

DR. LUKE ARNICA BRUISE CREAM- arnica bruise cream cream
DANOUS LAND FLOWW LLC

Arnica Montana 1x HPUS

Reduces pain, swelling, and discoloration from bruises

Avoid contact with eyes, mucous membranes. If contact occurs, rinse with water.

Use only as directed

Do not tightly wrap or bandage the treated area.

Do not apply heat or ice to the treated area immediately.

Do not apply to open wounds or broken skin.

You are allergic to arnica montana, or other inactive ingredients in this product

If swallowed, get medical help or contact a Poison Control Center right away.

For external use only.

Water, Glycerin, Cocos Nucifera (Coconut) Oil, Grape Seed Oil, Dimethicone, Beeswax, Acrylates Crosspolymer-6, Niacinamide, Hippophae Rhamnoides Fruit Oil, Trehalose, Propylene Glycol, Phytonadione (Vitamin K1), Hydroxyethylcellulose, Polyacrylamide, Vitamin E, Vitamin C, Lavender Oil, Rosemary Leaf Oil, Boswellia Carterii (Frankincense) Oil, Panax Notoginseng Root Extract, Liposomal Curcumin, Laureth-7, 1,2-Hexanediol, pH Adjusters, Ethylhexylglycerin, Polysorbate 60.

Apply a thin layer of bruise cream to affected areas 3 times daily.

Massage gently until fully absorbed.

For best results, use consistently until appearance improves.

Reduces symptoms of bruising such as: Pain, Swelling, Discoloration

Apply to affected area not more than 3-4 times daily.

Do not use if glued carton end flaps are open or if the tube seal is broken.

Store at 68°-77°F (20°-25C).

Keep container tightly closed



DR. LUKE ARNICA BRUISE CREAM

arnica bruise cream cream

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:87147-004
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ARNICA MONTANA WHOLE (UNII: O80TY208Z W) (ARNICA MONTANA WHOLE - UNII:O80TY208Z W)	ARNICA MONTANA WHOLE	5 g in 100 g

Inactive Ingredients

Ingredient Name	Strength
ALPHA-TOCOPHEROL (UNII: H4N855PNZ 1)	
WATER (UNII: 059QF0KO0R)	
GLYCERIN (UNII: PDC6A3C0OX)	
COCOS NUCIFERA (COCONUT) OIL (UNII: Q9L0O73W7L)	
GRAPE SEED OIL (UNII: 930MLC8XGG)	

DIMETHICONE (UNII: 92RU3N3Y1O)	
BEESWAX (UNII: 2ZA36H0S2V)	
NIACINAMIDE (UNII: 25X51I8RD4)	
HIPPOPHAE RHAMNOIDES FRUIT OIL (UNII: TA4JCF9S1J)	
TREHALOSE (UNII: B8WCK70T7I)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
PHYTONADIONE (UNII: A034SE7857)	
LAVENDER OIL (UNII: ZBP1YXW0H8)	
HYDROXYETHYLCELLULOSE (UNII: T4V6TWG28D)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:87147-004-01	114 g in 1 JAR; Type 0: Not a Combination Product	10/13/2025	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	10/13/2025	

Labeler - DANOUS LAND FLOOW LLC (067045402)