

SLEEP AID- diphenhydramine hydrochloride tablet, film coated
Publix Super Markets Inc

Publix Super Markets, Inc. Sleep Aid Drug Facts

Active ingredient (in each caplet)

Diphenhydramine HCl 25 mg

Purpose

Nighttime sleep-aid

Use

for relief of occasional sleeplessness

Warnings

Do not use

- in children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers

When using this product

- avoid alcoholic drinks
- drowsiness may occur
- do not drive a motor vehicle or operate machinery

Stop use and ask a doctor if

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children. Overdose warning:

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

Directions

adults and children 12 years and over	take 2 caplets at bedtime if needed, or as directed by a doctor
children under 12 years	do not use

Other information

- **each caplet contains:** calcium 15 mg
- store at 68-77°F (20-25°C). Avoid high humidity. Protect from light.
- **do not use if blister unit is broken or torn**

Inactive ingredients

carnauba wax, crospovidone, dibasic calcium phosphate dihydrate, FD&C blue #1 aluminum lake, FD&C blue #2 aluminum lake, hypromellose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polysorbate 80, pregelatinized starch, stearic acid, titanium dioxide

Principal Display Panel

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sleep aid

DIPHENHYDRAMINE HCl 25 mg

ACTUAL SIZE

Nighttime Sleep Aid

- Does not Contain Pain Reliever
- For a restful night's sleep
- Safe, Non-Habit Forming

24 CAPLETS

Compare to Simply Sleep® Nighttime Sleep Aid active ingredient



sleepaid

DIPHENHYDRAMINE HCl 25 mg



NDC 56062-431-62

sleepaid

DIPHENHYDRAMINE HCl 25 mg



ACTUAL SIZE

Nighttime Sleep Aid

- Does Not Contain Pain Reliever
- For a restful night's sleep
- Safe, Non-Habit Forming

24 CAPLETS

Compare to Simply Sleep®
Nighttime Sleep Aid active ingredient*

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OPEN OTHER END

Drug Facts

Active ingredient (in each caplet)	Purpose
Diphenhydramine HCl 25 mg,Night time sleep-aid	

Use for relief of occasional sleeplessness

Warnings

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Drug Facts (continued)

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SCAN HERE FOR MORE INFORMATION

Publix.

CONVENIENT RECLOSING TAB



*This product is not manufactured or distributed by the owner of the registered trademark Simply Sleep®.

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SLEEP AID

diphenhydramine hydrochloride tablet, film coated

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:56062-431
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
CARNAUBA WAX (UNII: R12CBM0EIZ)	
CROSPVIDONE (120 .MU.M) (UNII: 68401960MK)	
DIBASIC CALCIUM PHOSPHATE DIHYDRATE (UNII: O7TSZ97GEP)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C BLUE NO. 2 (UNII: L06K8R7DQK)	
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
POLYSORBATE 80 (UNII: 6OZP39ZG8H)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	

Product Characteristics

Color	BLUE (Light Blue)	Score	no score
Shape	OVAL	Size	11mm
Flavor		Imprint Code	L431
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date

1	NDC:56062-431-62	12 in 1 CARTON	05/09/2002	
1		2 in 1 BLISTER PACK; Type 0: Not a Combination Product		
2	NDC:56062-431-78	1 in 1 CARTON	08/29/2011	
2		100 in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	07/24/2001	

Labeler - Publix Super Markets Inc (006922009)

Revised: 7/2024

Publix Super Markets Inc