

**COUGH DM- dextromethorphan polistirex suspension**  
**Meijer Distribution Inc**

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**Meijer Distribution, Inc. Cough DM Drug Facts**

**Active ingredient (in each 5 mL)**

Dextromethorphan polistirex equivalent to 30 mg dextromethorphan hydrobromide

**Purpose**

Cough suppressant

**Uses**

temporarily relieves

- cough due to minor throat and bronchial irritation as may occur with the common cold or inhaled irritants
- the impulse to cough to help you get to sleep

**Warnings**

**Do not use**

if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

**Allergy Alert:** Contains sodium metabisulfite, a sulfite that may cause allergic-type reactions.

**Ask a doctor before use if you have**

- chronic cough that lasts as occurs with smoking, asthma or emphysema
- cough that occurs with too much phlegm (mucus)

**Stop use and ask a doctor if**

- side effects occur. You may report side effects to FDA at 1-800-FDA-1088.
- cough lasts more than 7 days, cough comes back, or occurs with fever, rash or headache that lasts. These could be signs of a serious condition.

**If pregnant or breast-feeding,**

ask a health professional before use.

## Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

## Directions

- **shake bottle well before use**
- measure only with dosing cup provided
- do not use dosing cup with other products
- dose as follows or as directed by a doctor

adults and children 12 years of age and over	10 mL every 12 hours, not to exceed 20 mL in 24 hours
children 6 to under 12 years of age	5 mL every 12 hours, not to exceed 10 mL in 24 hours
children 4 to under 6 years of age	2.5 mL every 12 hours, not to exceed 5 mL in 24 hours
children under 4 years of age	do not use

## Other information

- **each 5 mL contains:** sodium 5 mg
- store at 20° to 25°C (68° to 77°F)
- dosing cup provided

## Inactive Ingredients

D&C Red #30 aluminum lake, D&C Yellow #10 aluminum lake, glycerin, high fructose corn syrup, methylparaben, natural and artificial orange flavor, polysorbate 80, polyvinyl acetate, povidone, propylparaben, purified water, sodium metabisulfite, sodium polystyrene sulfonate, sucrose, tartaric acid, tragacanth gum, triacetin, xanthan gum

## Questions or comments?

**1-800-719-9260**

## Package/Label Principal Display Panel

meijer®

CHILDREN'S | 4 Years and Older

cough dm

dextromethorphan polistirex extended-release oral suspension cough suppressant

COMPARE TO CHILDREN'S DELSYM® ACTIVE INGREDIENT

# 12 HOUR COUGH RELIEF ORANGE-FLAVORED LIQUID

Alcohol Free

Day or Night

For Children & Adults

Contains sodium metabisulfite, a sulfite that may cause allergic-type reactions

Dosing Cup Included

5 FL OZ (148 mL)



DO NOT USE IF CARTON IS OPENED OR PRINTED  
FOIL UNDER CAP IS BROKEN OR MISSING

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**Uses** temporarily relieves

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**Questions or comments?** 1-800-719-9260

\*\*This product is not manufactured or distributed by RB Health (US) LLC, owner of the registered trademark Delsym®.

**DOSE**

SHAKE WELL BEFORE USE.  
Measure only with dosing cup provided.  
Do not use dosing cup with other products.

Age (yr)	Dose
12 years to adult	10 mL EVERY 12 HOURS
6 to under 12	5 mL EVERY 12 HOURS
4 to under 6	2.5 mL EVERY 12 HOURS
Under 4	Do not use

See back panel for full dosing directions.



Dosing Cup Included

12 Hour Cough Relief  
Also Available in Grape Flavor

**PARENTS:**  
Learn about teen medicine abuse  
[www.StopMedicineAbuse.org](http://www.StopMedicineAbuse.org)

DIST. BY MEIJER DISTRIBUTION, INC.  
GRAND RAPIDS, MI 49544  
[www.meijer.com](http://www.meijer.com)



**meijer** NDC 41250-950-28

**CHILDREN'S | 4 Years and Older**

**cough dm**

dextromethorphan polistirex  
extended-release oral suspension  
cough suppressant

COMPARE TO CHILDREN'S DELSYM®  
ACTIVE INGREDIENT\*\*

12 HOUR COUGH RELIEF  
ORANGE-FLAVORED LIQUID

Alcohol Free  
Day or Night  
For Children & Adults

Contains sodium metabisulfite, a sulfite  
that may cause allergic-type reactions



Dosing Cup Included



5 FL OZ (148 mL)



95828 6E C5



**meijer** NDC 41250-950-28

**CHILDREN'S | 4 Years and Older**

**cough dm**

dextromethorphan polistirex  
extended-release oral suspension  
cough suppressant

12 HOUR COUGH RELIEF  
ORANGE-FLAVORED LIQUID

Contains No Fever Reducer  
or Pain Reliever  
Alcohol Free  
For Children & Adults  
Day or Night  
Dosing Cup Included

5 FL OZ (148 mL)

Actual Size

# COUGH DM

dextromethorphan polistirex suspension

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:41250-958
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DEXTROMETHORPHAN HYDROBROMIDE</b> (UNII: 9D2RTI9KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	30 mg in 5 mL

## Inactive Ingredients

Ingredient Name	Strength
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>HIGH FRUCTOSE CORN SYRUP</b> (UNII: XY6UN3QB6S)	
<b>METHYLPARABEN</b> (UNII: A2I8C7HI9T)	
<b>POLYSORBATE 80</b> (UNII: 6OZP39ZG8H)	
<b>POVIDONE, UNSPECIFIED</b> (UNII: FZ989GH94E)	
<b>PROPYLPARABEN</b> (UNII: Z8IX2SC1OH)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SODIUM METABISULFITE</b> (UNII: 4VON5FNS3C)	
<b>SODIUM POLYSTYRENE SULFONATE</b> (UNII: 1699G8679Z)	
<b>SUCROSE</b> (UNII: C151H8M554)	
<b>TARTARIC ACID</b> (UNII: W4888I119H)	
<b>TRAGACANTH</b> (UNII: 2944357O2O)	
<b>TRIACETIN</b> (UNII: XHX3C3X673)	
<b>XANTHAN GUM</b> (UNII: TTV12P4NEE)	
<b>D&amp;C YELLOW NO. 10 ALUMINUM LAKE</b> (UNII: CQ3XH3DET6)	
<b>D&amp;C RED NO. 30 ALUMINUM LAKE</b> (UNII: GE75M6YV5W)	
<b>POLYVINYL ACETATE</b> (UNII: 32K497ZK2U)	

## Product Characteristics

<b>Color</b>	ORANGE	<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>	ORANGE	<b>Imprint Code</b>	
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:41250-958-21	1 in 1 CARTON	07/08/2013	09/01/2015
-		89 mL in 1 BOTTLE; Type 0: Not a Combination		

1		Product		
2	NDC:41250-958-28	1 in 1 CARTON	07/31/2013	
2		148 mL in 1 BOTTLE; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA091135	07/08/2013	

**Labeler** - Meijer Distribution Inc (006959555)

Revised: 5/2025

Meijer Distribution Inc