VITAFOL ULTRA- doconexent, niacinamide, .alpha.-tocopherol acetate, dl-, cholecalciferol, .beta.-carotene, ascorbic acid, thiamine mononitrate, riboflavin, pyridoxine hydrochloride, cyanocobalamin, iron, zinc oxide, cupric oxide, potassium iodide, magnesium oxide, folic acid, and levomefolate calcium capsule, liquid filled Exeltis USA, Inc.

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click here.

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Vitafol®-Ultra Prenatal Supplement with DHA

0642-0093-30

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#### COMPOSITION

Amount per Capsule:

#### **VITAMINS AND MINERALS:**

Vitamin A (as beta carotene)	1100 IU
Vitamin C (as ascorbic acid)	30 mg
Vitamin D (as cholecalciferol)	1000 IU
Vitamin E (as dl-alpha tocopheryl acetate)	20 IU
Thiamin (Vitamin B1)	1.6 mg
Riboflavin (Vitamin B2)	1.8 mg
Niacin (as niacinamide)	15 mg
Vitamin B6 (as pyridoxine hydrochloride)	2.5 mg
Folate	
(as Folic acid USP 0.4 mg and L-methylfolate Calcium 0.6 mg, as Metafolin® CAS# 151533-22-1)	1 mg
Vitamin B12 (as cyanocobalamin)	12 mcg
Iron as (polysaccharide iron complex)	29 mg
Iodine (as potassium iodide)	150 mcg
Magnesium (as magnesium oxide)	20 mg
Zinc (as zinc oxide)	25 mg
Copper (as copper oxide)	2 mg
Algal oil blend (derived from Natural Algal Oil)	415 mg*
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<sup>\* (</sup>providing 200 mg DHA (docosahexaenoic acid))

### Other Ingredients:

Gelatin (bovine BSE-free), Sorbitol, Glycerin, Soybean Oil, Yellow Beeswax, USP Purified Water, Lecithin, FD&C Blue #1, Titanium Dioxide (color), Ethyl Vanillin. May contain: Corn Oil, dl-alpha tocopherol, High Oleic Sunflower Oil, Tocopherols, Ascorbyl Palmitate.

Contains: Soy.

#### **USAGE**

Vitafol®-Ultra provides vitamin, mineral, and DHA supplementation prior to conception, throughout pregnancy, and during the postnatal period for the lactating and non-lactating mother, including individuals with known allergies to fish. Vitafol®-Ultra does not contain fish, fish oils, fish proteins or fish byproducts.

#### CONTRAINDICATIONS

Vitafol®-Ultra is contraindicated in patients with hypersensitivity to any of its components or color additives.

Folic acid is contraindicated in patients with untreated and uncomplicated pernicious anemia, and in those with anaphylactic sensitivity to folic acid.

Iron therapy is contraindicated in patients with hemochromatosis and patients with iron storage disease or the potential for iron storage disease due to chronic hemolytic anemia (e.g., inherited anomalies of hemoglobin structure or synthesis and/or red cell enzyme deficiencies, etc.), pyridoxine responsive anemia, or cirrhosis of the liver.

Cyanocobalamin is contraindicated in patients with sensitivity to cobalt or to cyanocobalamin (vitamin B12).

#### **Warning**

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or a Poison Control Center immediately.

#### WARNINGS/PRECAUTIONS

Vitafol®-Ultra contains soy and should be used with caution in patients with known sensitivity or allergy to soy.

Vitamin D supplementation should be used with caution in those with hypercalcemia or conditions that may lead to hypercalcemia such as hyperparathyroidism and those who form calcium-containing kidney stones. High doses of vitamin D can lead to elevated levels of calcium that reside in the blood and soft tissues. Bone pain, high blood pressure, formation of kidney stones, renal failure, and increased risk of heart disease can occur.

Iodine should be used with caution in patients with an overactive thyroid.

Prolonged use of iron salts may produce iron storage disease.

Folic acid, especially in doses above 0.1 mg daily, may obscure pernicious anemia, in that hematologic remission may occur while neurological manifestations remain progressive.

