

**NATURES WAY COLD FLU RELIEF FASTACTIVES BERRY FLAVORED-
pelargonium sidoides whole, aconitum napellus whole, eucalyptus globulus
leaf, bryonia alba root, eupatorium perfoliatum top, sempervirens root,
phosphorus, ipecac powder
Universal Synergetics, Inc**

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Nature's Way Cold Flu Relief Fastactives, Berry Flavored

Drug Facts

Active ingredients (in each packet)

Pelargonium sidoides 1X

Aconitum napellus 4X, Eucalyptus globulus 2X

Bryonia 4X, Eupatorium perfoliatum 6X

Gelsemium sempervirens 4X, Phosphorus 6X

Ipecacuanha 3X

Purpose

Shortens duration/reduces severity of upper respiratory symptoms

Pain reliever/fever reducer

Cough suppressant

Sneezing/runny nose/sore throat

Nasal decongestant

Uses

- shortens duration and reduces severity of symptoms associated with the common cold and throat/ nasal/bronchial irritations
- temporarily relieves flu symptoms
- chills/fever
- chest congestion
- nasal congestion
- cough
- headache
- hoarseness
- body aches
- sneezing/runny nose
- sore throat

Warnings

Sore throat warning:if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea, or vomiting, consult a doctor promptly

Ask a doctor before use if you have

- a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema
- a cough that is accompanied by excessive phlegm (mucus)
- been taking any medications
- an allergy to plants of the *Geraniaceae* family

Stop use and ask a doctor if

- new symptoms occur, symptoms get worse or last more than 7 days
- fever worsens or lasts more than 3 days
- cough lasts more than 7 days or occurs with rash or persistent headache. These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a healthcare professional before use.

Keep out of reach of children.

In case of overdose, seek medical help or contact a Poison Control Center right away.

Directions

- tear packet open, pour contents into mouth and swallow
- for best results, use at first sign of symptoms and continue to use for an additional 48 hours after symptoms cease

age	Dose
adults & children 13 years of age and older	take contents of 1 packet three times daily
children 6 -12 years of age	take contents of 1 packet two times daily
children under 6 years of age	consult a doctor

Other information

- **TAMPER EVIDENT.** Packaged in individually sealed packets. Do not use if open or torn
- store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight

Inactive ingredients

citric acid, lactose monohydrate, malic acid, maltodextrin, natural flavor, silica, xylitol

Questions?

1-800-962-8873/ naturesway.com

Package Labeling:

Umcka®
Cold & Flu Relief
FASTACTIVES®

Umcka®
Cold & Flu Relief
FASTACTIVES® POWDER PACKETS

Feel Better Faster™

BERRY FLAVORED

REDUCES
Fever^{††}, Body Aches^{††},
Chills^{††}, Runny Nose^{††}, Cough,
Congestion, Sore Throat

CLINICALLY PROVEN
INGREDIENT

Plus Alpha® CF

10 - 0.03 OZ (0.9 G) PACKETS NET WT 0.3 OZ

AGES 6+
NON-DROWSY

FASTACTIVES® POWDER PACKETS
Delicious FastActives melt easily in your mouth –
no mixing needed.
Explore more products at naturesway.com

Drug Facts
Active ingredients (in each packet)
Pelargonium sidoides 1X..... Shortens duration/reduces severity of upper respiratory symptoms
Aconitum napellus 4X, Eucalyptus globulus 2X..... Pain reliever/fever reducer^{††}
Byonia 4X, Eupatorium perfoliatum 6X..... Cough suppressant^{††}
Gelsemium sempervirens 4X, Phosphorus 6X..... Sneezing/runny nose/sore throat^{††}
Ipecacuanha 3X..... Nasal decongestant^{††}

Purpose
Shortens duration/reduces severity of upper respiratory symptoms
Pain reliever/fever reducer^{††}
Cough suppressant^{††}
Sneezing/runny nose/sore throat^{††}
Nasal decongestant^{††}

Uses ■ shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations ■ temporarily relieves flu symptoms^{††}:
■ chills/fever^{††} ■ chest congestion ■ nasal congestion ■ cough ■ headache^{††}
■ hoarseness ■ body aches^{††} ■ sneezing/runny nose^{††} ■ sore throat

Warnings
Sore throat warning: if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea, or vomiting, consult a doctor promptly

Ask a doctor before use if you have ■ a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema ■ a cough that is accompanied by excessive phlegm (mucus) ■ been taking any medications ■ an allergy to plants of the Geraniaceae family

Stop use and ask a doctor if ■ new symptoms occur, symptoms get worse or last more than 7 days ■ fever worsens or lasts more than 3 days ■ cough lasts more than 7 days or occurs with rash or persistent headache. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a healthcare professional before use. Keep out of reach of children. In case of overdose, seek medical help or contact a Poison Control Center right away.

