

**DR. TEALS PRE AND POST WORKOUT PAIN RELIEF- menthol cream**  
**PDC Brands**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

-----

**Dr. Teal's Pre and Post Workout Pain Relief Cream**

**☐Drug Facts**

**Active ingredients**

Menthol 10%

**Purpose**

Topical Analgesic

**Uses**

Temporarily relieves the minor aches and pains of muscles and joints associated with:

- simple backache
- arthritis
- strains
- bruises
- sprains

**Warnings**

☐**For external use only**

**Do not use**

- on wounds or damaged skin
- with a heating pad
- on a child under 12 years of age with arthritis-like conditions

**Ask a doctor before use if you have**

- redness over the affected area

**When using this product**

- avoid contact with eyes or mucous membranes
- do not bandage tightly

**Stop use and ask a doctor if**

- condition worsens or symptoms persist for more than 7 days
- symptoms clear up and occur again within a few days
- excessive skin irritation occurs

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

If swallowed, get medical help or contact a Poison Control Center immediately.

**Directions**

- Use only as directed
- **Adults and children 12 years of age and older:**

Apply a thin layer to affected area not more than 3 to 4 times daily, allowing minimum of 2-3 hours in between applications.

- **Children under 12 years of age:** ask a doctor

**Other information**

- Store between 20° and 25°C (68° and 77°F)

**Inactive ingredients:**

Cetearath 20, Cetyl Alcohol, Cetyl Ester, Ethylhexylglycerin, Fragrance(Parfum), Glycerin, Glyceryl Stearate SE, Isopropyl Palmitate, Magnesium Sulfate (Epsom Salt), Phenoxyethanol, Polyquaternium 37, PPG-1 Trideceth-6, Propylene Glycol Dicaprylate/Dicaprate, Simethicone, Stearic Acid, Stearyl Alcohol, Triethanolamine, Water (Aqua).

**Principal Display Panel**

**Dr. Teal's Pre & Post Workout Pain Relief Cream**

**2 oz./57g**

**NDC: 61012-010-57**

**NEW!**

# Dr Teal's<sup>®</sup>

Pre & Post Workout  
**PAIN RELIEF CREAM**



**FAST RELIEF:**

- Sore muscles and joints

**ULTRA STRENGTH:**

- Pure Epsom Salt & Menthol

Made in USA 

NET WT 2 OZ / 57 g

Label1.jpg

Label2.jpg

**Drug Facts**

**Active ingredients** Menthol 10%.....**Purpose** Topical Analgesic

**Uses** temporarily relieves the minor aches and pains of muscles and joints associated with: ■ simple backache ■ arthritis ■ strains ■ bruises ■ sprains

**Warnings For external use only**

**Do not use** ■ on wounds or damaged skin ■ with a heating pad ■ on a child under 12 years of age with arthritis-like conditions

**Ask a doctor before use if you have** ■ redness over the affected area

**When using this product** ■ avoid contact with eyes or mucous membranes ■ do not bandage tightly

**Stop use and ask a doctor if** ■ condition worsens or symptoms persist for more than 7 days ■ symptoms clear up and occur again within a few days ■ excessive skin irritation occurs

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center immediately.

**Directions**

■ Use only as directed

**Drug Facts** (continued)

■ **Adults and children 12 years of age and older:** Apply a thin layer to affected area not more than 3 to 4 times daily, allowing minimum of 2–3 hours in between applications.

■ **Children under 12 years of age:** ask a doctor

**Other information**

■ Store between 20° and 25°C (68° and 77°F)

**Inactive ingredients:** Ceteareth 20, Cetyl Alcohol, Cetyl Ester, Ethylhexylglycerin, Fragrance (Parfum), Glycerin, Glyceryl Stearate SE, Isopropyl Palmitate, Magnesium Sulfate (Epsom Salt), Phenoxyethanol, Polyquaternium 37, PPG-1 Trideceth-6, Propylene Glycol Dicaprylate/Dicaprate, Simethicone, Stearic Acid, Stearyl Alcohol, Triethanolamine, Water (Aqua).


Dr Teal's® Pain Relief Cream is not tested on animals.

Distributed by:

■ PARFUMS de COEUR\*

Darien, CT 06820

QUESTIONS CALL (800) 887-2738

Made in USA 

[www.drteals.com](http://www.drteals.com)

**DR. TEALS PRE AND POST WORKOUT PAIN RELIEF**

menthol cream

**Product Information**

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:61012-010
<b>Route of Administration</b>	TOPICAL		

**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
MENTHOL (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)	MENTHOL	100 mg in 1 g

**Inactive Ingredients**

Ingredient Name	Strength
CETYL ESTERS WAX (UNII: D072FFP9GU)	
ETHYLHEXYLGLYCERIN (UNII: 147D247K3P)	
GLYCERIN (UNII: PDC6A3C0OX)	
GLYCERYL STEARATE SE (UNII: FCZ5MH785I)	
ISOPROPYL PALMITATE (UNII: 8CRQ2TH63M)	
MAGNESIUM SULFATE (UNII: DE08037SAB)	
PHENOXYETHANOL (UNII: HIE492ZZ3T)	
POLYQUATERNIUM 37 (200 MP.A.S) (UNII: 67C1D6YV24)	

PPG-1 TRIDECETH-6 (UNII: 1K7417JX6Q)	
PROPYLENE GLYCOL DICAPRYLATE/DICAPRATE (UNII: O4446S9CRA)	
DIMETHICONE (UNII: 92RU3N3Y1O)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
STEARYL ALCOHOL (UNII: 2KR89I4HIY)	
TROLAMINE (UNII: 9O3K93S3TK)	
WATER (UNII: 059QF0KO0R)	
POLYOXYL 20 CETOSTEARYL ETHER (UNII: YRC528SWUY)	
CETYL ALCOHOL (UNII: 936JST6JCN)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:61012-010-01	1 in 1 CARTON		
1	NDC:61012-010-57	57 g in 1 TUBE; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part348	02/10/2015	

**Labeler** - PDC Brands (037512746)

### Establishment

Name	Address	ID/FEI	Business Operations
Dhaliwal Laboratories, LLC		016754201	manufacture(61012-010)

Revised: 12/2015

PDC Brands