AMAZON FIBER THERAPY- methylcellulose tablet AMAZON.COM SERVICES LLC

Fiber Therapy Methylcellulose 500 mg 100 Caplets

Active ingredient (in each caplet)

Methylcellulose (a non-allergenic fiber) 500 mg

Purpose

Bulk-forming laxative

Uses

- Relieves occasional constipation (irregularity)
- Generally produces a bowel movement in 12-72 hours

Warnings

Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

Ask a doctor before use if you have

- a sudden change in bowel habits that persists for 2 weeks
- abdominal pain, nausea or vomiting

Stop use and ask a doctor if

- constipation lasts more than 7 days
- You have rectal bleeding

These could be signs of a serious condition.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away at 1-800-222-1222.

Directions

Take this product (child or adult dose) with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough liquid may cause choking.

See choking warning.

AGE	DOSE	MAXIMUM DOSE
adults & children 12 years	Start with 2 caplets. Increase as	do not exceed 12
of age and over	needed up to 6 times per day.	caplets per day.
children 6 to 11 years of	Start with 1 caplet. Increase as	do not exceed 6
age	needed up to 6 times per day.	caplets per day.
children under 6 years of	consult a physician	consult a physician
age		

Other information

- each caplet contains: calcium 18 mg
- store at room temperature
- protect contents from humidity
- keep tightly closed

Inactive ingredients

adipic acid, calcium carbonate, crospovidone, FD&C yellow no. 6, magnesium stearate, microcrystalline cellulose, polysorbate 80, silica.

Questions or comments?

1-866-467-2748

Principal Display Panel

*Compare to the active ingredient in Citrucel® Caplets

NDC 72288-122-00

Fiber Therapy

Methylcellulose

- · Gentle and clinically proven effective†
- Gives you additional fiber to help relieve occasional constipation
- Fiber for irregularity that won't cause excess gas††

100 Fiber Caplets

TAMPER EVIDENT: DO NOT USE IF PRINTED INNER SEAL UNDER CAP IS TORN OR MISSING.

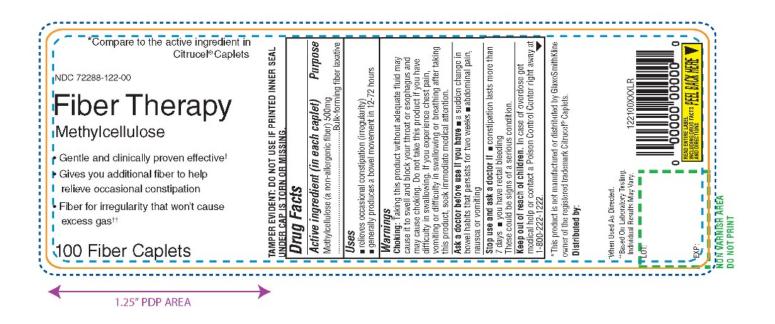
tWhen Used As Directed

††Based On Laboratory Testing.

Individual Results May Vary.

Distributed by:

*This product is not manufactured or distributed by GlaxoSmithKline, the owner of the registered trademark Citrucel® Caplets.





AMAZON FIBER THERAPY methylcellulose tablet Product Information Product Type HUMAN OTC DRUG Item Code (Source) NDC:72288-122 Route of Administration ORAL Active Ingredient/Active Moiety Ingredient Name Basis of Strength Strength

METHYLCELLULOSE (4000 MPA.S) (UNI	: MRJ667KA5E) (METHYLCELLULOSE
(4000 MPA S) - LINII·MRI667ΚΔ5Ε)	

METHYLCELLULOSE (4000 MPA.S)

500 mg

Inactive Ingredients		
Ingredient Name	Strength	
ADIPIC ACID (UNII: 76A0JE0FKJ)		
CALCIUM CARBONATE (UNII: H0G9379FGK)		
CROSPOVIDONE (120 .MU.M) (UNII: 68401960MK)		
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)		
MAGNESIUM STEARATE (UNII: 70097M6I30)		
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)		
POLYSORBATE 80 (UNII: 60ZP39ZG8H)		
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)		

Product Characteristics			
Color	ORANGE (Light orange)	Score	no score
Shape	CAPSULE (Caplet)	Size	19mm
Flavor		Imprint Code	RP122
Contains			

Packaging			
# Item Code	Package Description	Marketing Start Date	Marketing End Date
1 NDC:72288-122-	100 in 1 BOTTLE; Type 0: Not a Combination Product	12/01/2025	

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	12/01/2025	

Labeler - AMAZON.COM SERVICES LLC (128990418)

Revised: 12/2025 AMAZON.COM SERVICES LLC