

GURUNANDA PAIN RELIEF- lidocaine hydrochloride spray
GuruNanda, LLC.

GuruNanda Lidocaine 4% Rain Relief Spray with Manganese

Lidocaine HCl 4%

Topical Analgesic

Uses

for temporary relief of pain

Warnings

For external use only

Do not use

- in large quantities, particularly over raw surfaces or blistered areas
- on wounds or damaged skin
- with a heating pad
- if you are allergic to any ingredients of this product

Ask a doctor before use if you have

sensitive skin or kidney problems

When using this product

- use only as directed. Read and follow all directions and warnings on this label
- avoid contact with eyes and mucous membranes
- do not apply to irritated skin or if excessive irritation develops
- avoid spraying on face
- avoid inhalation of spray
- avoid applying to skin folds
- do not bandage or apply local heat (such as heating pads) or a medicated patch to area of use
- do not use at the same time as other topical analgesic

Stop use and ask a doctor if

- condition worsens
- symptoms persist for more than 7 days or clear up and occur again within a few days
- you experience signs of skin injury, such as pain, swelling, or blistering where the product was applied

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children

If swallowed, get medical help or contact a Poison Control Center immediately (1-800-222-1222)

Directions

Adults and children 12 years of age and older: apply to affected area not more than 3 to 4 times daily

Children under 12 years of age: Do not use. Consult a doctor

Other information

- Do not use if printed seal is broken or missing
- Store the product in a cool, dry place, away from direct sunlight and excessive moisture

Inactive ingredients

Water, Magnesium Chloride, PEG-40 Hydrogenated Castor Oil, Benzyl Alcohol, Arnica Montana Flower Extract, Ginger Oil, Peppermint Oil, Cholecalciferol (Vitamin D3), Wintergreen Oil, D-Alpha Tocopherol (Vitamin E), Black Pepper Oil, Menaquinone-7 (Vitamin K2), Caprylic/Capric/Lauric Triglyceride

Principal Display Panel



GURUNANDA PAIN RELIEF

lidocaine hydrochloride spray

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:70708-101
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
LIDOCAINE HYDROCHLORIDE (UNII: V13007Z41A) (LIDOCAINE - UNII: 98PI200987)	LIDOCAINE HYDROCHLORIDE ANHYDROUS	40 mg in 1 mL

Inactive Ingredients

Ingredient Name	Strength
METHYL SALICYLATE (UNII: LAV5U5022Y)	
.ALPHA.-TOCOPHEROL, D- (UNII: N9PR3490H9)	
CAPRYLIC/CAPRIC/LAURIC TRIGLYCERIDE (UNII: FJ1H6M2JG9)	
BLACK PEPPER OIL (UNII: U17J84S19Z)	

MAGNESIUM CHLORIDE (UNII: 02F3473H9O)	
PEPPERMINT OIL (UNII: AV092KU4JH)	
WATER (UNII: 059QF0KO0R)	
BENZYL ALCOHOL (UNII: LKG8494WBH)	
ARNICA MONTANA FLOWER (UNII: OZ0E5Y15PZ)	
CHOLECALCIFEROL (UNII: 1C6V77QF41)	
PEG-40 HYDROGENATED CASTOR OIL (UNII: 7YC686GQ8F)	
LAVENDER OIL (UNII: ZBP1YXW0H8)	
MENAQUINONE 7 (UNII: 8427BML8NY)	
FRANKINCENSE OIL (UNII: 67ZYA5T02K)	
EUCALYPTUS OIL (UNII: 2R04ONI662)	
GINGER OIL (UNII: SAS9Z1SVUK)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:70708-101-02	1 in 1 CARTON	07/01/2025	
1		59 mL in 1 BOTTLE, SPRAY; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	07/01/2025	

Labeler - GuruNanda, LLC. (079671169)

Revised: 7/2025

GuruNanda, LLC.