The use of folic acid doses above 1 mg daily may precipitate or exacerbate the neurological damage of vitamin B12 deficiency.

Consumption of more than 3 grams of omega-3 fatty acids per day from all sources may lead to excessive bleeding. Supplemental intake of omega-3 fatty acids such as DHA exceeding 2 grams per day is not recommended.

Avoid Overdosage. Keep out of the reach of children.

#### **Drug Interactions**

Medications for an overactive thyroid (anti-thyroid drugs) used in conjunction with iodine supplementation may lead to hypothyroidism.

Medications for hypertension used in conjunction with iodine supplementation may increase potassium.

High doses of folic acid may result in decreased serum levels of the anticonvulsant drugs; carbamazepine, fosphenytoin, phenytoin, phenobarbitol, valproic acid. Folic acid may decrease a patient's response to methotrexate.

Vitamin D supplementation should not be given with large amounts of calcium in those with hypercalcemia or conditions that may lead to hypercalcemia such as hyperparathyroidism and those who form calcium-containing kidney stones.

Zinc can inhibit the absorption of certain antibiotics; take at least 2 hours apart to minimize interactions.

Consult appropriate references for additional specific vitamin-drug interactions.

#### **Information for Patients**

Patients should be counseled to disclose all medical conditions, including use of all medications, vitamins and supplements, pregnancy, and breast-feeding.

#### ADVERSE REACTIONS

Adverse reactions have been reported with specific vitamins and minerals, but generally at doses substantially higher than those in Vitafol<sup>®</sup>-Ultra. However, allergic and idiosyncratic reactions are possible at any dose. Reported adverse events include skin ailments, gastrointestinal complaints, glucose abnormalities, and visual problems.

#### **DIRECTIONS FOR USE**

Before, during and after pregnancy, one softgel capsule daily, or as directed by a physician.

#### **HOW SUPPLIED**

Vitafol®-Ultra is available as a dark blue, oval shaped softgel capsule imprinted "EV0093". Available in Box of Unit-Dose pack of 30 (5 child resistant blister cards of 6 softgel capsules), 0642-0093-30 and as professional samples, 0642-0093-03

Store at room temperature, approximately 15°-30°C (59°-86°F), avoid excessive heat and moisture.

Rx

Distributed by: Exeltis USA, Inc. Florham Park, NJ 07932 1-877-324-9349 www.exeltisusa.com ©2018 Exeltis USA, Inc.

You should call your doctor for medical advice about serious adverse events. To report a serious adverse event or obtain product information, contact 1-877-324-9349

Vitafol® is a trademark of Exeltis USA, Inc.

U.S. Patent No. 8,183,227

Metafolin<sup>®</sup> is a trademark of Merck KGaA, Darmstadt, Germany. U.S. Patent No. 6,441,168; 5,997,915; 6,254,904; 6,808,725; 7,172,778 and 7,674,490

Rev. November 2018

# PRINCIPAL DISPLAY PANEL - 30 Capsule Blister Pack Box

0642-0093-30

VITAFOL ULTRA

Prenatal Supplement with 200mg DHA

Unit Dose Pack 30 Softgel Capsules

R<sub>x</sub> DIETARY SUPPLEMENT U.S. PATENTED 0642-0093-30



Prenatal Supplement with 200mg DHA

Unit Dose Pack 30 Softgel Capsules

DIETARY SUPPLEMENT U.S. PATENTED

Lot No.

Exp. Date:



