

**EPSOM SALT- magnesium sulfate granule, for solution**  
**Hy-Vee, Inc.**

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**Hy-Vee 602.002/602AA**  
**Epsom Salt**

**Tamper Evident Statement**

TAMPER EVIDENT PACKAGING:

CAUTION: THIS PACKAGE HAS BEEN SEALED FOR YOUR PROTECTION. DO NOT USE IF PACKAGE IS OPEN, TORN OR MUTILATED.

**Active ingredient**

Magnesium sulfate USP (Heptahydrate) 100%

**Purpose**

Saline laxative

**Uses**

- for relief of occasional constipation (irregularity)
- this product generally produces bowel movement in 1/2 to 6 hours

**Warnings**

for this product

**Ask a Doctor before use if you have**

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week.

**Ask a doctor or pharmacist before use if you are**

taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

**Stop use and ask a doctor if**

you have rectal bleeding or failure to have a bowel movement after use. These could be

signs of a serious condition.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**

- do not exceed recommended daily dosage
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses
- dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste.

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily

children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily

children under 6 years - consult a doctor

**Other information**

- each teaspoon (5 grams) contains: magnesium 495 mg

**Inactive ingredients**

none

**Side panel claims**

**For external use as a soaking aid for minor sprains and bruises.**

**DIRECTIONS:** For a relaxing bath/soak, generously sprinkle into warm, running bath water.

**CAUTION:** If prompt relief is not obtained or there is evidence of infection, discontinue use and consult your physician. Hot or warm soaks should not be used by individuals with diabetes except on the advice of a physician. Keep out of reach of children.

Naturally Derived

Dissolves Easily

Fragrance-Free

Resealable Pouch

**Adverse Reaction**

DISTRIBUTED BY HY-VEE, INC.

5820 WESTOWN PARKWAY

WEST DES MOINES, IA 50266 VIJA1025

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CALL 1-800-289-8343

[www.hy-vee.com](http://www.hy-vee.com)

**Principal Display Panel**

Cut along dotted line and press zipper to reseal.

Hy-Vee<sup>®</sup>

Epsom Salt

Magnesium Sulfate U.S.P.

Saline Laxative

Soaking Aid for Minor Sprains and Bruises

NET WT 4 LB (1.81 kg)

Cut along dashed line and press zipper to reseal.

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**HyVee**

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Saline Laxative

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5820 WESTOWN PARKWAY  
WEST DES MOINES, IA 50266 WLA11025

SmartLabel  
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1-800-298-8343  
www.hy-vee.com

**Drug Facts**

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L0022463PA

## EPSOM SALT

magnesium sulfate granule, for solution

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:42507-962
<b>Route of Administration</b>	TOPICAL, ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:42507-962-06	454 g in 1 POUCH; Type 0: Not a Combination Product	11/24/2025	
2	NDC:42507-962-	1810 g in 1 POUCH; Type 0: Not a Combination	11/24/2025	

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	11/24/2025	

**Labeler** - Hy-Vee, Inc. (006925671)**Registrant** - Nice-Pak Products, LLC (119091520)**Establishment**

Name	Address	ID/FEI	Business Operations
Nice-Pak Products, LLC		119091514	manufacture(42507-962)

Revised: 2/2026

Hy-Vee, Inc.