Directions ■ tear packet open, pour contents into mouth and swallow ■ for best results, use at first sign of symptoms and continue to use for an additional 48 hours after symptoms cease

age	dose
adults & children 13 years of age and older	take contents of 1 packet three times daily
children 6-12 years of age	take contents of 1 packet two times daily
children under 6 years of age	consult a doctor

Other information ■ TAMPER EVIDENT. Packaged in individually sealed packets. Do not use if open or torn ■ store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight

Drug Facts (continued)
Inactive ingredients citric acid, lactose monohydrate, malic acid, maltodextrin, natural flavor, silica, xylitol

Questions? 1-800-962-8873 / naturesway.com

^{††}These indicators are based solely on traditional homeopathic use. ©2025 Nature's Way Brands, LLC
They have not been evaluated by the Food & Drug Administration. Green Bay, WI 54311 USA

Lot/Best by area
Varnish Free area

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NDC 53499-0349-0
HOMEOPATHIC

Umcka®
Cold & Flu
Relief

FASTACTIVES®

BERRY
FLAVORED

NET WT
0.03 OZ (0.9 G)

Directions: ■ tear packet open, pour contents into mouth and swallow
■ adults & children age 13 and older: take 3 times daily ■ children ages
6-12: take 2 times daily ■ children under age 6: consult a doctor
SEE OUTER CARTON FOR COMPLETE DRUG FACTS INFORMATION.
Keep out of reach of children. Do not use if open or torn. Store at room
temperature. Avoid excessive heat and direct sunlight.

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Questions? 1-800-962-8873 / naturesway.com
NOT FOR INDIVIDUAL SALE. LHPK15349B02 RM22.8431A

LOT/BEST BY TO
BE PLACED HERE

NATURES WAY COLD FLU RELIEF FASTACTIVES BERRY FLAVORED

pelargonium sidoides whole, aconitum napellus whole, eucalyptus globulus leaf, bryonia alba root, eupatorium perfoliatum top, sempervirens root, phosphorus, ipecac powder

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:80228-0349
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
PELARGONIUM SIDOIDES WHOLE (UNII: 4FY2944729) (PELARGONIUM SIDOIDES WHOLE - UNII:4FY2944729)	PELARGONIUM SIDOIDES WHOLE	1 [hp_X] in 1 g
ACONITUM NAPELLUS WHOLE (UNII: U0NQ8555JD) (ACONITUM NAPELLUS - UNII:U0NQ8555JD)	ACONITUM NAPELLUS WHOLE	4 [hp_X] in 1 g
EUCALYPTUS GLOBULUS LEAF (UNII: S546YLW6E6) (EUCALYPTUS GLOBULUS LEAF - UNII:S546YLW6E6)	EUCALYPTUS GLOBULUS LEAF	2 [hp_X] in 1 g
BRYONIA ALBA ROOT (UNII: T7J046Y12B) (BRYONIA ALBA ROOT - UNII:T7J046Y12B)	BRYONIA ALBA ROOT	4 [hp_X] in 1 g
EUPATORIUM PERFOLIATUM FLOWERING TOP (UNII: 1W0775VX6E) (EUPATORIUM PERFOLIATUM FLOWERING TOP - UNII:1W0775VX6E)	EUPATORIUM PERFOLIATUM FLOWERING TOP	6 [hp_X] in 1 g
GELSEMIUM SEMPERVIRENS ROOT (UNII: 639KR60Q1Q) (GELSEMIUM SEMPERVIRENS ROOT - UNII:639KR60Q1Q)	GELSEMIUM SEMPERVIRENS ROOT	4 [hp_X] in 1 g
PHOSPHORUS (UNII: 27YLU75U4W) (PHOSPHORUS - UNII:27YLU75U4W)	PHOSPHORUS	6 [hp_X] in 1 g
IPECAC (UNII: 62I3C8233L) (IPECAC - UNII:62I3C8233L)	IPECAC	3 [hp_X] in 1 g

Inactive Ingredients

Ingredient Name	Strength
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)	
MALIC ACID (UNII: 817L1N4CKP)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
XYLITOL (UNII: VCQ006KQ1E)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:80228-0349-0	10 in 1 CARTON	06/01/2025	
1		0.9 g in 1 PACKET; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		06/01/2025	

Labeler - Universal Synergetics, Inc (069033371)

Registrant - Universal Synergetics, Inc (069033371)

Establishment

Name	Address	ID/FEI	Business Operations
Schwabe North America, Inc.		831153908	manufacture(80228-0349)

Establishment

Name	Address	ID/FEI	Business Operations
Universal Synergetics, Inc		069033371	pack(80228-0349)

Revised: 8/2025

Universal Synergetics, Inc