

**MAGNESIUM CITRATE- magnesium citrate oral solution liquid**  
**Bionpharma, Inc.**

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**A+ Health Magnesium Citrate Oral Solution - Lemon**

**Active Ingredient**

Magnesium citrate 1.745g per fl oz

**Purpose**

Saline Laxative

**Uses**

- For relief of occasional constipation (irregularity).
- Generally produces bowel movement in ½ to 6 hours

**Warnings**

**Ask a doctor before use if you have**

- Kidney disease ■ a magnesium restricted diet
- Abdominal pain, nausea, or vomiting
- Noticed a sudden change in bowel habits that persists over a period of 2 weeks
- Already used a laxative for a period longer than 1 week

**Ask a doctor or pharmacist before use if you are**

- Taking any other drug.
- Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

**Stop use and ask a doctor if**

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

**If pregnant or breast-feeding,**

ask health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away.

## Other Information

Store at temperatures between 46° and 86°F (8° and 30° C)

## Directions

shake well before using ■ drink a full glass (8 ounces) of liquid with each dose ■ may be taken as a single daily dose or in divided doses

adults and children 12 years of age and over	6.5 to 10 fl oz maximum 10 fl oz in 24 hours
children 6 to under 12 years of age	3 to 7 fl oz maximum 7 fl oz in 24 hours
children 2 to under 6 years of age	2 to 3 fl oz maximum 3 fl oz in 24 hours
children under 2 years of age	ask a doctor

## Other Information

■ each fl oz contains: magnesium 290 mg

■ each fl oz contains: sodium 1 mg

## Inactive Ingredients

benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water

## Questions?

1-888-235-2466

**Do not use if tamper evident twist-off cap is missing, broken, or separated from neckring**

Distributed by:

**Bionpharma Inc.**, Princeton, NJ 08540

L0001053

R0525

## 10 fl oz bottle label

• dye-free • sugar-free

**a+ health** <sup>TM</sup>

**magnesium**

**citrate**  
**saline laxative / oral solution**  
**alcohol content 0.025%**  
**(from flavoring)**  
**lemon**  
**flavor**  
**10 fl oz (296 mL)**

**Drug Facts**

**Active ingredient (in each fl oz) Purpose**  
Magnesium citrate 1.745 g .....Saline laxative

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■ Generally produces bowel movement in ½ to 6 hours

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COPY FREE AREA LEFT OPEN FOR LOT AND EXPIRATION DATE

• dye-free • sugar-free

**a+health™**

**magnesium citrate**

saline laxative / oral solution

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## MAGNESIUM CITRATE

magnesium citrate oral solution liquid

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:69452-398
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>MAGNESIUM CITRATE</b> (UNII: RHO26O1T9V) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CITRATE	1.745 g in 29.6 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>BENZOIC ACID</b> (UNII: 8SKN0B0MIM)	
<b>WATER</b> (UNII: 059QF0KO0R)	

<b>CITRIC ACID MONOHYDRATE</b> (UNII: 2968PHW8QP)	
<b>SUCRALOSE</b> (UNII: 96K6UQ3Z D4)	
<b>EDETATE DISODIUM ANHYDROUS</b> (UNII: 8NLQ36F6MM)	

Product Characteristics

Color		Score	
Shape		Size	
Flavor	LEMON	Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69452-398-98	296 mL in 1 BOTTLE; Type 0: Not a Combination Product	10/01/2025	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	10/01/2025	

Labeler - Bionpharma, Inc. (079637826)

Registrant - Bionpharma, Inc. (079637826)

Establishment

Name	Address	ID/FEI	Business Operations
Pharma Nobis, LLC		118564114	manufacture(69452-398)