

GURUNANDA ORAL PAIN RELIEF- menthol rinse
GURUNANDA, LLC

GuruNanda Oral Pain Relief Rinse Sensitive

Menthol 1.5%

Oral Analgesic

Uses

- For temporary pain relief due to minor irritation or injury of the mouth and gums resulting from:
 - Dental procedures
 - Orthodontic appliances
 - Dentures
 - Canker Sores
 - Other minor irritations of the mouth and gums

Warnings

Warnings

Do not use

this product for more than 7 days unless directed by a dentist or doctor.

When using this product

use only as directed. Read and follow all directions and warnings on this label.

- Do not swallow
- Do not exceed recommended dosage.

Stop use and ask doctor if

- irritation, pain or redness persists or worsens
- swelling, rash or fever develops
- sore mouth symptoms do not improve in 7 days

Keep out of reach of children.

If more than used for rinsing is accidentally swallowed, get medical help or contact a Poison Control Center immediately (1-800-222-1222).

Directions

Adults and children 6 years of age and older: Pour 10 mL into the measuring cup. Swish, gargle, push between teeth, or allow to remain in place for at least 2 minutes. Do not swallow. Spit out into a trash can. Use up to twice daily, or as directed by a dentist or doctor. Brush your teeth after use.

Children under 12 years of age: Should be supervised in the use of this product.
Children under 6 years of age: Consult a dentist or doctor

Other information

- Do not use if printed neck seal is broken or missing
- Store in a cool place, away from heat and direct sunlight

Inactive ingredients

Caprylic/Capric/Lauric Triglyceride, Clove (*Eugenia caryophyllus*) Oil, Peppermint (*Mentha piperita*) Oil, Spearmint (*Mentha spicata*) Oil, Winged Prickly Ash (*Zanthoxylum alatum*) Oil, Copaiba Balsam (*Copaifera officinalis*) Oil, Myrrh (*Commiphora myrrha*) Oil, Tea Tree (*Melaleuca alternifolia*) Oil, Thyme (*Thymus zygis*) Oil, White Turmeric (*Curcuma zedoaria*) Oil, D-Alpha-Tocopherol (Vitamin E), Miswak (*Salvadora persica*) Extract, Cholecalciferol (Vitamin D3), Menaquinone-7 (Vitamin K2 MK-7)