# Supplement Facts Serving Size 1 Softgel Capsule

Each Softgel Capsule contains		% Dally Value In Pregnancy	
Vitamin A (as beta carotene)	1100 IU	14%	
Vitamin C (as ascorbic add)	30 mg	50%	
Vitamin D (as cholecalciferol)	1000 IU	250%	
Vitamin E (as di-alpha tocopheryl acetate)	20 IU	67%	
Thiamin (Vitamin B1)	1.6 mg	94%	
Riboflavin (Vifamin B2)	1.8 mg	90%	
Niacin (as niacinamide)	15 mg	75%	
Vilamin B6 (as pyridoxine hydrochloride)	2.5 mg	100%	
Fotate (as Folic acid USP 0.4 mg and L-methyl fotate calcium	1 mg n 0.6 mg)	125%	
Vitamin B12 (as cyanocobalamin)	12 mog	150%	
iron (as polysaccharide iron complex)	29 mg	161%	
lodine (as polassium lodide)	150 mog	100%	
Magnesium (as magnesium oxide)	20 mg	4%	
Zinc (as zinc oxide)	25 mg	167%	
Copper (as copper oxide)	2 mg	100%	
Algal oil blend (from natural algal oil) (*providing 200 mg DHA (docosahexaenoic acid))	415 mg*	t	

† Dally Value not established

Other Ingredients: Gelafin, Sorbitol, Glycerin, Sorbean Oil, Yellow Beeswax, USP Purified Water, Lecthin, FD&C Blue #1, Titarium Dicoide (color), Ethyl Varrillin. May contain: Corn Oil, di-alpha tocopherol, High Oleb Sunflower Oil, Tocopherols, Ascorbyl Palmitate. Contains: Soy.

U.S. PATENTED

TNEMEJARY SUPPLEMENT

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Prenatal Supplement with 200mg DHA



#### 0642-0093-30

USAG E Vitafo I®Ultra provides vitamin, mineral, and DHA supplementation prior to conception, throughout pregnancy, and during the postnatal period for the lactating and non-lactating mother, including individuals with known allergies to fish. Vitafol® Ultra does not contain fish, fish oils, fish proteins or fish byproducts.

WARNING: Accidental overdose of iron-containing products is a leading cause offatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or a Poison Control Center immediately.

DIRECTIONS FOR USE: Before, during and after pregnancy, one softgel

capsule daily, or as directed by a physician. **HOW SUPPLIED:** Vitafol® Ultra is available as a dark blue, oval shaped softgel capsule imprinted "EV0093". Available in Box of Unit-Do se pack of 30 [5 child resistant bister cards of 6 softgel capsules), 0642-0093-30 and as

professional samples 0642-0093-03. Store at room temperature, approximately 197-30°C (597-86°F), avoid excessive heat, light and moisture. Rx

See package insert for full prescribing information

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Vitafol®is a trademark of Exeltis USA, Inc. U.S. Patent No. 8,183,227 Metafolin® is a trademark of Merck KGaA, Darmstadt, Germany. U.S. Patent No. 6,441,168B1;5,997,915; 6254,904; 6,908,725; 7,172,778 and 7,674,490 0933005-03



Prenatal Supplement with 200mg DHA

Small, tolerable and complete with a healthy pregnancy.

## VITAFOL ULTRA

doconexent, niacinamide, .alpha.-tocopherol acetate, dl-, cholecalciferol, .beta.-carotene, ascorbic acid, thiamine mononitrate, riboflavin, pyridoxine hydrochloride, cyanocobalamin, iron, zinc oxide, cupric oxide, potassium iodide, magnesium oxide, folic acid, and levomefolate calcium capsule, liquid filled

Product Information				
Product Type	HUMAN PRESCRIPTION DRUG	Item Code (Source)	NDC:0642-0093	
Route of Administration	ORAL			

