

HELLOPHARMACIST BI-EST 5.0 CREAM- estriol, estradiol cream

Nutrition Unlimited INC

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click [here](#).

DRUG FACTS

Active Ingredients

Micronizrd Estriol USP (Wild Yam) .4%

Micronizrd Estradiol USP (Wild Yam) .1%

This is a topical cream that contains bio-identical estriol and estradiol derived from wild yam and formulated in an 80:20 ratio. When applied to the skin it can help balance your hormones and provide temporary relief from menopausal symptoms such as hot flashes.

USES:

This is a topical cream that contains bio-identical estriol and estradiol derived from wild yam and formulated in an 80:20 ratio. When applied to the skin it can help balance your hormones and provide temporary relief from menopausal symptoms such as hot flashes.

DIRECTIONS: Apply once or twice a day. Massage into inner arms, thighs, chest or apply to inner forearm and rub arms together or use as directed by your Physician.

For external cosmetic use only. If pregnant or nursing, consult a healthcare professional before using this product. Cease using this product and seek medical attention if skin irritation or other negative reactions occur. Do not use if tamper-evident seal is broken or missing.

California Prop 65 Law requires this statement:

This product contains estrogen, a chemical known only to the state of California to cause cancer.

KEEP OUT OF REACH OF CHILDREN.

If pregnant or nursing or if you have a serious medical condition consult a healthcare professional before using this product.

Keep Out of Reach of Children.

Apply once or twice a day. Massage into inner arms, thighs, chest or apply to inner forearm and rub arms together or use as directed by you physician.

Purified Water, Vegetable Glycerin, Aloe Vera Gel,
Caprylic/Capric Triglyceride, Stearic Acid, Olive Oil,
Coconut Oil, Shea Butter, Sunflower Lecithin,
Methylsulfonylmethane (MSM), Stearyl Alcohol,
Isopropyl Palmitate, Allantoin, Carbomer,
Sodium Bicarbonate, Herbal-Active

(Natural Preservstive)

Questions?

Hello@HelloPharmacist.com

HelloPharmacist.com

DIRECTIONS: Massage into inner arms, thighs, chest, or apply to inner forearm and rub arms together until absorbed. Use once or twice daily as desired.

DISCUSSION: No animals were used to test this product.

WARNING:

Discontinue if irritation or red skin develops and consult a physician. Application is intended for external cosmetic use only. Consult a healthcare physician before using this or any other product if pregnant or if you have a serious medical condition. Do not use around the eye area. Do not use if tamper evident seal is broken. This product can expose you to Estradiol, which is known to the State of California to cause cancer. For more information, go to www.P65Warnings.ca.gov/food
KEEP OUT OF REACH OF CHILDREN. Not intended for use by persons under the age of 18.

Store in a cool, dry place



Bi-Est
5.0



Bio-Identical
Estrogen Body Cream

Delivers 5,000mcg of
bio-identical estrogen
per pump



DRUG FACTS

Active Ingredient

Micronized Estriol USP – 0.4%

Micronized Estradiol USP -0.1%

Uses

This is a topical cream that contains bio-identical estrogen. When applied to the skin it can help balance your hormones and provide temporary relief from menopausal symptoms such as hot flashes.

Warnings

For external cosmetic use only

Discontinue use if irritation or red skin develops, and consult a physician. If pregnant, nursing, or if you have a serious medical condition consult a healthcare professional before using this product. Do not use with any other progesterone or progestins. Do not use if tamper-evident seal is broken or missing. California Prop 65 Law requires this statement: This product contains progesterone, a chemical known only to the state of California to cause cancer. Cease using this product and seek medical attention if skin irritation or other negative reactions occur.

Keep out of reach of children

Store in a cool, dry place.

Directions

Apply once or twice a day. Massage into inner arms, thighs, chest or apply to inner forearm and rub arms together or use as directed by your physician.

Inactive Ingredients

Purified Water, Glycerin (Plant Source-Kosher), Aloe Vera Gel, Caprylic/Capric Triglyceride, Stearic Acid, **MSM (Methylsulfonylmethane)**, Olive Oil, Coconut Oil, Isopropyl Palmitate, Stearyl Alcohol, Vitamin E, Herbal-Active (Natural Preservative), Radish Extract (Natural Preservative), Carbomer, Allantoin, Shea Butter, Sunflower Lecithin, Sodium Bicarbonate.

Questions?

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*These statements are based on traditional homeopathic practice. They have not been reviewed by the Food and Drug Administration.

**Manufactured in a
FDA Registered company for
Hello Pharmacist**
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Ithaca, NY 14850

Questions or Comments:
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HELLOPHARMACIST BI-EST 5.0 CREAM

estriol, estradiol cream

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:85838-0211
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name		Basis of Strength	Strength	
ESTRIOL (UNII: FB33469R8E) (ESTRIOL - UNII:FB33469R8E)		ESTRIOL	4 mg in 85 g	
ESTRADIOL (UNII: 4TI98Z 838E) (ESTRADIOL - UNII:4TI98Z 838E)		ESTRADIOL	1 mg in 85 g	
Inactive Ingredients				
Ingredient Name			Strength	
GLYCERIN (UNII: PDC6A3C0OX)				
SHEA BUTTER (UNII: K49155WL9Y)				
SODIUM BICARBONATE (UNII: 8MDF5V39QO)				
OLIVE OIL (UNII: 6UYK2W1W1E)				
ALOE VERA LEAF (UNII: ZY81Z83H0X)				
ISOPROPYL PALMITATE (UNII: 8CRQ2TH63M)				
ALLANTOIN (UNII: 344S277G0Z)				
LECITHIN, SUNFLOWER (UNII: 834K0WOS5G)				
STEARIC ACID (UNII: 4ELV7Z65AP)				
COCONUT OIL (UNII: Q9L0O73W7L)				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:85838-0211-0	85 g in 1 BOTTLE, PUMP; Type 0: Not a Combination Product	03/19/2025	
Marketing Information				
Marketing Category		Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved drug other			03/01/2025	

Labeler - Nutrition Unlimited INC (128179311)

Revised: 7/2025

Nutrition Unlimited INC