UNII: 4TI98Z838E) (ESTRADIOL - UNII:4TI98Z838E) | ESTRADIOL         | 1 mg in 85 g |

**Inactive Ingredients**

| Ingredient Name                               | Strength |
|---|----------|
| <b>GLYCERIN</b> (UNII: PDC6A3C0OX)            |          |
| <b>SHEA BUTTER</b> (UNII: K49155WL9Y)         |          |
| <b>SODIUM BICARBONATE</b> (UNII: 8MDF5V39QO)  |          |
| <b>OLIVE OIL</b> (UNII: 6UYK2W1W1E)           |          |
| <b>ALOE VERA LEAF</b> (UNII: ZY81Z83H0X)      |          |
| <b>ISOPROPYL PALMITATE</b> (UNII: 8CRQ2TH63M) |          |
| <b>ALLANTOIN</b> (UNII: 344S277G0Z)           |          |
| <b>LECITHIN, SUNFLOWER</b> (UNII: 834K0WOS5G) |          |
| <b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)        |          |
| <b>COCONUT OIL</b> (UNII: Q9L0O73W7L)         |          |

**Packaging**

| # | Item Code        | Package Description                                       | Marketing Start Date | Marketing End Date |
|---|------------------|---|----------------------|--------------------|
| 1 | NDC:85838-0211-0 | 85 g in 1 BOTTLE, PUMP; Type 0: Not a Combination Product | 03/19/2025           |                    |

**Marketing Information**

| Marketing Category    | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|-----------------------|--|----------------------|--------------------|
| unapproved drug other |  | 03/01/2025           |                    |

**Labeler** - Nutrition Unlimited INC (128179311)