

**NIGHTTIME SLEEP AID- diphenhydramine hydrochloride liquid**  
**Grocery Outlet, Inc.**

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**Grocery Outlet Nighttime Sleep Aid - Diphenhydramine HCl 50 mg per 30 mL**  
**Liquid Berry Flavor**

***Drug Facts***

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***Active ingredient (in each 30 mL dose cup)***

Diphenhydramine HCl 50 mg

***Purpose***

Nighttime sleep-aid

***Uses***

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

***Warnings***

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***Do not use***

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

***Ask a doctor before use if you have***

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland

***Ask a doctor or pharmacist before use if you are***

taking sedatives or tranquilizers

***When using this product***

- avoid alcoholic beverages

***Stop use and ask a doctor if***

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

***Directions***

- take only one dose (30 mL) per day (24 hours)
- only use the dose cup provided

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adults & children 12 yrs & over	30 mL at bedtime if needed or as directed by a doctor
children under 12 yrs	do not use

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***Other information***

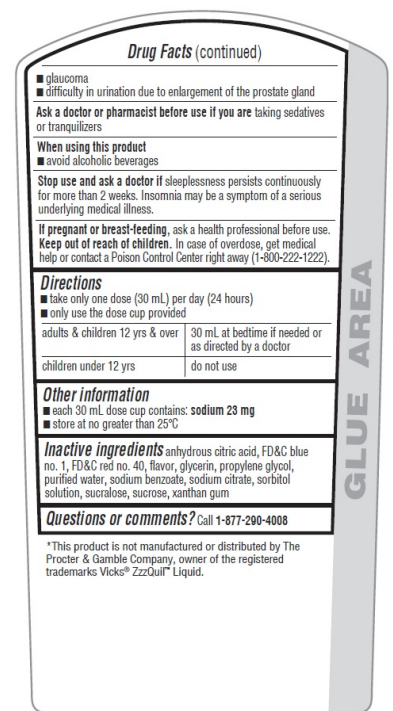
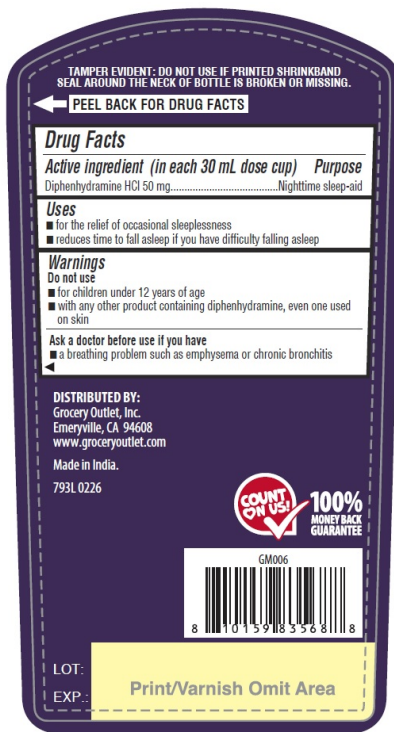
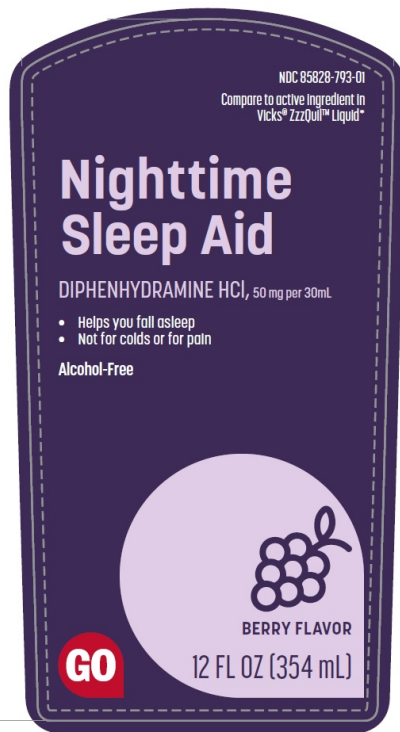
- each 30 mL dose cup contains: **sodium 23 mg**
- store at no greater than 25°C

***Inactive ingredients***

anhydrous citric acid, FD&C blue no. 1, FD&C red no. 40, flavor, glycerin, propylene glycol, purified water, sodium benzoate, sodium citrate, sorbitol solution, sucralose, sucrose, xanthan gum

***Questions or comments?***

Call **1-877-290-4008**



## NIGHTTIME SLEEP AID

diphenhydramine hydrochloride liquid

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:85828-793
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg in 30 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>XANTHAN GUM</b> (UNII: TTV12P4NEE)	
<b>ANHYDROUS CITRIC ACID</b> (UNII: XF417D3PSL)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>SODIUM CITRATE</b> (UNII: 1Q73Q2JULR)	
<b>SORBITOL SOLUTION</b> (UNII: 8KW3E207O2)	
<b>FD&amp;C RED NO. 40</b> (UNII: WZB9127XOA)	
<b>SODIUM BENZOATE</b> (UNII: OJ245FE5EU)	
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)	
<b>SUCRALOSE</b> (UNII: 96K6UQ3ZD4)	
<b>SUCROSE</b> (UNII: C151H8M554)	

## Product Characteristics

<b>Color</b>	purple	<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>	BERRY	<b>Imprint Code</b>	
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:85828-793-01	354 mL in 1 BOTTLE; Type 0: Not a Combination Product	03/12/2026	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	03/12/2026	

**Labeler** - Grocery Outlet, Inc. (029161585)

**Registrant** - TIME CAP LABORATORIES, INC. (037052099)

## Establishment

Name	Address	ID/FEI	Business Operations
MARKSANS PHARMA LIMITED		677604129	manufacture(85828-793)

Revised: 3/2026

Grocery Outlet, Inc.