

**GURUNANDA ORAL PAIN RELIEF- menthol rinse**  
**GURUNANDA, LLC**

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**GuruNanda Oral Pain Relief Rinse Sensitive**

Menthol 1.5%

Oral Analgesic

***Uses***

- For temporary pain relief due to minor irritation or injury of the mouth and gums resulting from:
- Dental procedures
- Orthodontic appliances
- Dentures
- Canker Sores
- Other minor irritations of the mouth and gums

**Warnings**

**Warnings**

**Do not use**

this product for more than 7 days unless directed by a dentist or doctor.

**When using this product**

use only as directed. Read and follow all directions and warnings on this label.

- Do not swallow
- Do not exceed recommended dosage.

**Stop use and ask doctor if**

- irritation, pain or redness persists or worsens
- swelling, rash or fever develops
- sore mouth symptoms do not improve in 7 days

**Keep out of reach of children.**

If more than used for rinsing is accidentally swallowed, get medical help or contact a Poison Control Center immediately (1-800-222-1222).

***Directions***

**Adults and children 6 years of age and older:** Pour 10 mL into the measuring cup. Swish, gargle, push between teeth, or allow to remain in place for at least 2 minutes. Do not swallow. Spit out into a trash can. Use up to twice daily, or as directed by a dentist or doctor. Brush your teeth after use.

**Children under 12 years of age:** Should be supervised in the use of this product.  
**Children under 6 years of age:** Consult a dentist or doctor

### Other information

- Do not use if printed neck seal is broken or missing
- Store in a cool place, away from heat and direct sunlight

### Inactive ingredients

Caprylic/Capric/Lauric Triglyceride, Clove (*Eugenia caryophyllus*) Oil, Peppermint (*Mentha piperita*) Oil, Spearmint (*Mentha spicata*) Oil, Winged Prickly Ash (*Zanthoxylum alatum*) Oil, Copaiba Balsam (*Copaifera officinalis*) Oil, Myrrh (*Commiphora myrrha*) Oil, Tea Tree (*Melaleuca alternifolia*) Oil, Thyme (*Thymus zygis*) Oil, White Turmeric (*Curcuma zedoaria*) Oil, D-Alpha-Tocopherol (Vitamin E), Miswak (*Salvadora persica*) Extract, Cholecalciferol (Vitamin D3), Menaquinone-7 (Vitamin K2 MK-7)

### Principal Display Panel

Drug Facts	
<b>Active ingredient</b>	<b>Purpose</b>
Menthol 1.5%	Oral Analgesic
<b>Uses</b> • For temporary pain relief due to minor irritation or injury of the mouth and gums resulting from: • Dental procedures • Orthodontic appliances • Dentures • Canker Sores • Other minor irritations of the mouth and gums	
<b>Warnings</b> Do not use this product for more than 7 days unless directed by a dentist or doctor. <b>When using this product</b> use only as directed. Read and follow all directions and warnings on this label • Do not swallow • Do not exceed recommended dosage. <b>Stop use and ask a doctor if</b> • Irritation, pain or redness persists or worsens • Swelling, rash or fever develops • Sore mouth symptoms do not improve in 7 days <b>Keep out of reach of children.</b> If more than used for rinsing is accidentally swallowed, get medical help or contact a Poison Control Center immediately (1-800-222-1222).	
<b>Directions</b>	
Adults and children 6 years of age and older	Pour 10 mL into the measuring cup. Swish, gargle, push between teeth, or allow to remain in place for at least 2 minutes. Do not swallow. Spit out into a trash can. Use 2 times daily, or as directed by a dentist or doctor. Brush your teeth after use.
Children under 12 years of age	Should be supervised in the use of this product.
Children under 6 years of age	Consult a dentist or doctor
<b>Other information</b> • Do not use if printed neck seal is broken or missing • Store in a cool place, away from heat and direct sunlight	
<b>Inactive ingredients</b> Caprylic/Capric/Lauric Triglyceride, Clove ( <i>Eugenia caryophyllus</i> ) Oil, Peppermint ( <i>Mentha piperita</i> ) Oil, Spearmint ( <i>Mentha spicata</i> ) Oil, Winged Prickly Ash ( <i>Zanthoxylum alatum</i> ) Oil, Copaiba Balsam ( <i>Copaifera officinalis</i> ) Oil, Myrrh ( <i>Commiphora myrrha</i> ) Oil, Tea Tree ( <i>Melaleuca alternifolia</i> ) Oil, Thyme ( <i>Thymus zygis</i> ) Oil, White Turmeric ( <i>Curcuma zedoaria</i> ) Oil, D-Alpha-Tocopherol (Vitamin E), Miswak ( <i>Salvadora persica</i> ) Extract, Cholecalciferol (Vitamin D3), Menaquinone-7 (Vitamin K2 MK-7)	

