

GURUNANDA ANTI-CAVITY- sodium fluoride rinse
GURUNANDA, LLC

GuruNanda Anti-Cavity Oral Rinse

Active ingredient

Sodium Fluoride 0.05% (0.2 w/v fluoride ion)

Purpose

Anticavity

Uses

Aids in the prevention of dental cavities

Warnings

Warnings

Keep out of reach of children

If more than used for rinsing is accidentally swallowed, get medical help or contact a Poison Control Center right away (1-800-222-1222).

Directions

Adults and children 12 years of age and older:

- Use once a day after brushing your teeth with a toothpaste.
- Vigorously swish 10 mL of rinse between your teeth for 1 minute and then spit out.
- Do not swallow the rinse.
- Do not eat or drink for 30 minutes after rinsing.
- Instruct children under 12 years of age in good brushing and rinsing habits (to minimize swallowing).
- Supervise children as necessary until they are capable of using without supervision.

Children under 6 years of age:

- Consult a dentist or doctor

Other information

- Do not use if printed seal is broken or missing
- Recommended storage temperature 59°F-77°F (15°C-25°C)

Inactive ingredients

Water, Glycerin, PEG-40 Hydrogenated Castor Oil, Sodium Benzoate, Sodium Bicarbonate, Disodium Phosphate, Sodium Chlorite, Menthol, Stevia Leaf Extract, Flavor, Disodium EDTA, Xylitol, Citric Acid

NDC 70708-890-33

Drug Facts

Active ingredient	Purpose
Sodium Fluoride 0.05% (0.02 w/v fluoride ion)	Anticavity

Use Aids in the prevention of dental cavities

Warnings
Keep out of reach of children. If more than used for rinsing is accidentally swallowed, get medical help or contact a Poison Control Center right away (1-800-222-1222).

Directions

Adults and children 6 years of age and older	<ul style="list-style-type: none"> Use once a day after brushing your teeth with a toothpaste Vigorously swish 10 mL (2 teaspoonfuls) of rinse between your teeth for at least 1 minute and then spit out Do not swallow the rinse Do not eat or drink for 30 minutes after rinsing Instruct children under 12 years of age in good brushing and rinsing habits (to minimize swallowing) Supervise children as necessary until they are capable of using without supervision
Children under 6 years of age	Consult a dentist or doctor

Other information

- Do not use if printed seal is broken or missing
- Recommended storage temperature 59°F-77°F (15°C-25°C)

Inactive ingredients
Citric Acid, Disodium EDTA, Disodium Phosphate, Flavor, Glycerin, Menthol, PEG-40 Hydrogenated Castor Oil, Sodium Benzoate, Sodium Bicarbonate, Sodium Chlorite, Stevia Leaf Extract, Water, Xylitol

SEE BOTTOM OF BOTTLE FOR EXPIRATION DATE AND LOT NUMBER.

IMPORTANT: Read directions for proper use.



ALCOHOL FREE

Guru Nanda

THERAPEUTIC FORMULA

ANTI-CAVITY ORAL RINSE

0.05% SODIUM FLUORIDE

FIGHTS AGAINST CAVITIES

HELPS STRENGTHEN TEETH & ENAMEL

VIBRANT MINT

HEALTHY ENAMEL

33.8 FL. OZ. (1.06 QT) / 1 L

**GENTLE ON GUMS,
STRONG ON CAVITY**

WITH FLUORIDE

LOT Code Area

DISTRIBUTED BY: GURUNANDA LLC
BUENA PARK, CA 90620, USA
QUESTIONS: 1-866-421-0309
CONTACT@GURUNANDA.COM
WWW.GURUNANDA.COM

GURUNANDA® AND RELATED TRADEMARKS, NAMES, LOGOS, AND PATENTS ARE THE PROPERTY OF GURUNANDA LLC AND ARE REGISTERED OR PENDING AND USED IN THE U.S. AND COUNTRIES AROUND THE WORLD. ©2025 GURUNANDA LLC




BE THE GURU OF YOUR WELLNESS™



8 10051 08902 8

13-73-1L-08902-1 V08902B

NDC 70708-890-16

Drug Facts

Active ingredient	Purpose
Sodium Fluoride 0.05% (0.02 w/v fluoride ion)	Anticavity

Use Aids in the prevention of dental cavities

Warnings
Keep out of reach of children. If more than used for rinsing is accidentally swallowed, get medical help or contact a Poison Control Center right away (1-800-222-1222).

Directions

Adults and children 6 years of age and older	<ul style="list-style-type: none"> Use once a day after brushing your teeth with a toothpaste Vigorously swish 10 mL (2 teaspoonfuls) of rinse between your teeth for at least 1 minute and then spit out Do not swallow the rinse Do not eat or drink for 30 minutes after rinsing Instruct children under 12 years of age in good brushing and rinsing habits (to minimize swallowing) Supervise children as necessary until they are capable of using without supervision
Children under 6 years of age	Consult a dentist or doctor

Other information

- Do not use if printed seal is broken or missing
- Recommended storage temperature 59°F-77°F (15°C-25°C)

Inactive ingredients
Citric Acid, Disodium EDTA, Disodium Phosphate, Flavor, Glycerin, Menthol, PEG-40 Hydrogenated Castor Oil, Sodium Benzoate, Sodium Bicarbonate, Sodium Chlorite, Stevia Leaf Extract, Water, Xylitol

SEE BOTTOM OF BOTTLE FOR EXPIRATION DATE AND LOT NUMBER.

