NIGHTTIME SLEEP AID- nighttime sleep aid liquid Allegiant Health

486 - Nighttime Sleep Aid

Active ingredient(s)

Diphenhydramine HCl 50 mg (in each 30 mL)

Purpose

Nighttime sleep-aid

Use(s)

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin
- with other drugs that cause drowsiness such as antihistamines and nighttime cold/flu product

Ask a doctor before use if you

have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland

Ask a doctor or pharmacist before use if

if you are taking sedatives or tranquilizers

When using this product

avoid alcoholic beverages.

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

If pregnant or breastfeeding,

ask a health professional before use.

Keep out of reach of children

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

- take only one dose (30 mL) per day (24 hours)
- only use dose cup provided

Age	Dose
12 yrs & over	30 mL at bedtime if needed or as directed by a doctor
children under 12 yrs	do not use

Other information

- each 30 mL dose cup contains: sodium 24 mg
- store between 15-30°C (59-86°F).

TAMPER EVIDENT: DO NOT USE IF PRINTED NECK WRAP IS BROKEN OR MISSING

Inactive ingredients

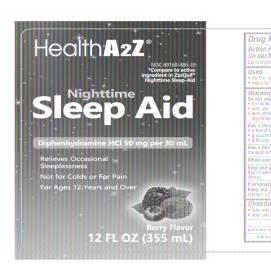
anhydrous citric acid, FD&C Blue #1, FD&C Red #40, flavor, glycerin, menthol, propylene glycol, purified water, sodium benzoate, sodium citrate, sorbitol, sucralose.

Questions/Comments

Call 1-888-952-0050

(Monday-Friday 9 AM – 5 PM EST)

Principal Display Panel



Nighttime Sleep Aid

NIGHTTIME SLEEP AID nighttime sleep aid liquid Product Information Product Type HUMAN OTC DRUG Item Code (Source) NDC:69168-486 Route of Administration ORAL Active Ingredient/Active Moiety Ingredient Name Basis of Strength Strength

DIPHENHYDRAMINE HYDROCHLORIDE	(UNII: TC2D6JAD40)
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(DIPHENHYDRAMINE - UNII:8GTS82S83M)

DIPHENHYDRAMINE HYDROCHLORIDE 50 mg in 30 mL

Inactive Ingredients

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Ingredient Name	Strength	
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)		
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)		
FD&C RED NO. 40 (UNII: WZB9127XOA)		
GLYCERIN (UNII: PDC6A3C0OX)		
MENTHOL (UNII: L7T10EIP3A)		
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)		
WATER (UNII: 059QF0KO0R)		
SODIUM BENZOATE (UNII: OJ245FE5EU)		
SODIUM CITRATE (UNII: 1Q73Q2JULR)		
SORBITOL (UNII: 506T60A25R)		
SUCRALOSE (UNII: 96K6UO3ZD4)		

Product Characteristics			
Color		Score	
Shape		Size	
Flavor	BERRY	Imprint Code	

Contains

l	Packaging				
ı	#	Item Code	Package Description	Marketing Start Date	Marketing End Date
		NDC:69168-486- 39	355 mL in 1 BOTTLE; Type 0: Not a Combination Product	08/06/2025	

Marketing Information				
Application Number or Monograph Citation	Marketing Start Date	Marketing End Date		
M010	08/06/2025			
	Application Number or Monograph Citation	Application Number or Monograph Marketing Start Citation Date		

Labeler - Allegiant Health (079501930)

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