

JET LAG RELIEF- anamirta cocculus seed, arnica montana, strychnos nux-vomica whole pellet
Laboratoires Boiron

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Jet Lag Relief

Active Ingredients** (in each pellet)

Cocculus indicus 6C HPUS (0.443 mg)

Arnica montana 6C HPUS (0.443 mg) (contains less than 10^{-12} mg picrotoxinin)

Nux Vomica 30C HPUS (0.443 mg) (contains less than 10^{-12} mg strychnine)

The letters "HPUS" indicate that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.

Purpose*

Cocculus indicus 6C HPUS (0.443 mg) Relieves nausea associated with jet lag

Arnica montana 6C HPUS (0.443 mg) Relieves muscle pain and stiffness

Nux Vomica 30C HPUS (0.443 mg) Relieves drowsiness and digestive problems associated with travel

Uses*

temporarily relieves symptoms such as:

- nausea
- stiffness
- muscle pain
- drowsiness

Stop use and ask a doctor if symptoms persist for more than 3 days or worsen, new symptoms occur, or if redness or swelling if present. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

Keep packaging to save these directions for use.

Adults and children 2 years of age and older: Dissolve 5 pellets of each medicine under the tongue:

- The day before traveling.
- Just before travel.
- At the onset of symptoms, then repeat 3 times a day until symptoms are relieved or as directed by a doctor.

Children under 2 years of age: Ask a doctor.

Inactive ingredients

lactose, sucrose

do not use if glued carton and flaps are open or if pellet dispenser seal is broken

Jet Lag Relief*

Drowsiness Nausea Muscle Pain Stiffness*

Reduces the effects of Jet Lag*

No Known Drug Interactions

3 Tubes combine for relief

3 Tubes

Approx. 80 Pellets Each

Total 240 Pellets

Turn tube upside down Twist until 5 pellets are dispensed Remove cap and pour pellets under the tongue

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

**C,K,CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

Questions, Comments?

Questions or comments?

BoironUSA.com

info@boiron.com

1-800-BOIRON-1 (1-800-264-7661)

Distributed by Boiron Inc.

Newtown Square, PA 19073-3267

Principle Display Panel - Jet Lag Relief

COMBO
PACK

NDC 0220-9214-43

JET LAG RELIEF*

Drowsiness • Nausea
Muscle Pain • Stiffness*



3 TUBES
COMBINE FOR
RELIEF

ARNICA MONTANA 6C • COCCULUS INDICUS 6C
NUX VOMICA 30C

Jet Lag Relief — MELTAWAY PELLETS

HOMEOPATHIC MEDICINE

- Reduces the Effects of Jet Lag*
- No Known Drug Interactions



BOIRON
World Leader in
Homeopathic Medicines



1 FREE
3 TUBES
APPROX. 80 PELLETS EACH
TOTAL 240 PELLETS

- Turn the cap clockwise to open the tube.
- Twist the cap to dispense the pellets.
- Remove the cap and use the pellets.



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The Boiron Promise

Your health deserves the greatest respect. That's why we're committed to your satisfaction. Please visit BoironUSA.com/promise for details.

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*CLINICAL EVIDENCE: NOT FDA EVALUATED. MEDICAL EVIDENCE: NOT FDA EVALUATED. © Boiron Inc. All rights reserved. Boiron Inc. is a registered trademark of Boiron Inc.

Drug Facts
Active Ingredients (per pellet): Arnica Montana 6C (10 mg pellet) Cocculus Indicus 6C (10 mg pellet) Nuxvomica 30C (10 mg pellet)
Warnings Do not use if you are pregnant or breastfeeding. Do not use if you are taking any other medication. Do not use if you are allergic to any of the ingredients. Do not use if you are taking any other medication.
Directions Keep the cap closed until you are ready to use the pellets. Remove the cap and use the pellets. Do not use if you are pregnant or breastfeeding. Do not use if you are taking any other medication.
Other information Keep this and all other homeopathic medicines out of the reach of children. Keep this and all other homeopathic medicines out of the reach of children. Keep this and all other homeopathic medicines out of the reach of children.
Questions or comments? www.boiron.com 1-800-241-7861

with COMPOUNT PARI 80000001

NO Artificial Colors, Flavors, Sweeteners, or Preservatives

Outer packaging and inner sleeve are made from 100% recyclable material.

JET LAG RELIEF

Drug Facts

Active ingredients** **Purpose***
 Cocculus indicus 6C HPUS. Relieves nausea associated with jet lag
 Arnica montana 6C HPUS. Relieves muscle pain and stiffness
 Nux vomica 30C HPUS. Relieves drowsiness and digestive problems associated with travel

The letters HPUS indicate that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.

Uses* Temporarily relieves symptoms such as:
 ■ nausea ■ stiffness
 ■ muscle pain ■ drowsiness

Warnings Ask a doctor before use in children under 2 years of age. Stop use and ask a doctor if symptoms persist for more than 3 days or worsen. If pregnant or breastfeeding, ask a health professional before use. Keep out of reach of children.