IMPORTANT: Read directions for proper use.



ALCOHOL FREE

Guru Nanda

THERAPEUTIC FORMULA

ANTI-CAVITY ORAL RINSE

0.05% SODIUM FLUORIDE

FIGHTS AGAINST CAVITIES

HELPS STRENGTHEN TEETH & ENAMEL

VIBRANT MINT

HEALTHY ENAMEL

16 FL. OZ. (473 mL)

**GENTLE ON GUMS,
STRONG ON CAVITY**

WITH FLUORIDE

LOT Code Area

DISTRIBUTED BY: GURUNANDA LLC
BUENA PARK, CA 90620, USA
QUESTIONS: 1-866-421-0309
CONTACT@GURUNANDA.COM
WWW.GURUNANDA.COM

GURUNANDA® AND RELATED TRADEMARKS, NAMES, LOGOS, AND PATENTS ARE THE PROPERTY OF GURUNANDA LLC AND ARE REGISTERED OR PENDING AND USED IN THE U.S. AND COUNTRIES AROUND THE WORLD. ©2025 GURUNANDA LLC




BE THE GURU OF YOUR WELLNESS™



8 10051 08950 9

13-73-16Z-08950-1 V08950A

NDC 70708-890-24



ALCOHOL FREE

**GENTLE ON GUMS,
STRONG ON CAVITY
WITH FLUORIDE**

Drug Facts

Active ingredient
Sodium Fluoride 0.05% (0.02 w/v fluoride ion).....**Purpose**
.....Anticavity

Use ■ Aids in the prevention of dental cavities

Warnings
Keep out of reach of children. If more than used for rinsing is accidentally swallowed, get medical help or contact a Poison Control Center right away (1-800-222-1222).

Directions
Adults and children 6 years of age and older ■ Use once a day after brushing your teeth with a toothpaste ■ Vigorously swish 10 mL (2 teaspoonfuls) of rinse between your teeth for at least 1 minute and then spit out
■ Do not swallow the rinse
■ Do not eat or drink for 30 minutes after rinsing
■ Instruct children under 12 years of age in good brushing and rinsing habits (to minimize swallowing)
■ Supervise children as necessary until they are capable of using without supervision

Children under 6 years of age ■ Consult a dentist or doctor

Other information
■ Do not use if printed seal is broken or missing
■ Recommended storage temperature 59°F-77°F (15°C-25°C)

Inactive ingredients
Citric Acid, Disodium EDTA, Disodium Phosphate, Flavor, Glycerin, Menthol, PEG-40 Hydrogenated Castor Oil, Sodium Benzoate, Sodium Bicarbonate, Sodium Chlorite, Stevia Leaf Extract, Water, Xylitol

SEE BOTTOM OF BOTTLE FOR EXPIRATION DATE AND LOT NUMBER.

IMPORTANT: Read directions for proper use.

Guru Nanda®

THERAPEUTIC FORMULA

ANTI-CAVITY ORAL RINSE

0.05% SODIUM FLUORIDE

FIGHTS AGAINST CAVITIES

HELPS STRENGTHEN
TEETH & ENAMEL

HEALTHY ENAMEL

24 FL. OZ. (710 mL)



LOT Code Area

DISTRIBUTED BY: GURUNANDA LLC
BUENA PARK, CA 90620 USA
QUESTION: 866-421-0309
CONTACT: @GURUNANDA.COM
WWW.GURUNANDA.COM

GURUNANDA® AND RELATED TRADEMARKS, NAMES, LOGOS, AND PATENTS ARE THE PROPERTY OF GURUNANDA LLC AND ARE REGISTERED OR PENDING AND USED IN THE U.S. AND COUNTRIES AROUND THE WORLD. ©2026 GURUNANDA LLC



BE THE GURU OF YOUR WELLNESS™

V08877A



48-73-242-08877-1

GURUNANDA ANTI-CAVITY

sodium fluoride rinse

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:70708-890
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
SODIUM FLUORIDE (UNII: 8ZYQ1474W7) (FLUORIDE ION - UNII:Q80VPU4080)	SODIUM FLUORIDE	0.2 mg in 1 mL

Inactive Ingredients

Ingredient Name	Strength
GLYCERIN (UNII: PDC6A3C0OX)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
DISODIUM PHOSPHATE (UNII: 22ADO53M6F)	
XYLITOL (UNII: VCQ006KQ1E)	
SODIUM CHLORITE (UNII: G538EBV4VF)	
EDETATE DISODIUM (UNII: 7FLD91C86K)	
PEG-40 HYDROGENATED CASTOR OIL (UNII: 7YC686GQ8F)	
CITRIC ACID (UNII: 2968PHW8QP)	
STEVIA LEAF (UNII: 6TC6NN0876)	
LEVOMENTHOL (UNII: BZ1R15MTK7)	
WATER (UNII: 059QF0KO0R)	
SODIUM BICARBONATE (UNII: 8MDF5V39QO)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:70708-890-16	473 mL in 1 BOTTLE; Type 0: Not a Combination Product	08/01/2025	
2	NDC:70708-890-33	999 mL in 1 BOTTLE; Type 0: Not a Combination Product	08/01/2025	
3	NDC:70708-890-24	710 mL in 1 BOTTLE; Type 0: Not a Combination Product	08/01/2025	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M021	08/01/2025	

Labeler - GURUNANDA, LLC (079671169)

Revised: 1/2026

GURUNANDA, LLC