Principal Display Panel

<p>Drug Facts</p> <table border="1"> <thead> <tr> <th>Active ingredient</th> <th>Purpose</th> </tr> </thead> <tbody> <tr> <td>Menthol 1.5%</td> <td>Oral Analgesic</td> </tr> </tbody> </table> <p>Uses • For temporary pain relief due to minor irritation or injury of the mouth and gums resulting from • Dental procedures • Orthodontic appliances • Dentures • Canker Sores • Other minor irritations of the mouth and gums</p> <p>Warnings Do not use this product for more than 7 days unless directed by a dentist or doctor. When using this product use only as directed. Read and follow all directions and warnings on this label • Do not swallow • Do not exceed recommended dosage. Stop use and ask a doctor if • Irritation, pain or redness persists or worsens • Swelling, rash or fever develops • sore mouth symptoms do not improve in 7 days Keep out of reach of children. If more than used for rinsing is accidentally swallowed, get medical help or contact a Poison Control Center immediately (1-800-222-1222).</p> <p>Directions</p> <table border="1"> <tbody> <tr> <td>Adults and children 6 years of age and older</td> <td>Pour 10 mL into the measuring cup. Swish, gargle, push between teeth, or allow to remain in place for at least 2 minutes. Do not swallow. Spit out into a trash can. Use 2 times daily, or as directed by a dentist or doctor. Brush your teeth after use.</td> </tr> <tr> <td>Children under 12 years of age</td> <td>Should be supervised in the use of this product.</td> </tr> <tr> <td>Children under 6 years of age</td> <td>Consult a dentist or doctor</td> </tr> </tbody> </table> <p>Other information • Do not use if printed neck seal is broken or missing • Store in a cool place, away from heat and direct sunlight</p> <p>Inactive ingredients Caprylic/Capric/Lauric Triglyceride, Clove (<i>Eugenia caryophyllus</i>) Oil, Peppermint (<i>Mentha piperita</i>) Oil, Spearmint (<i>Mentha spicata</i>) Oil, Winged Prickly Ash (<i>Zanthoxylum alatum</i>) Oil, Copaiba Balsam (<i>Copaifera officinalis</i>) Oil, Myrrh (<i>Commiphora myrrha</i>) Oil, Tea Tree (<i>Melaleuca alternifolia</i>) Oil, Thyme (<i>Thymus zygis</i>) Oil, White Turmeric (<i>Curcuma zedoaria</i>) Oil, D-Alpha-Tocopherol (Vitamin E), Miswak (<i>Salvadora persica</i>) Extract, Cholecalciferol (Vitamin D3), Menaquinone-7 (Vitamin K2 MK-7)</p> <p>CAUTION: Use only as directed. Do not use if you are allergic to any of the ingredients in this product. If irritation develops, discontinue use immediately. Store in a cool, dry place. Contains natural ingredients. Color may vary. See the bottom of the bottle for lot number and expiration date.</p> <p>NO SWEETENER ADDED</p>		Active ingredient	Purpose	Menthol 1.5%	Oral Analgesic	Adults and children 6 years of age and older	Pour 10 mL into the measuring cup. Swish, gargle, push between teeth, or allow to remain in place for at least 2 minutes. Do not swallow. Spit out into a trash can. Use 2 times daily, or as directed by a dentist or doctor. Brush your teeth after use.	Children under 12 years of age	Should be supervised in the use of this product.	Children under 6 years of age	Consult a dentist or doctor	 <p>Most Popular Oil Pulling Brand Amongst Dentists & Hygienists</p> <p>Clean Ingredients</p> <p>SHAKE WELL BEFORE USE</p>   <p>Distributed by: GuruNanda LLC Buena Park, CA 90620, USA Questions: 866-421-0309 • contact@gurunanda.com www.GuruNanda.com</p> <p>GuruNanda® and related trademarks, names, logos, and patents are the property of GuruNanda LLC and are registered and for use in the U.S. and countries around the world. ©2025 GuruNanda LLC</p> <p>13-73-08Z-08687-1 V08687D</p>
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ORAL PAIN RELIEF RINSE

MENTHOL 1.5% OIL PULLING WITH REFRESHING WHITE TURMERIC & MISWAK



SOOTHES, CLEANSSES & REFRESHES

8 FL. OZ. (237 mL)

LOT Code Area (FPO, DO NOT PRINT)
 24.5mm x 9mm

GURUNANDA ORAL PAIN RELIEF

menthol rinse

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:70708-011
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
LEVOMENTHOL (UNII: BZ1R15MTK7) (LEVOMENTHOL - UNII:BZ1R15MTK7)	LEVOMENTHOL	15 mg in 1 mL

Inactive Ingredients

Ingredient Name	Strength
ZANTHOXYLUM ARMATUM FRUIT (UNII: ER3FV125H7)	
THYME OIL (UNII: 2UK410MY6B)	
.ALPHA.-TOCOPHEROL, D- (UNII: N9PR3490H9)	
CHOLECALCIFEROL (UNII: 1C6V77QF41)	
MENTHA PIPERITA (PEPPERMINT) OIL (UNII: AV092KU4JH)	
TEA TREE OIL (UNII: VIF565UC2G)	
MYRRH OIL (UNII: H74221J5J4)	
CAPRYLIC/CAPRIC/LAURIC TRIGLYCERIDE (UNII: FJ1H6M2JG9)	
CLOVE OIL (UNII: 578389D6D0)	
SPEARMINT OIL (UNII: C3M81465G5)	
MENAQUINONE-7 (UNII: 8427BML8NY)	
SALVADORA PERSICA WHOLE (UNII: QY11DDA752)	
COPAIFERA OFFICINALIS (BALSAM COPAIBA) RESIN (UNII: 1VH544O5AT)	
CURCUMA ZEDOARIA OIL (UNII: QPP5U30FSD)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:70708-011-08	1 in 1 CARTON	07/04/2025	
1		237 mL in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M022	07/04/2025	

Labeler - GURUNANDA, LLC (079671169)