Directions ■ Adults and children 2 years of age and older: Take 5 pellets of each medicine the day before traveling, then repeat just before travel. At the onset of symptoms, dissolve 5 pellets of the appropriate medicine(s) under the tongue. Repeat every hour, until symptoms are relieved, or as directed by a doctor. ■ Children under 2 years of age: Ask a doctor.

Other information Do not use if the label sealing the clear tube cap is broken or missing.

Inactive ingredients lactose, sucrose

Questions or comments?

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 Distributed by Boiron Inc., Newtown Square, PA 19773

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Boiron offers medicines for a wide variety of acute health conditions.

Download our free Boiron Medicine Finder app for the fastest way to find the best homeopathic medicine to relieve your symptoms.

please recycle
 Made in France



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How to dispense pellets?

1. Turn the tube upside down.



2. Twist and separate the cap.



3. Carefully remove the cap and use it to pour pellets into the tongue.



NDC 0220-9214-43

Nausea • Stiffness • Muscle Pain • Drowsiness*

JET LAG RELIEF*

Non-Drowsy • No Known Side Effects • No Known Drug Interactions

Cocculus indicus 6C • Arnica montana 6C • Nux vomica 30C



HOMEOPATHIC MEDICINE



BOIRON®

World Leader in Homeopathic Medicines

INCLUDES
1 FREE TUBE

3 TUBES
 APPROX. 80
 QUICK-DISSOLVING
 PELLETS PER TUBE

Take at the First Sign of Symptoms

JET LAG RELIEF

Cocculus indicus 6C • Arnica montana 6C • Nux vomica 30C

Cocculus indicus 6C • Arnica montana 6C • Nux vomica 30C

JET LAG RELIEF

Take at the First Sign of Symptoms



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JET LAG RELIEF

Drug Facts

Active ingredients** **Purpose***
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The letters HPUS indicate that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.

Uses* ■ temporarily relieves symptoms such as: ■ nausea ■ stiffness
 ■ muscle pain ■ drowsiness

Warnings Ask a doctor before use in children under 2 years of age. Stop use and ask a doctor if symptoms persist for more than 3 days or worsen. If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children.

Directions ■ Adults and children 2 years of age and older: Take 5 pellets of each medicine the day before traveling, then repeat just before travel. At the onset of symptoms, dissolve 5 pellets of the appropriate medicine(s) under the tongue. Repeat every hour, until symptoms are relieved, or as directed by a doctor. ■ Children under 2 years of age: Ask a doctor.

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How to dispense pellets?

Turn tube upside down.



Twist until 5 pellets are dispersed into cap.



Carefully remove cap and use it to pour pellets under the tongue.



NDC 0220-9214-43

Nausea • Stiffness • Muscle Pain • Drowsiness*

JET LAG RELIEF*

Non-Drowsy • No Known Side Effects • No Known Drug Interactions

Cocculus indicus 6C • Arnica montana 6C • Nux vomica 30C



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World Leader in Homeopathic Medicines

INCLUDES
1 FREE TUBE

3 TUBES
 APPROX. 80
 QUICK-DISSOLVING
 PELLETS PER TUBE

Take at the First Sign of Symptoms

JET LAG RELIEF
 Cocculus indicus 6C • Arnica montana 6C • Nux vomica 30C

JET LAG RELIEF

anamirta cocculus seed, arnica montana, strychnos nux-vomica whole pellet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0220-9214
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ANAMIRTA COCCULUS SEED (UNII: 810258W28U) (ANAMIRTA COCCULUS SEED - UNII:810258W28U)	ANAMIRTA COCCULUS SEED	6 [hp_C]
ARNICA MONTANA (UNII: O80TY208ZW) (ARNICA MONTANA - UNII:O80TY208ZW)	ARNICA MONTANA	6 [hp_C]
STRYCHNOS NUX-VOMICA WHOLE (UNII: AB2NX17POS) (STRYCHNOS NUX-VOMICA WHOLE - UNII:AB2NX17POS)	STRYCHNOS NUX-VOMICA WHOLE	30 [hp_C]

Inactive Ingredients

Ingredient Name	Strength
SUCROSE (UNII: C151H8M554)	
LACTOSE (UNII: J2B2A4N98G)	

Product Characteristics

Color	white	Score	
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Shape	ROUND	Size	4mm
Flavor		Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0220-9214-43	3 in 1 PACKAGE	01/01/2017	
1		80 in 1 TUBE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		01/01/2017	

Labeler - Laboratoires Boiron (282560473)

Registrant - Boiron Inc. (014892269)

Establishment

Name	Address	ID/FEI	Business Operations
Boiron		282560473	manufacture(0220-9214)

Revised: 10/2023

Laboratoires Boiron