Active Ingredient/Active Moiety				
Ingredient Name	Basis of Strength	Strength		
Doconexent (UNII: ZAD9 OKH9 JC) (Doconexent - UNII: ZAD9 OKH9 JC)	Doconexent	200 mg		
Niacinamide (UNII: 25X51I8RD4) (Niacinamide - UNII:25X51I8RD4)	Niacinamide	15 mg		
.AlphaTocopherol Acetate, DL- (UNII: WR1WPI7EW8) (.AlphaTocopherol, DL UNII:7QWA1RIO01)	.AlphaTocopherol, DL-	20 [iU]		
Cholecalciferol (UNII: 1C6 V77QF41) (Cholecalciferol - UNII:1C6 V77QF41)	Cholecalciferol	1000 [iU]		
BETA CARO TENE (UNII: 01YAE03M7J) (BETA CARO TENE - UNII:01YAE03M7J)	BETA CAROTENE	1100 [iU]		
Ascorbic Acid (UNII: PQ6CK8PD0R) (Ascorbic Acid - UNII:PQ6CK8PD0R)	Ascorbic Acid	30 mg		
Thiamine Mononitrate (UNII: 8K0104919X) (Thiamine Ion - UNII:4ABT0J945J)	Thiamine	1.6 mg		
Riboflavin (UNII: TLM2976OFR) (Riboflavin - UNII:TLM2976OFR)	Ribo fla vin	1.8 mg		
Pyridoxine Hydrochloride (UNII: 68Y4CF58BV) (Pyridoxine - UNII:KV2JZ1BI6Z)	Pyrido xine Hydro chlo ride	2.5 mg		
Cyanocobalamin (UNII: P6 YC3EG204) (Cyanocobalamin - UNII:P6 YC3EG204)	Cyanocobalamin	12 ug		
Iron (UNII: E1UOL152H7) (Iron - UNII:E1UOL152H7)	Iro n	29 mg		
Zinc Oxide (UNII: SOI2LOH54Z) (Zinc Oxide - UNII:SOI2LOH54Z)	Zinc Oxide	25 mg		
Cupric Oxide (UNII: V1XJQ704R4) (Cupric Cation - UNII:8CBV67279L)	Cupric Cation	2 mg		
Potassium Iodide (UNII: 1C4QK22F9J) (Iodide Ion - UNII:09G4I6V86Q)	Io dide Io n	150 ug		
Magnesium Oxide (UNII: 3A3U0GI71G) (Magnesium Cation - UNII:T6V3LHY838)	Magnesium Oxide	20 mg		
Folic Acid (UNII: 935E97BOY8) (Folic Acid - UNII:935E97BOY8)	Folic Acid	0.4 mg		
Levomefolate Calcium (UNII: A9R10K3F2F) (Levomefolic Acid - UNII:8S95DH25XC)	Levomefolate Calcium	0.6 mg		

Inactive Ingredients				
Ingredient Name	Strength			
Gelatin, Unspecified (UNII: 2G86QN327L)				
Sorbitol (UNII: 506T60A25R)				
Glycerin (UNII: PDC6A3C0OX)				
Water (UNII: 059QF0KO0R)				
Yellow Wax (UNII: 2ZA36H0S2V)				
Soybean Oil (UNII: 241ATL177A)				
Lecithin, Soybean (UNII: 1DI56QDM62)				
Titanium Dioxide (UNII: 15FIX9V2JP)				
FD&C Blue No. 1 (UNII: H3R47K3TBD)				

Ethyl Vanillin (UNII: YC9 ST449 YJ)	
Sunflower Oil (UNII: 3W1JG795YI)	
Tocopherol (UNII: R0 ZB2556 P8)	
Ascorbyl Palmitate (UNII: QN83US2B0N)	
Corn Oil (UNII: 8470G57WFM)	
.AlphaTocopherol, DL- (UNII: 7QWA1RIO01)	

Product Characteristics				
Color	BLUE	Score	no score	
Shape	OVAL	Size	12mm	
Flavor		Imprint Code	EV0093	
Contains				

F	Packaging					
#	Item Code	Package Description	<b>Marketing Start Date</b>	<b>Marketing End Date</b>		
1	NDC:0642-0093-30	5 in 1 BOX	09/23/2013			
1		$6$ in $1BLISTER$ PACK; Type $0\colon Nota$ Combination Product				
2	NDC:0642-0093-01	1 in 1 BOX	09/23/2013	09/23/2013		
2		4 in 1 BLISTER PACK; Type 0: Not a Combination Product				
3	NDC:0642-0093-03	1 in 1 BOX	09/23/2013			
3		4 in 1 BLISTER PACK; Type 0: Not a Combination Product				

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
UNAPPROVED DRUG OTHER		09/23/2013	

# Labeler - Exeltis USA, Inc. (071170534)

Revised: 4/2019 Exeltis USA, Inc.