**CAUTION:** Use only as directed. Do not use if you are allergic to any of the ingredients in this product. If irritation develops, discontinue use immediately. Store in a cool, dry place.

Contains natural ingredients. Color may vary. See the bottom of the bottle for lot number and expiration date.

**NO SWEETENER ADDED**

BRIDGE THE GAP  
EAST MEETS WEST™

Most Popular Oil Pulling Brand Amongst Dentists & Hygienists

Clean Ingredients

**Guru Nanda®**

**ORAL PAIN RELIEF RINSE**

**MENTHOL 1.5%  
OIL PULLING  
WITH REFRESHING  
WHITE TURMERIC & MISWAK**

**SHAKE WELL BEFORE USE**

**PARVE**

**MADE IN USA**  
WITH U.S. AND IMPORTED PARTS

**LOT Code Area (FPO DO NOT PRINT)**  
24.5mm x 9mm

Distributed by:  
GuruNanda LLC  
Buena Park, CA 90620, USA  
Questions: 866-421-0309 • contact@gurunanda.com  
www.GuruNanda.com

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13-73-08Z-08687-1  
V08687D

**SOOTHES, CLEANSSES & REFRESHES**

**8 FL. OZ. (237 mL)**

## GURUNANDA ORAL PAIN RELIEF

menthol rinse

Product Information				
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:70708-011	
Route of Administration	ORAL			
Active Ingredient/Active Moiety				
Ingredient Name		Basis of Strength	Strength	
LEVOMENTHOL (UNII: BZ1R15MTK7) (LEVOMENTHOL - UNII:BZ1R15MTK7)		LEVOMENTHOL	15 mg in 1 mL	
Inactive Ingredients				
Ingredient Name			Strength	
ZANTHOXYLUM ARMATUM FRUIT (UNII: ER3FV125H7)				
THYME OIL (UNII: 2UK410MY6B)				
.ALPHA.-TOCOPHEROL, D- (UNII: N9PR3490H9)				
CHOLECALCIFEROL (UNII: 1C6V77QF41)				
MENTHA PIPERITA (PEPPERMINT) OIL (UNII: AV092KU4JH)				
TEA TREE OIL (UNII: VIF565UC2G)				
MYRRH OIL (UNII: H74221J5J4)				
CAPRYLIC/CAPRIC/LAURIC TRIGLYCERIDE (UNII: FJ1H6M2JG9)				
CLOVE OIL (UNII: 578389D6D0)				
SPEARMINT OIL (UNII: C3M81465G5)				
MENAQUINONE-7 (UNII: 8427BML8NY)				
SALVADORA PERSICA WHOLE (UNII: QY11DDA752)				
COPAIFERA OFFICINALIS (BALSAM COPAIBA) RESIN (UNII: 1VH544O5AT)				
CURCUMA ZEDOARIA OIL (UNII: QPP5U30FSD)				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:70708-011-08	1 in 1 CARTON	07/04/2025	
1		237 mL in 1 BOTTLE; Type 0: Not a Combination Product		
Marketing Information				
Marketing Category		Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug		M022	07/04/2025	

**Labeler** - GURUNANDA, LLC (079671169)