

**NIGHTTIME SLEEP AID- diphenhydramine hydrochloride capsule, liquid filled
SPIRIT PHARMACEUTICALS LLC**

NIGHTTIME SLEEP-AID

Drug Facts

Active ingredients (in each softgel)

Diphenhydramine HCl 25 mg

Purpose

nighttime sleep-aid

Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin.

Ask a doctor before use if you have

- a breathing problem such as asthma, emphysema, or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland
- heart disease

Ask a doctor or pharmacist before use if you are taking sedatives, tranquilizers or any other sleep aid

When using this product

- avoid alcoholic beverages and other drugs that cause drowsiness
- drowsiness will occur
- be careful when driving a motor vehicle or operating machinery

Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. Overdose warning: Taking more than directed can cause serious health problems. In case of overdose, get medical help or contact a Poison Control Center right away. 1(800)222-1222

Directions

- take only one dose per day (24 hours) - see Overdose warning

adults & children 12 yrs & over	One dose= TWO 25 mg softgels (50 mg) at bed time if needed or as directed by a doctor
children under 12 years	Do not use

Other information

- store at 20-25°C (68-77°F)
- avoid excessive heat above 40°C (104°F) and high humidity
- Protect from light

Inactive ingredients

FD&C Blue#1, FD&C Red#40, gelatin, glycerin, polyethylene glycol-400, propylene glycol, sorbitol sorbitan, titanium dioxide

Questions or comments?

1-888-333-9792

PRINCIPAL DISPLAY PANEL

Nighttime sleep aid
Diphenhydramine HCl 25 mg - Nighttime Sleep-Aid

Helps reduce difficulty falling asleep

Non-habit forming

Not for treating pain, cold or flu

12 Softgels

VALUHEALTHCompare to ZzzQuil™
LiquiCaps™ active ingredient†

nighttime sleep aid

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Actual Size

12 softgels

NIGHTTIME SLEEP AID

diphenhydramine hydrochloride capsule, liquid filled

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:68210-4131
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
GELATIN (UNII: 2G86QN327L)	
GLYCERIN (UNII: PDC6A3C0OX)	
POLYETHYLENE GLYCOL 400 (UNII: B697894SGQ)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
SORBITOL (UNII: 506T60A25R)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	

Product Characteristics

Color	purple	Score	no score
Shape	CAPSULE	Size	15mm
Flavor		Imprint Code	602
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:68210-4131-1	1 in 1 CARTON	04/27/2021	
1		12 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	04/27/2021	

Labeler - SPIRIT PHARMACEUTICALS LLC (179621011)

Revised: 12/2024

SPIRIT PHARMACEUTICALS LLC